



Short Breaks for Disabled Children

February 2023
newsletter



London Borough
of Hounslow

FREE February half-term holiday
Short Breaks inside!

Welcome



Welcome to the February half term newsletter! You will find inside a programme of activities taking place over the holiday which will be fun and enjoyable for your young person and the whole family.

We wish you all a happy holiday.

Jo Dawson and Suky De Sousa
Short Breaks

SHORT BREAKS BOOKING PROCEDURE – please read

This newsletter has been sent out to families on Wednesday 25 January and families will be able to book Short Breaks as from the week commencing 30 January. No bookings will take place before Tuesday 31 January.

Tuesday 31 January	Pathway		
Wednesday 1 February	Pathway		
Thursday 2 February	Pathways		
Friday 3 February	Pathways		
Monday 6 February	Pathways		
Tuesday 7 February	Pathways		

If you have any questions or are unsure which pathway your child meets, please do not hesitate to contact the Short Breaks Team on 020 8583 3636. **Please note that we are unable to do any registrations during these booking days.**

What is a Short Break?

Short breaks provide opportunities for disabled children and young people to spend time away from their primary carers. They aim to provide parents and carers a necessary and valuable break away from their caring responsibilities in order to recharge their batteries.

They enable disabled children and young people to have the chance to develop new friendships, take part in new experiences and to have fun doing positive activities like sports, music therapy, youth clubs and much more.

A short break may include a few hours, a day, evening, overnight stay, weekend or sometimes longer. It could take place in the family home, at another home or out in the wider community.

Hounslow Short Breaks team also endeavour to provide short breaks for the whole family in an environment that is sympathetic to the disabled child or young person, for example, theatre shows and cinema screenings.

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For more information, please see our Short Breaks Statement on the Hounslow website – www.hounslow.gov.uk/shortbreaks under 'Downloads'.

If you have any queries, please do call the Short Breaks team on 020 8583 3636.

Unique Identifying Number (UIN)

If you have not already registered for your UIN, please do call the Short Breaks team on 020 8583 3636. It is important that you do this as you will need a UIN to book onto any of the Short Breaks programme. All our Short Breaks providers (Hounslow Play team, Brentford Sports, Feltham Bees, Richmond Music Trust, Watermans, Griffin Park Learning Zone, Park Lane Stables) will require the UIN as part of the booking process. **Please note that we are unable to do any registrations during booking days.**



Hounslow Parent Carers Forum

Hounslow Parent Carers Forum is part of a nationwide organisation that helps parent and carers of children with Special Educational Needs and Disabilities (SEND). We are there to listen to you and try to support you to get help where needed.

We also discuss common issues that parent/carers have with the local authority and other organisations in order to help improve services.

All of us who work for the forum have children with SEND.

We have a **Forum** once a month where we ask people from the council and other organisations or charities to come and chat to us about the service they provide and that gives you the opportunity to ask them questions also.



We are considering evening meetings for those that work.

Dates for up-coming Forum meetings are as follows:

- Tuesday 21 March
- Tuesday 25 April
- Tuesday 23 May

Times: 10.15am-12.30am

Venue: Hounslow Youth Centre
Kingsley Road, Hounslow, Middlesex TW3 1QA

Email: Hounslowpcf@gmail.com

Tel: 020 8570 4671 / 07881 788483



SUPPORT

If your child or young person needs help to access short breaks, support is available!

Please do call the **Short Breaks team** on **020 8583 3636**.



Useful websites for families of disabled children

Please find below several websites that offer help and support in various ways to families with disabled children:

<http://newlifecharity.co.uk/docs/care-services/Play-Therapy-Pods.shtml>

<https://www.disability-grants.org/grants-for-children.html>

<https://www.turn2us.org.uk/>

Taxicards



This scheme allows London residents with a mobility impairment which prevents them from using buses or trains to travel in contracted licensed radio taxis – black cabs or private hire vehicles at subsidised rates. For further information, please call 020 7934 9791 or visit www.taxicard.org.uk

SEND IASS

The Special Educational Needs and Disability Information Advice and Support Service (SEND IASS) provides free impartial and confidential information, advice and support about special educational needs and disability across the range of special educational needs (SEN), and health and social care where related to SEN.



