



Hounslow

Safeguarding Children Partnership

2023

Learning programme

Welcome to HSCP learning events for 2023. Before booking please check your availability as course delivery varies either in person Zoom or Teams.

Selecting learning

Individuals should decide which learning is relevant to their role and employment. Most professional bodies have their own learning requirements and guidance such as Keeping Children Safe in Education and CQC. Additionally, the HSCP local priorities are neglect (page 5/6) and familial child sexual abuse (pages 11-13).

We encourage the school DSL following introductory level training, to undertake training in line with HSCP priorities above. We do not provide a specific DSL course.

We also offer an extensive range of online courses. To self-register click <https://hounslowscp.vc-enable.co.uk/register>.

All learning offered in this brochure assumes a pre-existing basic knowledge of safeguarding and child protection. Anyone requiring this should complete an online introductory level module available via the link above.

We look forward to seeing you on-screen or in person.



Courses overview 2023

| Page | Course | Time | Delivery | Dates | |
|------|--|------------------------------------|-----------------------------|--|---------------------|
| 4 | Hounslow's neglect strategy. Quality of Care tool. Introducing our tool to assist assessment | Teams | 9.30-12.00 1.00-3.30 | 16/2/23 29/6/23 | 27/9/23 4/12/23 |
| 5 | Working with neglectful parents. Learning together from Hounslow's audits. Improving children's lives. | In person St John's Rd | 9.30-4.30 | 30/3/23 12/9/23 | 13/6/23 14/11/23 |
| 7 | Private fostering | Teams | 10.30-12.00 2.00-3.30 | 9/5/23 14/11/23 | |
| | Parental Substance Misuse. Awareness/treatment | Teams | 10.00-12.00 | 28/2/23 | 3/10/23 |
| 8 | Safeguarding young people and substance misuse | In person St John's Rd | 1.30-3.30 | 15/11/22/ 9/5/23 | 22/2/23 |
| 9 | Mental health first aid | In person St John's Rd | Two days 9.00-4.30 | 16+17/1/23 26+27/6/23 | |
| 10 | Domestic Abuse and Violence. Introduction. Basic Professional Awareness + Understanding | Teams | 9.00-1.00 | 19/1/23 16/11/23 | 22/6/23 |
| 11 | Criminal and sexual exploitation of children | In person St John's Rd | 9.30-3.45 | 7/3/23 | 20/6/23 |
| 12 | Familial child sexual abuse | In person St John's Rd | Two mornings 9.00-1.30 | 22+/23/3/23 19+22/5/23 25+26/9/23 7+8/12/23 | |
| 13 | Intrafamilial child sexual abuse. Centre for excellence | Teams | 10.00-5.00 | 22.2.23 | |
| 14 | Harmful sexual behaviour + Sibling sexual abuse | 1.5 days 9.30-5.00 9.30-1.00 | In person St John's Road | 16+17/1/23 20+21/3/23 15+16/5/23 24/25/7/23 | |
| 15 | Understanding sexualised behaviour in children. Traffic light tool | 9.30-1.00 1.00-4.30 | Zoom | 23.1.23 | 16.3.23 |
| 16 | Pornography and Youth Produced Sexual Imagery | 1.00-4.30 | Zoom | 21/2/23 | |

Hounslow neglect strategy + Quality of care tool

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|----------|------------|---------|---------|
| MS Teams | 9.30-12.00 | 16/2/23 | 27/9/23 |
| MS Teams | 1.00-3.30 | 29/6/23 | 4/12/23 |

Aims

Neglect is an ongoing priority for Hounslow's Safeguarding Children Partnership. The 2.5 hour sessions promote awareness and understanding of our neglect strategy. The strategy aims to improve how we all work with families where parental quality of care is of concern and considered inadequate. The sessions will introduce our quality of care tool, enable people across all agencies to use it in practice and ensure that it is widely used

Outline Hounslow's multi professional strategy for improving our work with families

Enable use of the Quality of Care tool in all agencies

Promote working together in cases of neglect via the tool

Share workers 'top tips' on using the tool in practice.

