

Update 21/10/19;



Alexandra Wellbeing House

(Swindon and Gloucestershire Mind in partnership with Gloucestershire Health and Care NHS Foundation Trust).

The **Alexandra Wellbeing House** provides a safe, therapeutic environment for adults experiencing mild to moderate mental health challenges who need up to two weeks support and advice from wellbeing support staff. The service is staffed Monday to Sunday during the day with an on-call system available during the night. Guests stay overnight and access support for up to two weeks in a therapeutic environment, promoting recovery, resilience and wellbeing.

Bed Availability



We currently have beds available at **Alexandra Wellbeing House** for a **female only household from Monday 4th November to Monday 18th November 2019**. We also have beds available for a **mixed gender household from Monday 18th November to Monday 2nd December 2019**. If you can think of anyone who would be appropriate for either of those stays, find our referral criteria and form [here](#).

Seasonal Stays

Our waiting list is beginning to grow in line with the Autumn/Winter months. If you are working with a client who may like to stay at our service over the seasonal period (approx. 23rd December – 6th January) please get in touch with us via the details below. The referral criteria and form are available via the hyperlink above.



Partnership Working



We are passionate about building partnerships across Gloucestershire. If we have not yet met with you and your team, please do get in touch with us [here](#). We can come and meet you to discuss what we do as an organisation, including the referral pathway to the **Alexandra Wellbeing House**. Alternatively, you would be welcome to visit us at the service, please just let us know.

We are Swindon and Gloucestershire Mind. Working towards better mental health for everyone.

Registered in England and Wales Company Number: 10573231. **Registered Charity Number:** 1174786

A general note to our network:

During the Open Day a common theme was the perception that we have a long waiting list for stays at **Alexandra Wellbeing House** which stops people from making referrals into our service. [We currently do not have a substantial waiting list, so if in doubt send in a referral or get in touch with us via the details below.](#)

Update 14/10/19:



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Bed Availability



We currently have beds available at **Alexandra Wellbeing House for a female only household from Monday 14th October to Monday 21st October. We also have beds available for a mixed gender household from Monday 21st October to Monday 4th November.** If you can think of anyone who would be appropriate for either of those stays, find our referral criteria and form [here](#).

Open Day – Thank You!

A massive thank you to those who attended our Open Day at **Alexandra Wellbeing House** on Wednesday 9th October 2019. The turnout was fantastic. We met with a variety of individuals who came to find out more about what we have to offer. If you have any more questions or would like to get in touch with us for further information, please find the details below.



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Update 07/10/19;



Alexandra Wellbeing House

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The **Alexandra Wellbeing House** provides a safe, therapeutic environment for adults experiencing mild to moderate mental health challenges who need up to two weeks support and advice from wellbeing support staff. The service is staffed Monday to Sunday during the day with an on-call system available during the night. Guests stay overnight and access support for up to two weeks in a therapeutic environment, promoting recovery, resilience and wellbeing.

Bed Availability



We currently have beds available at **Alexandra Wellbeing House** for a mixed gender household from **Monday 21st October to Monday 4th November 2019**. We also have beds available for a female only household from **Monday 4th November to Monday 18th November**. If you can think of anyone who would be appropriate for either of those stays, find our referral criteria and form [here](#).

Open Day – Last Chance!

We are hosting an Open Day at **Alexandra Wellbeing House** to give people the opportunity to find out more about the services we have to offer. The event takes place on **Wednesday 9th October 2019 from 12PM to 3PM**, further details are available [here](#). We please ask that if you planning to attend that you book a ticket so we know how many people are attending.



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