SEND and inclusion training offer

Autumn 2026

OUR PRIORITY

HELPING CHILDREN AND YOUNG PEOPLE **ACHIEVE**

Supporting and inspiring children to raise their aspirations and reach their potential.



EAST RIDING OF YORKSHIRE COUNCIL

Introduction

This training offer summarises SEND and inclusion training available for setting leaders, teachers, TAs, governors and other support staff.

This training is delivered by teams within Children's Services and wider system partners including any relevant national training to support staff in an education setting. This offer covers the academic year 2026/2027, with an updated version available termly.

It covers strategies for working with children and young people at SEN Support and across the graduated response for the four areas of SEND:

- **Cognition and Learning** (C&L)
- **Communication and Interaction** (C&I)
- **Social, Emotional and Mental Health** (SEMH)
- **Sensory and/or physical**

Click on areas of need to discover the courses



In addition, this offer also summarises the training for specialist roles within education settings:

- **SENCo** (e.g. SENCo forums and conference)
- **Designated Teacher** (DT)
- **Senior Mental Health Leads** (SEMH courses will also be relevant to this role)
- **Parent/carers**

Click on roles to discover the courses

The offer explains how to book a place, some of the training included will be advertised and booked on through *'Here for Schools'* hereforschools.co.uk.

In addition to this training offer, we continue to offer a range of tailored bespoke training/continued professional development opportunities.

This can be delivered to individual schools, organisations or groups of schools. Packages based on key priorities for SEND development can be devised as a whole or part of a training day; a series of sessions; or a webinar.

To help inform our future training offer, please ensure you complete the training evaluation for each course following the QR code which will be provided by your trainer.

A list of all the courses coming up, in date order can be found here.

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Educational psychology service	**An introduction to attentional difficulties and strategies to support needs in the classroom** This online training course aims at giving insight into the possible reasons behind why children and young people may have difficulties with attention in school and what strategies can support children when they find it hard to attend in class. Duration: 45 - 60 minutes	C&L	SENCOs, headteachers and senior leaders	On request through @ eryctraining.support@eastriding.gov.uk	eLearning material	Funded through experts at hand
Educational psychology service	**Precision teaching** The purpose of this eLearning is to provide the knowledge and confidence you need to implement precision teaching as an approach to support children and young people to develop specific, targeted skills. Precision teaching is an approach that closely monitors the development of specific skills through short, daily sessions involving instruction and testing. Duration: 45 - 60 minutes	C&L	SENCos, teachers, TA'S	On request through @ eryctraining.support@eastriding.gov.uk	eLearning material	Funded through experts at hand

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Educational psychology service	**Paired reading** An evidence-based intervention that supports reading development. A highly structured, simple strategy involving a set reading procedure. Duration: 60 minutes	C&L	SENCos, teachers, TA'S	On request through @ eryctraining.support@eastriding.gov.uk	eLearning material	Funded through experts at hand
Educational psychology service	**Maths difficulties** This course aims to develop your understanding within the area of numeracy difficulties. This will include theories around the factors which can lead to children experiencing numeracy difficulties as well as outlining evidence-based approaches for assessment and support. Duration: 1.25 hours	C&L	SENCos, teaching staff, maths co-ordinators / curriculum leads	Wednesday,18 November 2026 3.45 - 5pm To be booked via Here for Schools	Virtual	Funded through experts at hand. Costs will be applied to independent and out of authority schools

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Educational psychology service	**Literacy difficulties** This course aims to develop your understanding within the area of literacy difficulties and dyslexia. This will include theories around the factors which can lead to children experiencing literacy difficulties as well as outlining evidence-based approaches for assessment and support. Duration: 1.25 hours	C&L	SENCos, teaching staff, maths co-ordinators / curriculum leads	Wednesday,11 November 2026 3.45 - 5pm To be booked via Here for Schools	Virtual	Funded through experts at hand. Costs will be applied to independent and out of authority schools
Educational psychology service	**Self-Regulated Strategy Development (SRSD)** An evidence-based instructional framework to support pupils in developing writing composition strategies. SRSD incorporates self-regulation and metacognition through developing skills in monitoring, evaluating and revising during writing activities. Research evidence suggests that SRSD can lead to changes and improvements in students' performance: planning, revising, substantive content, quality of writing, knowledge of writing, approach to writing, length and structure of writing, and self-efficacy (Graham and Harris 2005). Duration: 1.25 hours	C&L	SENCos, teaching staff, teaching assistants (if accompanied by a teacher, SENCo or member of SLT to oversee implementation)	Tuesday, 13 October 2026 3.45 - 5pm To be booked via Here for Schools	Virtual	Funded through experts at hand. Costs will be applied to independent and out of authority schools