Emphasise the importance of inter-agency collaboration to understand the nature of neglect

Illustrate the benefits of using the Quality of Care tool

For places email 'Neglect QoC' and preferred date to LSCB@hounslow.gov.uk

Working with neglectful parents and their children.

Learning together. Improving children's lives.

Improving multi agency practice and quality of care for children living with neglect.

A reflective practice day.

9.30-4.30

In person at St John's Road

30/3/23

13/6/23

12/9/23

14/11/23

Neglect is a Hounslow priority for improvement following audits across all agencies, and several safeguarding practice reviews. We know neglectful parenting continues to present significant challenges for all workers and agencies trying to improve the quality of life for children whose needs are not adequately met by their family. It is difficult to do this work at all levels of concern, from early prevention to child protection.

Using Ofsted ratings in our most recent audit of 12 cases; 7 required improvement 3 were inadequate and only 2 were good. All Hounslow partners have committed to change this and the course is part of that effort. The day will be led by the independent consultant who undertook our audit work. She has already worked with us to improve at an organisational level. On this course she will use her unique insight to explore how individual practitioners can better collaborate and work together to improve work with families at all levels of concern from early help/prevention, child in need and child protection.

Learning outcomes. The course provides the opportunity to:-

Gain a more sophisticated appreciation of the varied nature and presentation of neglectful parenting

Improve professional grasp of factors that might underly lack of parental care

Explore the impact of neglect on different areas of a child's care including how neglect enables other forms of harm

Consider the use of our structured judgement Quality of Care tool to assist professional assessment

Think about how to motivate parents who may be resistant to change

Think about effective plans to help parents to make lasting change

Think about direct work with children and young people to improve their lives

Consider the dilemmas often involved in decision making in cases of neglect

For places email 'Reflective practice neglect' and preferred date to LSCB@hounslow.gov.uk

Private fostering

Teams

9/5/23 10.30-12.00

14/11/23 2.00-3.30

HSCP has a responsibility to ensure professionals and volunteers meet their statutory responsibility to safeguard children's welfare and safety. This includes those working for children's and adult services.

Aims and outcomes

Private fostering a safeguarding issue?
Understand the legislation and regulation

Your role.
Know your responsibility to identify privately fostered children

Local authority
LA duties for privately fostered children

Cascade information
Enable you to share best practice with your colleagues

Guidance and support
Where to find information advice and support on private fostering

For places email 'Private fostering' to LSCB@hounslow.gov.uk

Parental Substance Misuse

Awareness and treatment

MS teams

28/2/23

3/10/23

10.00-12.00

Parental substance misuse is one of three major areas of known risk to children's health development and welfare, the others being domestic abuse and mental ill health. This course is provided to develop essential learning from the introductory level for all frontline Social Care Health, Wellbeing and Education Practitioners, anyone whose work involves safeguarding children and young people and promoting their welfare.

Aims and outcomes

Different substances

Know commonly used substances, their classes, methods of use and potential impact on parenting

Recognising concerns

Enable practitioners to identify when there could be an issue with a parent or carer's substance misuse

Attitudes to substance misuse

Examine personal and societal beliefs about drug and alcohol users, including stereotypes and myths

Theoretical underpinning

Examine prevalent ideas on substance misuse, including the disease model and social learning theory

Changing behaviour

Appreciate the Cycle of Change to enable behaviour change

Different treatment models

Know and understand treatment models delivered at ARC

Referrals

Information on referral routes and partnership working

For places email 'Parental substance misuse' to LSCB@hounslow.gov.uk

Substance Misuse and Safeguarding Advice and Support Working with young people

In person St John's Road Isleworth 1.30-3.30 22/2/23 9/5/23

This session is designed to provide professionals with the capacity to support young people in an informed and holistic manner. Understanding substance misuse and abuse, the risks involved and the capacity to engage young people in open and confidential conversations about drugs are essential abilities for professionals. Given the high prevalence rates of addiction among youth today, the importance of having an understanding is crucial.