The SEND IASS can offer information related to:

- schools, colleges & early years settings
- statutory assessment and Education Health and Care Plans (EHCP)
- transfer from Statements of SEN to EHCP
- appeals
- annual reviews and transfer reviews
- access and equality
- exclusions
- health services on the Local Offer
- Independent Support
- social care assessments
- support groups and help with the Local Offer
- transport

SEND IASS offers parents and carers a flexible menu of ways in which it can offer support around Special Educational Needs. These include:

- advice from a trained member of staff over the telephone or via email
- face to face support at a meeting
- where necessary meetings at home or a community setting

For more information contact:
SEND IASS Tel: 020 8583 2607
Email: SENDIASS@hounslow.gov.uk



Disability Access Fund (DAF)

DAF is available to support children with special educational needs and disabilities (SEND) in their childcare setting. Childcare providers can receive £615 per year for every child who meets the eligibility criteria.

Who is eligible?

To be eligible children must be:

- aged 3 or 4 years old
- using a funded free early education and childcare place in a registered childcare setting
- in receipt of Disability Living Allowance (DLA)*



What can the funding be used for?

The funding is available to help childcare providers make reasonable adjustments at their setting to improve children's access to funded early education. It will be paid directly to the childcare provider and they will be able to decide how it should be spent. The funding cannot be used towards childcare fees.

Your child does not need to be using all of their funded early education and childcare hours for their childcare provider to be able to receive the full £615 of funding. Please speak to your childcare provider if you think your child may qualify.

Further information on DAF can be found on the Hounslow Local Offer through the following link:
<https://www.hounslow.gov.uk/localoffer>

* Many parents miss out on this vital benefit - did you know that you don't have to wait for a condition to be diagnosed before you can claim DLA for your child? You can claim DLA so long as it is clear that there is some underlying condition - whether physical, mental or behavioural - as a result of which your child needs extra care or help in getting around.

For more information, visit www.gov.uk/disability-living-allowance-children

Eligibility Criteria

You will see the table which describes the pathways of need overleaf, on pages 8-9. Below, we have explained how to assess your child's needs in relation to the pathways.

Step 1: Have a look at Band A and see where your child's disability sits in each pathway.

Step 2: Have a look at Bands B and C if they apply. Think about the four dimensions – Communication, Personal Care, Safety and Supervision, Behaviour and Social Integration. If your child meets one or more of the descriptions in either Band B and C, then they are likely to meet the respective pathway.

If you are unsure or if you see that they sit in multiple pathways, please do give the Short Breaks team a call and we will go through it with you on 020 8583 3636.

Things to think about:

Pathway 1: The child will most likely attend a mainstream school and can access most mainstream activities with minimal support.

Pathway 2: The child will either attend a mainstream school (with specialist support) or attend a specialist school and will need some additional support to access short breaks. They may have an Education, Health and Care Plan.

Pathway 3: The child will most likely attend a specialist school and require specialist support to access short breaks. They will most likely have an Education, Health and Care Plan. They will most likely be known to the Social Work team for Children with Disabilities.

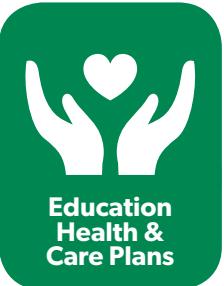
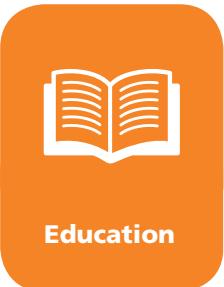
The pathway for the child or young person may change at different times throughout their lives as their needs may change.

