

# Advice on car sharing

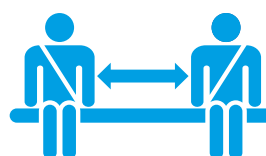
## For team members of care homes and supported living

Where possible, choose somewhere outdoors for your outing. Fresh air helps blow the Covid particles away, protecting you and your residents. Each trip needs to be planned and start with a risk assessment to make sure the journey is as safe as possible.

**Wear a mask  
(residents and staff)**



**Sit as far away  
as possible**



**Limit the number of people  
travelling together**



**Keep windows open**



**Wash hands or use  
sanitiser frequently**



**Clean the car after every journey  
(including handles internal  
and external)**



### **Got Symptoms?**

Continuous cough, high temp,  
loss of taste and/or smell

**Self-isolate  
according  
to guidance**

### **Get Tested**

Call 119 or use the NHS portal  
to book your test at one of  
our testing centres or  
mobile testing units



**Gloucestershire**  
COUNTY COUNCIL

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## For family or visitors taking a resident on an outing

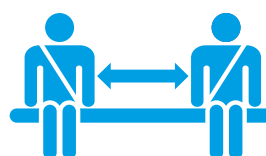
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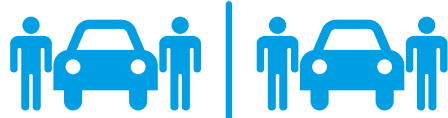
**Wear a mask  
(residents and staff)**



**Sit as far away  
as possible**



**Only nominated visitors or  
essential carers should  
travel with the resident**



**Keep windows open**



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