Aims and outcomes

Impact of Various Substances

Increase knowledge of drugs (including alcohol), the effects on one's health, the law and recognising indicators of substance use

Prevalence of Substance Misuse

Discuss current trends and prevalence rates

Why Drugs/Alcohol?

Develop an insight about young people's motivation for using drugs including alcohol

Associated Risks

Explore risks such as mental health, sexual exploitation and gang involvement etc

Parental Misuse

Explore the Hidden Harm project -parental substance misuse

Screening Tools and Drug Testing

Discover ways in which substance misuse is quantified and tested

Drug Boxes

Collectively explore replicas of class A-C drugs

Effective Communication

Consider how to have an honest dialogue about drugs, understand harm reduction and also know how and when to refer individuals to specialists

For places email date + 'Young people substance misuse' LSCB@hounslow.gov.uk

Two day course. Youth Mental Health First Aid

In person. St John's Road. Isleworth.
16+17/1/23 26+27/6/23

9.00-4.30

There is concern at increasing mental health problems among children and young people and particularly since Covid. Non-mental health specialists are increasingly encountering young people in need of basic mental health support. This course aims to equip the non-specialist with the knowledge and skill to provide Mental Health First Aid to young people ensuring those who need it can access appropriate help quickly. After completing the two day course you will receive a certificate saying that you are a Youth Mental Health First Aider.

Aims and outcomes

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| Understanding An in depth understanding of young people's mental health and factors that affect wellbeing | Spot triggers Practical skills to spot the triggers and signs of mental health issues |
| Confidence Confidence to reassure and support a young person in distress | Skill Enhanced interpersonal skills such as non-judgemental listening |
| Help recovery Knowledge to help a young person recover their health guiding them to further support –through self-help sites, place of learning, the NHS, or a mix – engaging with parents, carers and external agencies where appropriate | Long term support Ability to support a young person with a long-term mental health issue or disability to thrive |
| Your wellbeing Tools to look after your own mental well being | 16 per course Small groups to keep people safe and supported while they learn. |
| Young participants Young people are welcome on the course, for under 16s we need written consent from a parent or guardian | Action plan and manuals Learning takes place across four sessions. Through a mix of group activities, presentations and discussions, each session is built around a Youth Mental Health First Aid action plan. You will get an MHFA manual to keep and refer to whenever you need it |

For places email MHFA and preferred dates to LSCB@hounslow.gov.uk

Domestic Abuse and Violence, an Introduction. Basic Professional Awareness and Understanding.

MS teams 9.00-1.00

19/1/23

22/6/23

16/11/23

Domestic abuse and violence is a fact of life for a high proportion of children living in families where there are safeguarding or child protection concerns (45-90% of families). Abusive and violent behaviour in intimate relationships is a complex and puzzling phenomenon both from the perpetrators and survivor point of view. There are many myths and huge stigma that can get in the way of professionals being able to effectively help women; mothers to make decisions that are in their own and their children's best interests.

This course offers professionals the opportunity to explore reflect and gain insight and understanding to be able to better connect with and help women who find themselves in violent and abusive relationships.

Aims and outcomes

Impact of abuse

Better understand the impact on women of being subject to relationship abuse

Perpetrator reactions

Are alert to perpetrators diversionary reactions to professional's interventions

Power and control

Consider the dynamics of power and control and the impact on women and girls

Substance misuse

Explore the role that alcohol and other drugs have in many abusive relationships.

Early help

Appreciate the importance of early intervention

For places email 'Domestic Abuse' and preferred date to LSCB@hounslow.gov.uk

Criminal and sexual exploitation. Safeguarding young people.

In person. St John's Road. Isleworth

9.30-3.45

7.3.23 20.6.23

In recent years several high profile prosecutions and enquiries such as Oxford and Rotherham exposed a lack of professional understanding about these forms of child abuse. As a result we saw that the children and young people targeted by abusive adults were often left unprotected by professionals. Often the abuse of the children escalated a result of the professional failure.