Pathways of Need

	Dimension	Pathway 1 Level of Need	Pathway 2 Level of Need	Pathway 3 Level of Need
Band A	Mobility	Able to walk unassisted, but with difficulty or poor co-ordination.	Walks, but only with aids or assistance. May use a wheelchair sometimes.	Full time wheelchair user and/or Mobility severely restricted without special provision.
	Vision	Severe or profound problem with one eye. Less than half visual field loss. Able to function independently.	Able to read print with simple aids or assistance. Defect of at least half visual field. May be eligible for registration as partially sighted.	Unable to read large print without intensive educational assistance or sophisticated aids. Registered.
	Hearing	Severe or profound hearing loss in one ear. Hearing loss 20-40 dB	Hearing loss 41-70 dB	Hearing loss >71 dB
	Functioning and Learning ability	Overall functioning slightly below expected level for age. May have a mild or moderate learning disability	Overall functioning around half expected level for age. Has a moderate learning disability	Overall functions significantly below expected level for age. Have a severe learning disability or a moderate learning disability and diagnosed ASD.
	Health	Known health condition, which is under control but occasionally interferes with everyday activities in a minor way.	Health condition that limits normal activities, including self-care and personal hygiene, access to services. May interfere with opportunities for development or education.	Diagnosed health condition, which is severe and potentially life threatening, and results in frequent hospital admissions that limits accessing developmental or educational activities. May be in receipt of Continuing Care or palliative care from Health Services.
Band B	Communication	Delayed language development only.	Delayed/ disorganised verbal communication causing difficulty. Speech supplemented by alternate communication method.	Uses communication other than words, e.g. symbols, makaton, BSL.
	Personal care	Child requires minimal support beyond that of their peers with everyday care needs; this will include toileting, washing and dressing.	Child requires practical support beyond that of their peers with everyday care needs; this will include toileting, washing and dressing.	Child requires assistance beyond that of their peers with all everyday care needs; this will include toileting, washing and dressing and can be problematic and need skilled intervention.
Band C	Safety and Supervision	Requires occasional supervision beyond that expected for their age. Poor sense of danger or risk of excitability.	Needs supervision to perform daily activities significantly greater than that expected for developmental age. Limited perception of danger to self or others.	Needs constant supervision during the day and night. Would place themselves or others at risk without supervision.
	Behaviour and Social Integration	Some mild, transient or frequent behaviour difficulties. Able to use local non-specialist universal services. Able to sustain limited peer relationships and social integration with support. Child requires support to access services.	Behaviour problems severe or frequent enough to require some specialist advice or provision. Significant support required to achieve social integration. Only able to sustain peer relationships with support. Child requires services to prevent or alleviate stress in the family.	Long-term behaviour difficulties make it difficult for the child to function appropriately most of the time, and maybe of risk to the child or carers without special provision. Dependence upon carer for social integration. Limited awareness of impact of behaviour upon others. Services required to prevent high risk of accommodation for the child.

Children and young people who meet one or more of the criteria within Band A are likely to meet that Pathway. Children and young people who meet one or more of the criteria within both Bands B and C are likely to meet that Pathway. For more information please discuss your son/daughter's needs with the short break provider or Short Breaks on 020 8583 3636.

Services available for children and young people aged 0-25 years with special educational needs and disabilities (SEND)



https://fsd.hounslow.gov.uk/synergyweb/local_offer/

February half-term 2023 activities

Key to services

Throughout the following pages, we have used symbols to help abbreviate information about the Pathway, referral route, age and level of supervision for individual services.

The symbols are as follows:

Pathways



The Pathway, will always be 1, 2 or 3 or a combination.

Referral route



The referral route is either via self referral or referral by a professional who knows the child/young person, e.g. social worker, teacher, health professional.

Age

5-18

Age is simply given as a range of numbers.

Supervision



These symbols indicate whether supervision is required or if a child can attend a service on their own. Both symbols may appear if you need to speak to the provider about this.

Feltham Bees Football/ Craft Camp

Springwest Academy

Browells Lane, Feltham TW13 7EF

Feltham Bees will be running a Soccer/Arts + Crafts Camp in February half term.

Tuesday 14 – Thursday 16 February
(10am – 3pm)

All budding Harry Kane's are welcome - football coaching will be undertaken by FA qualified staff. Alongside the soccer camp, Feltham Bees are also running an Arts & Crafts session.

Young people should bring a packed lunch and a drink/s.

For more information or to book a space, please contact Debbie Holloway on 07979 861582 or Lynn Keppel on 07956 671354.



February half-term 2023 activities

Brentford Sports

Feltham Multi Sports (including Football, Badminton, Basketball, Dodgeball, Adapted sports)



Springwest Academy Sports Centre,
Browells Lane, Feltham TW13 7EF

Friday 17 February (10am to 2pm)

Please note, Rhythmic Gymnastics may also be available from 12.30 to 2pm. Please ask Chris about exact sports when booking.

For more information or to book a space, please contact Chris Tribe on ctribe@brentfordfccst.com **or** 07561 605507.



Gymnastics sessions (including some basic gymnastics activities, tailored to the ability of each child, delivered by our qualified gymnastics coaches).

