

HEALTHY LIVES FOR YOUNG PEOPLE



Brook are offering the My Life One- to One programme to young people aged 13-25 across Hounslow.

We are commissioned by Hounslow Council.

Brook One-to-One My Life Programme

The work requested must be for education purposes only as this is not a counselling service.

To refer a young person to Brook for the MyLife one-to-one programme fill out the form by clicking the link below

<https://forms.office.com/r/hnRfycwnwy>

If you are unsure about a referral or wish to discuss this in more detail please contact your local coordinator:

Amber Newman-Clark

onwl@brook.org.uk

07748 755 212

For more information about Brook, visit our website: www.brook.org.uk

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