Understanding has grown as a result of these cases and we are more aware of how such abuse is organised and perpetuated and various systems are in place to co-ordinate better detection of offenders and improved protection of children and young people. There have also been developments in improved ways of working with and communicating with young people. This is important because many children who are entrapped into sexual or criminal exploitation have said nobody had ever told them how to recognise risky people or situations.

Aims and outcomes

Understanding

Develop understanding of how sexual and criminal exploitation is organised to entrap young people

Boys

Highlight the abuse of boys who are often forgotten and how explore how young people are groomed and entrapped.

Recognising CSE/CEE

Explore the common attitudes underlying professional failures to protect young people

Developmental differences

Appreciate different choices made by young people and adults to understand entrapment and the difficulty of 'reaching' some young people

Use preventative materials

Practice using some of the materials that you will be given so that you can easily use them with young people

London and local procedures

Familiarise you with the way in which you should respond procedurally to concerns and be aware of local initiatives to combat this form of child sexual abuse

For places email 'CSE/CEE' and preferred date to LSCB@hounslow.gov.uk

Familial Child Sexual Abuse

Two day class based @ St John's Road 9.00-1.30 Applicants must attend both days
 22+/23/3/23 19+22/5/23 25+26/9/23 7+8/12/23

Aims

Hounslow Safeguarding Children Partnership has made familial child sexual abuse a priority and is developing a strategy to improve our work in this important area of child protection. In the UK we 'miss' most children who are sexually abused. According to the Office of the Children's Commissioner we identify only 1 in 8 children at risk. We asked Hounslow professionals what they need to help them to keep children safe. They told us they need training as a starting point. This course aims to equip professionals across the children's workforce with basic knowledge about familial sexual abuse and enhance confidence in our existing communication skills with children and young people.

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|---|--|
| Findings from Hounslow's audit | Who sexually harms children? |
| Numbers of children at risk | Understanding sexually harmful adults' behaviour |
| What inhibits the protection of children? | Impact of sexually harmful adults on professional practice |
| Responding to children's help seeking behaviour | Working with non-abusing parents/carers |
| The impact of sexual abuse | Consider dynamics of power in families |
| Signs and indicators | |

For places email 'Familial Sexual Abuse' and preferred date to LSCB@hounslow.gov.uk

Harmful sexual behaviour+Sibling sexual abuse

Class based @ St John's Road Day 1 9.30-5.00 Day 2 9.30-1.00 Both days must be attended
16+17/1/23 20+21/3/23 15+16/5/23 24+25/7/23

Aims

Hounslow SCP made familial child sexual abuse a priority in 2021 and is responding to professional requests for training by providing this and related courses on neighbouring pages in this brochure. This course is particularly important because about 40% of children who are abused sexually in their family are abused by a sibling or other close relative such as cousin nephew, niece. Harmful sexual behaviour by young people particularly in the family is challenging to our conception of what sibling relationships are like and can be complex and an emotional concern to deal with. This course aims to equip professionals with increased awareness and understanding of the nature of harmful sexual behaviour in children and young people, improve assessment and intervention and enable better support to the children and young people involved and their parents/carers.

Outcomes

Greater understanding of prevalence and possible pathways to harmful sexual behaviour and sibling sexual abuse

Improved ability to identify whether sexual behaviour is developmentally appropriate, problematic, or harmful

Increased confidence in identifying and responding to harmful sexual behaviour and sibling sexual abuse

Develop capacity to create robust and effective safety plans to better manage harmful sexual behaviour and sibling sexual abuse

Improved confidence in supporting non-abusing family members in their response to and management of harmful sexual behaviour

When the concerns are about sibling sexual abuse greater confidence in adopting a whole family approach to support all those affected

For places email 'Sibling Sexual Abuse' and preferred dates to LSCB@hounslow.gov.uk

Intra-familial child sexual abuse

One-day multi-agency training

22.2.23 via Teams 10.00-5.00

“As a society, we are far too reluctant to talk about sex abuse within the family home. It’s much easier to think of abuse happening elsewhere to other people. Prevention is the best form of protection. If we are to deal with incest or other abuse involving families or family friends, we must talk openly and honestly about the signs and symptoms – to protect children and to stop abusers in their tracks.”