Gunnersbury Park Sports Hub (indoor sports hall), Popes Lane, W3 8LQ

Monday 13 February

Ages: 5-7yrs (1 – 1.45pm)

Ages: 8-10yrs (2 – 2.45pm)

Ages: 11-14yrs (3 – 3.45pm)

For more information or to book a space, please contact Chris Tribe on ctribe@brentfordfccst.com **or** 07561 605507.



Activities specifically for deaf and hard of hearing children

Brentford FCCST will be delivering a number of exciting activities for deaf children and their families during the February half-term.

For further details or to book a space for an activity, please contact Ben Lampert on blampert@brentfordfccst.com **or** 07842 479295 (Text only).



Community Sports Trust



Journalism Project at Brentford FC

Join us this half term for our Short Breaks Journalism project based at the new Education Hub at the Brentford Gtec Community Stadium. Meet the guests lined up to deliver the activities and workshops in partnership with Brentford Football Club Community Sports Trust (BFCCST), use the opportunity write a profile about them or the activity delivered. Write about topics of interest to create a newsletter which will be posted out after completion of program.



BFCCST staff will be involved in the session to support the young people through the activities and workshops. Young people will need to ensure they complete their article for the newsletter by the end of the workshop. We will be working across a wide range of activities including trips and sporting activities.

There could be some changes to the dates or times, parents/carers will be notified prior to any changes. All activities will run in accordance with the latest government guidance related to Covid.

Session dates and times

- Wednesday 15th February – 1-4pm
- Thursday 16th February – 1-4pm
- Friday 17th February – 1-4pm

For further information please contact **Chelsey Logan** on 07553 699036 or clogan@brentfordfccst.com

Brentford Fountain Leisure Centre

Family Swims

An exclusive Short Breaks swimming session at Brentford Fountain Leisure Centre has been arranged for:

Wednesday 15 February

Time: 9.00 – 11.30am

Please note that all children must be supervised in the pool and there are no crèche facilities.

Brentford Fountain Leisure Centre
658 Chiswick High Road, Brentford TW8 0HJ

Pool Party

Come and join us for a dip and a dance!

A pool party has been organised for:

Friday 17 February

Time: 5-7pm.

Please note that all children must be supervised in the pool and there are no crèche facilities.



Brentford Fountain Leisure Centre
658 Chiswick High Road, Brentford TW8 0HJ

To book a place or to find out more information please ring the Short Breaks team on 020 8583 3636 or e-mail: shortbreaks@hounslow.gov.uk



February half-term 2023 activities



February Half Term Sessions at Redlees and Reflections Play Centres

Redlees and Reflections Play Centres will be available for drop-in sessions over the February half term at the following times:

Monday 13 – Friday 17 February:

Redlees Play Centre – 9.30am -12.30pm

Reflections Centre – 1pm - 4pm

There is no need to book these sessions. Families can arrive any time during the session times.

Sunday Sessions at Redlees and Reflections Play Centres

Families **do not** need to book the sessions at Redlees and Reflections on a Sunday - these have returned to drop-in sessions. **Please note timings for the sessions will be between 10am-2pm.**

See below dates for the Sunday sessions at the Redlees and Reflections play centres up to Easter holiday:

- 29 January – Reflections
- 5 February – Redlees
- 12 February – Reflections
- 19 February – Redlees
- 26 February – Reflections
- 5 March – Redlees
- 12 March – Reflections
- 19 March – Redlees (Mother's Day)
- 26 March – Reflections
- 2 April – Redlees
- 9 April – No Session – Easter Sunday

For those that are new to Short Breaks, Redlees and Reflections are two play centres in the borough that have been adapted for children with disabilities with adapted play equipment, sensory rooms etc. Both venues are safe and secure. Family groups are welcome.

Please note that Play team staff have the right to refuse entry should numbers within the centres reach their capacity.

Redlees Play Centre, Worton Road, Isleworth, TW7 7DW

(the play centre is in the corner of the Redlees Park car park (accessed via Worton Road) which is next to the outdoor courts.



Look for a purple sign with 'Redlees Play Centre' – there is secure access so you will need to buzz the staff to let you in.

Reflections, c/o Hounslow Urban Farm, Faggs Road, Feltham TW14 0LZ



– the centre is next door to the entrance of the Urban Farm.

If you have any queries, please call the Play Team on 020 8583 2920 or email: sharon.smith2@hounslow.gov.uk



Watermans Theatre

In order to book a place at the theatre show or the films, you will need a promo code as well as your child's UIN, which will be emailed to you by the Short Breaks team before the bookings open.

