# What’s on in East Sussex September to October

## Eastbourne

The mid-September to mid-October period inEastbourne includes:

* For the energetic amongst us there is a 10k run along the promenade on 22 September starting at 9am at Holywell Café, in aid of St. Wilfred’s hospice. [**Find out more here**](https://runabc.co.uk/tempo-10k-of-eastbourne)
* For those less keen on athletics the Eastbourne Beer Festival is running between 3 to 5 October. [**More details here**](https://www.visiteastbourne.com/whats-on/eastbourne-beer-festival-p1243231)
* For culture lovers, there’s an exhibition of drawings curated by broadcaster David Dimbleby and his daughter Liza, opening at Eastbourne’s Towner Art gallery on 5 October. [**Learn more here**](https://www.visiteastbourne.com/whats-on/drawing-the-unspeakable-curated-by-david-dimbleby-and-liza-dimbleby-p2223041)
* As many East Sussex residents know, bonfire celebrations here don’t begin in November but are part of a wider tradition of marches and ceremonies. One of the first events bonfire season is on Eastbourne seafront on 5 October. [**Learn more here**](https://www.visiteastbourne.com/whats-on/bonfire-society-procession-and-fireworks-p1243581)
* Here is a [**list of further bonfire events**](https://www.uckfieldcarnival.co.uk/sussex-bonfire-calendar/) across the county in September and October

We hope our Ukrainian guests won’t be alarmed by any of the noisy processions, fireside gatherings or fireworks that are, these days, a good natured and inclusive Sussex tradition.

## Hastings

**Hastings** has an varied and interestingrange of activities on offerduring the same period.

* The ever popular weekly boot sale at Elm Tree Farm at Icklesham runs between 8am and 1pm. [**Find out more here**](https://tourist.org.uk/east-sussex/icklesham/events/boot-sales/giant-bootsale-at-elm-tree/#google_vignette)
* Budding performers can join classes Seen on Screen dance classes, every other Sunday. The classes are aimed at adults and run in St Leonards. [**Find out about the next one here**](https://tourist.org.uk/east-sussex/st-leonards-on-sea/events/courses-classes-workshops/seen-on-screen-dance/)
* Hastings is a hub of live performance; musicians among us can attend an open mic session each week at [**Cactus Hound Bar, St Leonards-on-Sea**](https://tourist.org.uk/east-sussex/st-leonards-on-sea/events/live-music/open-mic-night/) and at the [**Traditional Open Folk Sessions at the Stag**](https://hastingssussex.uk/events/live-music/traditional-open-folk-sessions/)**,** Hastings
* Fans of crafts and vintage bargains can also find plenty to interest them in Hastings. [**the Christ Church Table Sale in St Leonards**](https://tourist.org.uk/east-sussex/st-leonards-on-sea/events/shopping-fairs-markets/saturday-table-sale/) on the first Saturday of each month: on 19 October the [**Bump, Baby and Children Preloved Table Sale**](https://tourist.org.uk/east-sussex/pett/events/shopping-fairs-markets/bump-baby-and-children-preloved-table-sale/)will be heldat Pett Village Hall with a focus on pre-loved children’s toys and clothing: on 19 October the [**Hastings ‘Crafts and More’ market**](https://hastingssussex.uk/events/shopping-fairs-markets/hastings-crafts-more-market-5/)at the Stade Open space from 11am.

## Bexhill

* [**Bexhill Street Market**](https://bexhillsussex.uk/events/community-social/bexhill-street-market-2/) will run on 21 and 22 September: This market consists of small local traders selling locally produced items.
* [**Colour for Cancer, artistic fundraiser**](https://bexhillsussex.uk/events/fundraisers/colour-for-cancer-24/#google_vignette)takes place on 22 September from 10am at The Chandeliers
* [**The Growing Network**](https://bexhillsussex.uk/events/community-social/the-growing-network-bexhill-2/#google_vignette) meets on the fourth Saturday of each month. This collective event allows people to exchange homegrown foods in a friendly environment, with free refreshments on the day. Bring what you can, take what you need.

## Wealden

* The [**Mud-Kitchen Disco**](https://www.explorewealden.co.uk/experience-our-culture/mud-kitchen-disco-at-wilderness-wood-p2223091) promises to be an unusual but fun and family friendly event on 20 and 27 September:
* Health lifestyle therapies and mindfulness are on offer in Wealden during October with the [**Morning Meditation at Wilderness Wood**](https://www.explorewealden.co.uk/experience-our-culture/mud-kitchen-disco-at-wilderness-wood-p2223091) in Hadlow Down on 12 October
* An Autumn retreat teaching yoga and breath work at Alfriston between 14 to 18 October. [**Autumn Retreat, Embracing change with yoga & breath work at The Star - Yoga in Alfriston**](https://www.explorewealden.co.uk/experience-our-culture/autumn-retreat-embracing-change-with-yoga-and-breath-work-at-the-star-p2220901)