

working in partnership with



Gloucestershire County Council

# Positive Behaviour Support Service

## for Children and Young People with learning disabilities

Affinity Trust supports over 900 people with learning disabilities across England and Scotland, enabling them to live as independently as possible. We've been supporting people with learning disabilities for nearly 30 years. We have been commissioned by Gloucestershire to deliver a Positive Behaviour Support service for children with learning disabilities and their families.

### Our service in Gloucestershire

Children and young people referred to us will have complex needs, and behaviour that causes significant challenges and stress to you and others.

We will work closely with you, your child and other professionals, like teachers, to try and ensure your child doesn't have to move into residential care and can stay living a happy life at home with their family.

We will be working with children who have a learning disability and challenging behaviours. They may have other conditions such as Autistic Spectrum Condition or Attention Deficit Hyperactivity Disorder.

We will be supporting children using an approach called Positive Behaviour Support.

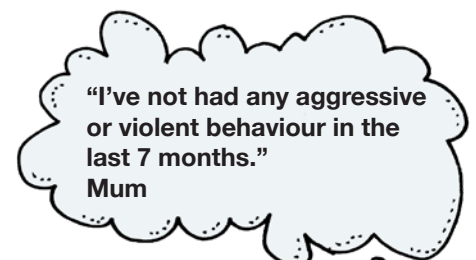
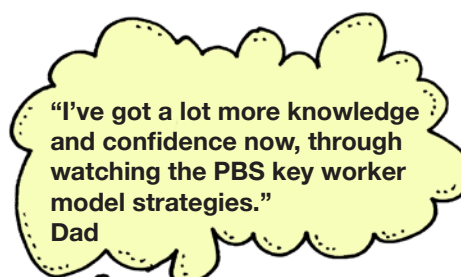
### What is Positive Behaviour Support?

Positive Behaviour Support is a way of understanding challenging behaviour. It is based on a detailed assessment of the environments, interactions and circumstances in which that behaviour occurs.

By using Positive Behaviour Support, we will aim to improve your child's quality of life and reduce their challenging behaviour.

We will use positive measures like other ways of communicating with your child, and changing things in their environment – like avoiding crowded rooms, or lowering noise levels – rather than using punishments.

Positive Behaviour Support supports families too. It aims to improve your quality of life, increase your confidence in managing behaviour that challenges, and reduce any stress you may be experiencing.



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## Aims and outcomes

The aims and outcomes of our service are:

- To improve your child's quality of life and wellbeing, as well as you and your family's.
- To reduce the risk of your child having to leave home and move into residential care.
- To reduce behaviour that challenges your family and others.
- To support your child to develop their independence, social skills, living skills and communication.
- To support your child to attend school and stay in a good education setting.
- To develop you and your family's skills and confidence in improving your child's quality of life and managing their behaviour.

**This service is not going to replace any services your child currently receives, like short breaks.**



## How will the service work?

Our staff are all trained in Positive Behaviour Support and experienced in working with children who have challenging behaviour.

Our first step will be to meet you, your child, other family members and other professionals to assess your child's behaviour. Using this and other information, we will then write a detailed plan for your child.



Once the plan is agreed, our Gloucestershire-based team will provide support and guidance for as long as is agreed.

We will provide intensive, high-quality support to you and your child.  
**This will involve spending time in your home on a regular basis.**

We will also work with other local agencies including children's social services, the NHS, schools, day services and short break services.

We will invite you, and others who support your child, to regular meetings to discuss progress. If you feel confident, and with our support, we hope you will help run these meetings.

We will develop everyone's skills, and transfer our knowledge to your family and other professionals.

This means that, when the time is right, we can withdraw our support.

### Links to videos :

<https://vimeo.com/348146929>

<https://www.affinitytrust.org/what-we-do/children-and-young-peoples-services/positive-behaviour-support/>

### More information

For enquiries, please contact: **Naomi Skidmore – Service Lead** on **07789 270924** or via email at: [NaomiSkidmore@affinitytrust.org](mailto:NaomiSkidmore@affinitytrust.org)



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