If you need a wheelchair space, please call our box office and they will make sure you have the best space and all your group can sit together.

The Nosy Little Troll by Garlic Theatre

Thursday 16 February at 2.30pm. The performance lasts 45 minutes.

Deep in the heart of the Norwegian Forest live the trolls – big trolls, tiny trolls and a Nosy Little Troll who has an amazingly sensitive nose...

One day there is a mumbling and a rumbling amongst the trolls. What is that stinky smell wafting through the trees? The Nosy Little Troll sets off to follow her nose on a quest to solve the mysterious pong. But will she be brave enough to cross the scary old stone bridge and succeed in sniffing out the culprit?



This warm-hearted and funny Scandinavian story stars a song about tasty brown cheese, a lost goat and a bushy old troll with green fingers.

Garlic Theatre hold their young audiences spellbound with wonderful puppets, live music and lots of joining in!

Please note that both the website and the Box Office will available for bookings from 1pm on Tuesday 31 January for P3, Thursday 2 February for P2 and Monday 6 February for P1. Please book according to your child's pathway.

To book a place for the theatre show or the films, please contact Watermans box office on 020 8232 1010 or <https://www.watermans.org.uk/>. The box office is open 1pm to 9pm, 7 days a week.

Watermans Studios 40 High Street, Brentford TW8 0DS



February half-term 2023 activities



Short Breaks Film Club

Families can book up to two films. **BOOKING INFORMATION IS ON PAGE 17.**

Come and see some of the most popular films on at the Cinema in the weekly Short Breaks Film Club!

If you need a wheelchair space, please call Watermans box office and they will make sure you have the best space and all your group can sit together.

EPIC TAILS

(Certificate to be confirmed)

Sunday 26 February at 1pm (finishes at 2.30pm)

EPIC TAILS tells the story of super smart mouse Pattie and her feline friend Sam, as they embark upon an exciting adventure of paw-some proportions through Ancient Greece. With a little help from ageing hero Jason, the animals' quest brings them face to face with some the most bizarre and dangerous creatures from Greek mythology, as they race to halt the threat posed to their city by Poseidon himself. A hilarious and inventive comedy adventure for the whole family!



ROALD DAHL'S MATILDA THE MUSICAL (PG)



Sunday 5 March at 1pm (finishes at 3pm)

Suitable for older children, advised 10+

The Tony and Olivier award-winning stage musical and the classic children's book has been given the big screen makeover.

Roald Dahl's Matilda the Musical is an inspirational musical tale of an extraordinary girl who discovers her superpower. Summoning remarkable courage, against all the odds, she takes charge of her own destiny. Standing up for what's right, she's met with miraculous results.

LYLE, LYLE, CROCODILE (PG)

Sunday 12 March at 1pm (finishes at 2.45pm)

Based on the best-selling book series, Lyle, Lyle, Crocodile is a live-action/CGI musical comedy that brings this well-loved story to life.



When his family moves to New York City, young Josh struggles to adapt to his new school and make new friends. All of that changes when he discovers Lyle - a singing crocodile who loves baths, caviar and great music - living in the attic of his new home!

KUBO AND THE 2 STRINGS (PG)

Sunday 19 March at 1pm (finishes at 2.45pm)

In this award-winning animation film, young Kubo's peaceful existence comes crashing down when he accidentally summons a vengeful spirit from the past. Now on the run, Kubo joins forces with Monkey and Beetle to unlock a secret legacy. Armed with a magical instrument, Kubo must battle the Moon King and other gods and monsters to save his family and solve the mystery of his fallen father, the greatest samurai warrior the world has ever known.



PAW PATROL: THE MOVIE (U)

Sunday 26 March at 1pm (finishes at 2.30pm)



The PAW Patrol is on a roll! When their biggest rival, Humdinger, becomes Mayor of nearby Adventure City and starts wreaking havoc, Ryder and everyone's favourite heroic pups kick into high gear to face the challenge head on. While one pup must face his past in Adventure City, the team finds help from a new ally, the savvy dachshund Liberty. Together, armed with exciting new gadgets and gear, the PAW Patrol fights to save the citizens of Adventure City!

