

WellFest at Hartpury University & Hartpury College



A brief introduction to Hartpury;

Hartpury University & Hartpury College is one of the UK's leading land-based and sports educational establishments. Our stunning specialist campus covers more than 360 hectares and is located near to both Gloucester and Cheltenham.

Today it has more than 1500 students working towards foundation degrees, honours degrees and postgraduate qualifications in equine, sport and animal & land studies.

Hartpury also offers A Levels & BTEC diplomas to more than 1600 full time students, as well as professional courses and apprenticeships across a wide range of sectors.

Hartpury is the world's largest equine education establishment, hosting three international equine events, and regularly wins national titles in rugby and football as well as rowing, golf, modern pentathlon and netball.

An Introduction to 'WellFest'

Over the past few years, the Wellbeing Department here at Hartpury have been organising an event focusing on Student safety – starting with 'Drive for Life; Safe & Social Driving' in 2014 which focused on keeping young people safe on the county's roads - from drivers to passengers, to horse riders and pedestrians.

This then developed into 'WellFest 2015'; an event that welcomed up to 3000 students, and expanded on the road safety theme to include general student safety, wellbeing and health (mental & physical). The event was made successful by over 35 external organisations delivering workshops and running exhibits/stands.

'WellFest 2016' became even bigger and better with over 50 organisations joining us to deliver! ... and the following year we surpassed this with 55 visiting organisations/exhibits to WellFest 2017.

WellFest 2018 then hit record numbers of 66 visiting organisations

WellFest 2019 then became our biggest event to date, with over 70 organisations attending

Exhibitor Feedback;

"Congratulations on another fantastic 'WellFest'! Always very well organised. A pleasure to be involved!

"I was very impressed by how many students did use their forms to write things down and asked us some very good questions"

"Well done on a successful event and thanks for your hard work!"

"Thank you for having us, as always we had a great time."

"Thank you for having us there we really enjoyed the day and the students kept us busy which is great!"

"Just a quick message to say thank you very much for the opportunity to attend Wellfest yesterday... for the time I was there I had some lovely conversations with some lovely students. Some of the second year students I spoke to never want to leave as they love being at the college so much, which is a credit to everyone at Hartpury and I hope you might be able to pass this message on... Congratulations on another successful event and one which looks as though it's growing year by year – well done. Would love the opportunity to attend again!"

"Another amazing event! I think it was the best ever with lots of positive comments... you did a fantastic job so thank you!"

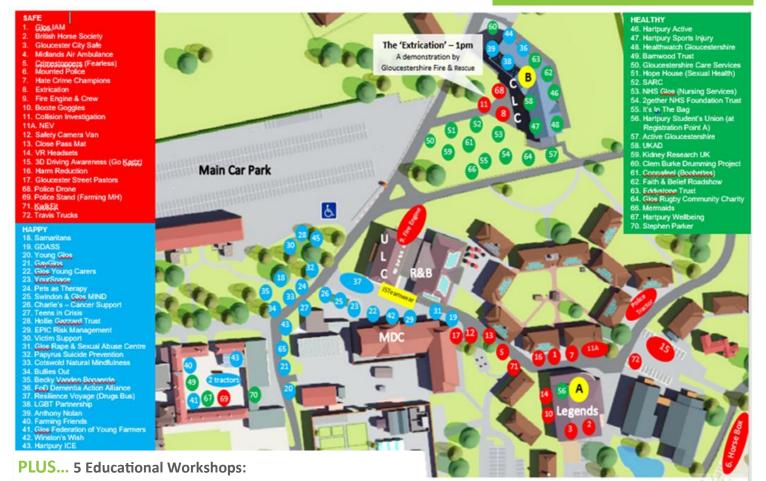
"Just wanted to say Well Done"



An event to highlight the variety of educational services and support opportunities dedicated to the safety, health and wellbeing of young people...



2019—Overview



Workshops:

Student Safety - GRASAC County Lines – Alter Ego You Only Live Once – Nick Gazzard Wrecked – GFRS Young Glos – Positive Mental Health

Student Feedback... (672 responses)

- Q1. Has your level of understanding improved after attending one of the workshops?
 - 90.48% answered YES.
- Q2. Has attending WellFest improved your understanding of personal safety, health & wellbeing?
 - 91.22% answered YES.
- 23. Do you know where to go in order to access health & wellbeing services at College?
 - 86.46% answered YES.
- Q4. Out of 10, have you found WellFest useful?
 - 86.61% answered between 5 (useful) and 10 (very useful).
- Q5. What workshops or exhibitors would you like to see included in next year's WellFest?
 - 396 students gave suggestions.