



Be active and have fun

**Friday 14<sup>th</sup> June 2024**  
9.30 am to 3pm

**Oxstalls Sports Park**  
Plock Court - Tewkesbury Road  
Longford - Gloucester - GL2 9DW

- This 16<sup>th</sup> annual event features accessible activities delivered by a wealth of amazing local organisations and services in Gloucestershire.
- The event is designed to help people with a disability, a mental health condition, hearing or sensory loss to stay active and healthy.
- This event is also for parent or family carers and support workers as we have over 120 health and social care stalls from a wide range of partners.
- Come and have a go at our interactive and inclusive sports – Boccia, golf, bikes and trikes, football, cricket, trampolining – and lots of other amazing attractions!



Scan our QR code for all of the latest information about our event.

PLUS take a look at our promotional film on our webpage.



# DIRECTIONS and FACILITIES



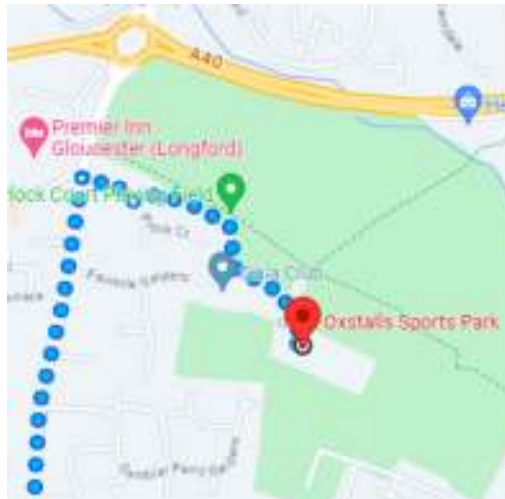
Oxstalls Sports Park, Plock Court, Tewkesbury Road, Longford, Gloucester. GL2 9DW



Entrance on A38 Tewkesbury Road, Longford – follow sign to Tennis Centre  
\*Availability of accessible parking for Blue Badge users, first come first served



Use 97 bus from Cheltenham / Gloucester or 71 from Tewkesbury



FREE parking on-site plus accessible parking\*



Accessible toilet facilities inside plus mobile accessible toilets outside



130+ volunteers to help you



Bring a packed lunch or food can be purchased on the day



Dedicated quiet area outside



Assistance dogs only - are very welcome too!