PUSS IN BOOTS: THE LAST WISH (PG)

Sunday 2 April at 1pm (finishes at 2.40pm)

Everyone's favourite feline returns! But the daring outlaw, Puss in Boots, discovers that his passion for peril and disregard for safety have taken their toll. Puss has burned through 8 of his 9 lives, though he lost count along the way. He embarks on an epic journey into the Black Forest to find the mythical Wishing Star and restore his lost lives. But with only 1 life left, Puss will have to ask for help from his nemesis Kitty Soft Paws and the cheerful mutt, Perro. Together, the trio of heroes will have to stay one step ahead of Goldilocks and The Three Bears and The Big Bad Wolf.



Please note that both the website and the Box Office will available for bookings from 1pm on Tuesday 31 January for P3, Thursday 2 February for P2 and Monday 6 February for P1. Please book according to your child's pathway.

To book a place for the theatre show or the films, please contact Watermans box office on 020 8232 1010 or <https://www.watermans.org.uk/>. The box office is open 1pm to 9pm, 7 days a week.

Watermans Studios 40 High Street, Brentford TW8 0DS



February half-term 2023 activities

Lampton Leisure – Swimming Lessons

Hanworth Airpark

Uxbridge Road, Hanworth TW13 5EG

Tuesday 14 February

Available time slots:
1.15pm -2pm and 2.15pm-3.pm



Heston Pools & Fitness

New Heston Road, Hounslow TW5 0LW

Thursday 16 February

Available time slots:
1.15pm – 2pm and 2.15pm – 3pm

Please note all swimming lesson timings include a 30 minute lesson for each child, followed by 15 minutes of fun free time supervised by the instructors.

To register your interest in the swimming lessons, please email **Richard Ivey** on richard.ivey@lampton360.co.uk. Pathway 3 families should register their interest by Friday 3 February, Pathway 2 families should register their interest by Monday 6 February and Pathway 1 families by Wednesday 8 February. You will be put on a wait list and after the closing date for your pathway, you will then be directly contacted by Lampton Leisure to book the lessons in.

If you have any issues or queries, please call **Richard** on **07974 622743**.



Horse Riding – Park Lane Stables

Families can book one session

Come and meet the horses at Park Lane Stables for a session that will give the young people a chance to meet the horses, learn about grooming the animals and a chance to have a ride. There are 6 young people in each session. Please note that there is a weight limit of 12 stones.

Sessions during the October half-term holiday:

Monday 13 February 11am-1pm
Monday 13 February 2pm-4pm
Tuesday 14 February 11am-1pm
Tuesday 14 February 2pm-4pm
Wednesday 15 February 11am-1pm
Thursday 16 February. 10.30am-12.30pm

Please note the address:

Park Lane Stables at Manor Farm

Petersham Road, Richmond, Surrey
TW10 7AH

Please note closed shoes/boots should be worn – sandals are not safe footwear for horse riding or being in the stables. This includes parent/carers as well as the young people.

Getting to Park Lane Stables

Manor Farm is between Ham Polo Club and the German School. If your Sat Nav/Google Maps cannot find Park Lane Stables, then set it to Ham Polo Club.

We are not based on Petersham Road itself. We are located down a private lane off Petersham Road.

Opposite the Fox & Duck pub on Petersham Road, you will see a large archway. Take the narrow private lane to the left of the archway. Take care over the speed bumps! After 300yds, you will see the Park Lane Stables sign on the white gate as you approach. Please close the gate behind you.

Parking is very limited, if you cannot park at the stables, parking is available in the car park by the river next to Ham House.

Alternatively, you can take the 65 bus from Kingston or Richmond to the Fox and Duck pub on Petersham Road and walk down the lane (5 mins).

To book a place, please call
Short Breaks on 020 8583 3636



Services Throughout The Year

Music Therapy – Richmond Music Trust



Richmond Music Trust are offering a slightly adjusted programme to children and families offering both direct contact music therapy sessions and online sessions.

Our online music therapy programme during the summer has been very popular and we have received some lovely feedback from families, which showed clearly that music therapy via video link can really work well for some children. Therapists and parents have been amazed about how effective children can engage in online music therapy accessing one to one and group sessions. As we are still unable to use our usual premises at the Hub, we have decided to offer a mixed programme offering both **online sessions** as well as **direct contact** sessions.

Online Music Therapy Programme on Saturdays

Sessions will be a little different but our therapist Sara Cole will create a fun and child-centred experience including shared musical activities, singing and games. These sessions will be uniquely tailored to your child's needs, choices and ability. We have vacancies for weekly one to one sessions and vacancies in weekly small group session.

