

Our vision is
of a world
free from serious
alcohol harm.

ALCOHOL
CHANGE^{UK}



How can you support colleagues who might be drinking at harmful levels?

Give your staff and managers the confidence to identify and support colleagues who are drinking at harmful levels with our brand-new e-Learning course.

Having open and honest conversations about individual alcohol use can be challenging. Our new Intervention and Brief Advice e-Learning provides learners with World Health Organisation recommended tools to identify colleagues at risk, give simple brief advice, and to make referrals to appropriate services.

At just £29 per license and with group discounts available, this course is a cost-effective way to upskill your team.

Reduced productivity and absenteeism associated with alcohol use costs the UK economy more than £7 billion each year, and alcohol use can seriously negatively impact the wellbeing of your employees.

Find out more here about how you can give your team the tools to change this.

[Find out more](#)

The impact of talking about alcohol at work



Faye, working in the financial sector, recognised the importance of starting a conversation in the workplace about drinking. She got in touch with us and together we identified how we could best help according to their needs and budget.

[Read more](#)

Trainer Spotlight

Meet Susan Laurie



Susan is one of our lived experience experts. She is an author and mental health advocate specifically relating to alcohol issues and alcohol dependence.

She is committed to helping anyone who is struggling with alcohol, and to helping organisations develop practical and non-judgemental resources and support for employees who may be concerned about their drinking. [Read more about Susan and the fantastic webinars she currently offers.](#)

[Read More](#)

To find out more about our training and webinars visit our [website](#). To speak with someone about our services or to make a booking, call us on 020 3907 8480 or email us training@alcoholchange.org.uk



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