



Carers' Support Group Zoom Meetings

A chance to meet other carers, share knowledge, and get support from each other. We also invite speakers on subjects that may interest you.

LD Carers' Support Group

These sessions take place every third Monday of the month, from 10:30 to 12:30.

Join the Zoom meeting: bit.ly/3UDDVu1

Meeting ID: 849 0318 8070

Passcode: 417025

Long Term Conditions (LTC) Carers' Support Group

These sessions take place every first Friday of the month, from 13:30 to 15:30.

Join the Zoom meeting: bit.ly/3HVw17J

Meeting ID: 873 2937 7438

Passcode: 285341

Our carers' zoom sessions are open invite. Please bring along your friends who also have caring responsibilities.

Any questions? Contact:



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