Sessions will need to be attended jointly with a parent, carer or sibling so that your child is supported to maintain engagement. If you have musical instruments at home these can be used and the therapists will also provide you with ideas of how to use household items for sound production.

This programme is open to children from Pathway 2 & 3. We accept referrals from those that would like to try out this mode of engagement or continue on from the summer programme.



How does it work?

All you need is a computer (PC or MAC), tablet or Ipad and a reasonably stable internet connection. You will need to install the free Zoom application and we will send you all the info of how to do this. If you need any help, Joanna Dawson from Hounslow Short Breaks or Andreas Rosenboom from Richmond Music Trust are available to help if required.

Direct Contact Music Therapy Sessions on Saturdays at Richmond Music Trust, Twickenham, TW2 6RB

The Trust also offers sessions from their premises in Twickenham, TW2 6RB and therapist Muhamad Badry will be offering sessions on Saturdays between 10 and 4pm. We will adhere to social distancing and have a variety of measures in place to assure Covid Safety.

How do I enrol?

Please contact us if you wish your child to access the music therapy programme, by emailing: musictherapy@richmondmusictrust.org.uk

Please let us know if you wish to access the online or the direct contact option.



5 up to 18



Services Throughout The Year

Heathrow Play Gym

This service is only available to children registered with Short Breaks up to the age of 7.



Please note that on arrival parents are required to fill in a registration sheet which will ask for basic information about their disabled child, including their disability and UIN number. Short Breaks will only pay for the disabled child – any siblings or friends will need to be paid for by the parent/carer.

The play gym sessions are open to children on pathway 2 and 3 up to 7 years old or

130cm (4 feet, 2 inches). Brothers and sisters are welcome to attend but will need to be paid for by the family. Session times below.

There is no need to book the sessions but arrive promptly to make sure you can access the session.

Heathrow Gymnastics Club, Green Lane, Hounslow, Middlesex, TW4 6DH

To find out more information, please ring the Short Breaks team: 020 8583 3636 or email shortbreaks@hounslow.gov.uk



Monday - Friday

10am – 11am

11.15am – 12.15pm

12.30pm – 1.30pm

1.45pm – 2.45pm

3pm – 4pm

Saturday

9.30am – 10.30am

10.45am – 11.45pm

Sunday

Closed

Congratulations...

If you have any good news stories, let Short Breaks know and we will publish it in future newsletters.

Please call us on 020 8583 3636.



Services Throughout The Year

Childminding – 24 Hours Free Childminding Service

A screenshot of the London Borough of Hounslow website. The page is titled 'Childcare and Early Years'. It features a search bar for 'Ofsted registered childcare' and a section for 'Help with childcare costs' which includes links for free childcare for 2, 3, and 4 year olds, tax-free childcare for working families, additional help for children with special educational needs, and tax credits and universal credits for childcare. There is also a link to 'Support while you study'. On the right, there are promotional boxes for 'Free childcare for 2 year olds' (with an image of a child) and 'Report child abuse'.

The Short Breaks Service will pay for an introductory 24 hours childminding free. This is an opportunity for you and the childminder to start building a long-term supportive relationship for your child.

A registered childminder is a person who looks after children in the childminder's own home.

Registered childminders are found on the Hounslow Family Services Directory at www.hounslow.gov.uk/childcare. Select the search for childminders button and choose your area. You will see a list of childminders and will need to click on each name to see their full profile.

Some childminders may have listed specific experience they have in caring for children with a particular special need/disability. From this information, it's advisable you then contact the childminder to see if they can accommodate your child's

individual needs along with the hours and days you are looking for.

Once you have found someone who meets your needs, call the Short Breaks team who will organise payment of the first 24 hours directly with the childminder. It will then be down to you to continue any ongoing payments with the childminder for further care.

- Your family/child must be registered with Short Breaks to use this service
- Your child must meet level of need pathway 2 or 3
- Once the 24 hours introductory offer is over, it is your responsibility to continue paying for the service.

For more information or to discuss organising your childminding, please call the Short Breaks team on 020 8583 3636.





**Should you require this Newsletter
in a format other than English please
contact the Short Breaks team on
020 8583 3636 or email:
shortbreaks@hounslow.gov.uk**

**Children with Disabilities
Social Work Team, Children's
Health and Adult Services**

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