

Who are we?

We are a team who specialise in working with parents and babies

Why do we do it?

Scientific evidence tells us that play and talking with your baby is important!



The course has given me a better understanding of how to help my baby develop and grow in a way that will make them have good mental health and help my baby with talking”

To find out more, scan these QR codes:

Relationship



Communication



ONE
HOUNSLOW

FAMILY HUB

Where do the courses take place?

Sessions are offered across:



Family Hub West
(Feltham, TW13 5AF)

Family Hub Central
(Lampton, TW3 4JG)

Family Hub East
(Brentford, TW8 0BJ)

Booking in advance is essential.



Baby Talk and Play

Developing communication and connections through play



Contact us

✉ familyhub@hounslow.gov.uk

www.hounslow.gov.uk/familyhubs



London Borough
of Hounslow

ONE
HOUNSLOW

FAMILY HUB



What happens during Baby Talk and Play?

- We welcome you and your baby
- We wonder how your baby might be feeling today
- We notice what they choose to play with
- We think together about how your baby learns language and what your baby is communicating
- We give you resources so you can both have more fun playing and talking together at home.

What do you need to know?

Baby Talk & Play is a course to help you to think about how your baby learns to communicate and how you can help this through playing with your baby.

It is ideal for babies aged 6–12 months.

It is a five week course that is free of charge for parents with babies. You need to book onto this course via emailing us or phoning.

We encourage you to come to each session to make the most of the group – you will then make friends more easily.

What do we do?

We focus on relationships

- The relationship between you and your baby
- The relationship between your baby and other babies
- The relationship between you and other parents
- The relationship between you and the Parent and Baby team.

We play!

- We encourage you to follow the baby's lead
- We learn through play with sensory toys, stories, song and rhyme
- We wonder together about what your baby is thinking and feeling.