Amanda Spielman, Ofsted Chief Inspector

This one-day training course will equip professionals across health, education, social care and policing across **Hammersmith & Fulham and Hounslow** with an understanding of:

- the scale and nature of child sexual abuse
- the challenges, myths and obstacles which can limit identification and response
- who commits intra-familial child sexual abuse
- how sexual abuse takes place in families
- understanding the child’s experience – the impact of abuse, signs and indicators of abuse and the barriers to disclosing it
- children’s disclosures and your role as a professional.

The training will support you to improve your understanding of child sexual abuse within the family environment and help you to better identify signs and indicators and respond effectively to protect children.

To request space please email ‘intra familial CSA’ to LSCB@hounslow.gov.uk

Space is subject to shortlist two weeks prior to the course so please save date



Traffic light tool

Online course by Brook for Hounslow

23.1.23 9.30-1.00 | 16.3.23 1.00-4.30

Brook's nationally recognised Sexual Behaviours Traffic Light Tool training provides a highly visible, multi-agency response that helps professionals to identify, understand and respond appropriately to sexual behaviours in young people.

The tool and accompanying training provide professionals within and across organisations with a framework for identifying whether behaviour is part of healthy development or if there is cause for concern. It will also provide guidance on when to safeguard and/or signpost to internal or external support.

The training equips professionals to make consistent and informed decisions that neither pathologises nor criminalises young people. Participants will be trained to have robust and meaningful conversations around harmful sexual behaviour that causes concern and will be equipped to embed the tool within their practice.

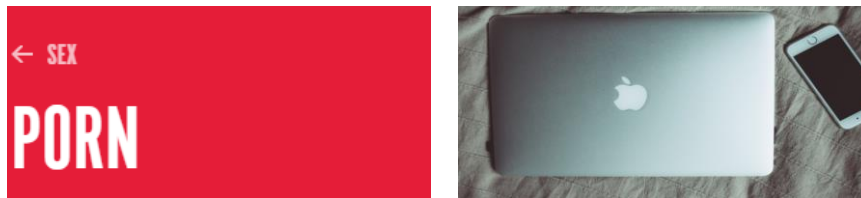
Learning outcomes: by the end of the training participants will be able to

- Explain parts of the law which refer to sexual behaviour
- Know how our values relating to sexuality affect decision making
- Rate different scenarios as green, amber or red
- Use an action plan; created in the training, to support the integration of the toolkit into internal training

For places email your preferred 'Brook traffic light' + date to LSCB@hounslow.gov.uk

Pornography and Youth Produced Sexual Imagery

Online course by Brook for Hounslow



1.00-4.30 21/2/23

Brook is a UK based charity offering a wide variety of sexual health services to young people mainly under 25. They are experts in their field.

There is growing concern about the influence that freely available online pornography may have on the development of children and young people and on their relationships. The aim of these learning sessions with Brook is to enable participants to gain knowledge and skills about the influences and pressures young people face as they develop and explore their emerging sexuality.

The course aims to:-

- Overview the research and laws covering pornography and young people.
- Consider the impact of pornography on young people.
- Consider how to talk to young people about Pornography
- Overview the research and Laws surrounding Youth Produced Sexual Imagery
- Consider the impact of Youth Produced Sexual Imagery (YPSI) and Image Based Sexual Abuse (IBSA) on young people
- Consider how to talk to young people about YPSI and IBSA

Sessions are open to any Hounslow professionals working with children and young people.

For places email 'Pornography/Sexual imagery' + date to LSCB@hounslow.gov.uk