



CARL SPECK IS BRINGING SINGING FOR THE BRAIN TO HOMELINK

Wednesdays. From 2:30 - 3:30pm

We are excited to offer weekly sessions, bringing Carers and Loved Ones as well as friends of Homelink together to exercise our brains through music. Singing a wide variety of songs that we know and love in a fun, friendly and relaxed environment.

Everyone is welcome to join and express themselves, feel positive and make new friends. Homelink's skilled and experienced staff will be on hand to offer support and guidance.

Please arrive from 2:15pm to allow the session to begin at 2:30pm. You are welcome to stay for refreshments after the session until 4pm

Booking details: £5 per person, cash or card. Refreshments provided. Turn-up ready to sing or let us know you're coming by contacting Jane on 0208 255 1992 or email: Jane@homelinkdaycare.co.uk



**HOMELINK DAY RESPITE CENTRE
Hospital Bridge Road, Whitton, TW2 6DE**