

Corona Diaries

Keeping a diary or an account of the ways that your life as well as your health and care has changed will offer a real insight that will help us make a difference.

You can create a Corona Diary in whatever format you like—writing, audio or video. We will only share your personal diary extracts that may reveal your identity with express permission from you. As a rule we will make sure that you can stay anonymous.

Make us a diary of your coronavirus experience and you could win a prize! A lucky winner, drawn at random, will win £100 high street vouchers.

1. Before the pandemic, what would a normal day have looked like for you?
2. How has the pandemic affected your normal day to day life?
3. Has the pandemic changed the way you manage your health condition?
4. Has any element of accessing health, care and community services worsened during the pandemic?
5. Has any element of accessing health, care and community services improved during the pandemic?
6. Have you felt more isolated or lonely at any time during the pandemic?

Corona Diary Instruction:

When making your diary you can look back to the beginning of the pandemic to show your personal journey.

Please use the questions on the left as a guide to some valuable insights that your diary can give.



Contact us at info@healthwatchgloucestershire.co.uk to submit your diary. We will contact you to talk about whether you are happy for it to be a named submission or you would rather stay anonymous. We will put some of the submissions on our website but how we do this with your diary will be completely up to you.

The closing date for submission is Friday 16 October 2020.