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
The Downright Special Network	**Introduction to working with children with Down Syndrome (suitable for KS2 – KS4)** Educating children with Down Syndrome can present us with unfamiliar challenges. This training will cover key facts about the multifaceted nature of Down Syndrome and an in-depth exploration of the learning profile for Down Syndrome and the implications for classroom practice. Duration: 2 hours	C&L	Teachers, support staff, SENCOs, SLT, parent/carers	Wednesday, 30 September 2026 3.45 - 5.45pm	Teams online ticketsource.com/downrightspecial Also available as inset training for individual settings or trusts by contacting training@downrightspecial.co.uk	£40 per setting of up to eight delegates. Inset training priced on request
The Downright Special Network	**Introduction to working with children with Down Syndrome (suitable for EYFS/KS1)** Educating children with Down Syndrome can present us with unfamiliar challenges. This training will cover key facts about the multifaceted nature of Down Syndrome and an in-depth exploration of the learning profile for Down Syndrome and the implications for classroom practice. Duration: 2 hours	C&L	Teachers, support staff, SENCOs, SLT, parent/carers	Thursday, 1 October 2026 3.45 - 5.45pm	Teams online ticketsource.com/downrightspecial Also available as inset training for individual settings or trusts by contacting training@downrightspecial.co.uk	£40 per setting of up to eight delegates. Inset training priced on request

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The Downright Special Network	**Core curriculum: developing language and reading, including see and learn and colourful semantics** This training will introduce See and Learn, an evidence-based educational programme designed to help children with Down syndrome develop speech, language, reading, numeracy, and memory skills through structured, visually supported activities. This training also aims to understand strengths and weaknesses in reading and language acquisition for children with Down Syndrome and to look at effective strategies to develop language and reading skills. Duration: 3.5 hours	C&L	Teachers, support staff, SENCOs, SLT	Wednesday, 11 November 2026 9am - 12.30pm	Face to face training (Bodmin Road Church, Padstow Close, Hull HU7 4HE) Delegates can book for a morning, afternoon or the whole day (£100) Also available as inset training for individual settings or trusts by contacting @ training@downright special.co.uk	£60 per delegate. Inset training priced on request

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The Downright Special Network	Numicon / maths for life Mathematics is important in our everyday life. It equips us with the skills we need to interpret and analyse information, simplify and solve problems, assess risk and make informed decisions. This training aims to introduce the Numicon 'Firm foundations', explore the barriers to joining in with mathematics. To understand which mathematical ideas are essential and why and to introduce, 'Breaking Barriers' and Maths for Life resources. Duration: 2 hours	C&L	Teachers, support staff, SENCOs, SLT	Wednesday, 11 November 2026 1.30 - 3.30pm	Face to face training (Bodmin Road Church, Padstow Close, Hull HU7 4HE). Delegates can book for a morning, afternoon or the whole day (£100). Also available as inset training for individual settings or trusts by contacting @ training@downrightspecial.co.uk	£40 per delegate. Inset training priced on request

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Speech and language therapy – Humber NHS	**Developmental Language Disorder (DLD) – what is it and how can we support?** Develop awareness of what is DLD, what difficulties do children and young people experience and learn about useful resources and strategies. Duration: 2.5 hours	C&L	All teaching staff	Thursday, 5 November 2026 1.30 - 3.30pm	In person – Hessle Town Hall. Booking essential but not yet available. An email will be sent nearer the time on how to book on this course	Free
Speech and Language Therapy – Humber NHS and RCSLT	**Developmental Language Disorder (DLD) – what is it and how can we support?** Develop awareness of what is DLD, what difficulties do children and young people experience and learn about useful resources and strategies. Duration: 2.5 hours	C&L	All teaching staff	Wednesday, 9 June 2027 9.30am - 12 noon	In person – Hessle Town Hall. Booking essential but not yet available. An email will be sent nearer the time on how to book on this course	Free
Speech and language therapy – Humber NHS and RCSLT	**Royal College of Speech and Language Therapists (RCSLT) – mind your words** Improve your understanding of children and young people with social, emotional and mental health needs and speech, language and communication needs. 15 modules, 10 - 15 minutes per module	C&L	Everyone	Online training	Mind Your Words – RCSLT CPD	Free

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Speech and language therapy – Humber NHS and RCSLT	Royal College of Speech and Language Therapists (RCSLT) – the box Understanding and supporting people with speech, language and communication needs in the justice system. 10 modules, 10-20 minutes per module	C&L	Everyone	Online training	The Box – RCSLT CPD	Free
Speech and language therapy – Humber NHS and speech and language UK	Speech and language UK Course to introduce how to support children and young people's speech, language and communication skills, why this is crucial for learning and wellbeing, and how to identify children with challenges. 4 modules, approx. 1 hour per module with evaluation and certification	C&L	Anyone working with children with speech, language and communication needs	Online training	An introduction to speech, language and communication – Speech and Language UK: Changing young lives	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Communication and interaction specialists	**A range of autism related training courses** This includes topics such as: emotional and behavioural regulation, sensory needs, social stories/comic strip conversations, and structured teaching approaches.	C&I	SENCos, teachers, TAs	On demand Must be agreed through discussion with SENCo and link EP	Various	Free
Educational psychology service	**An introduction to autism – session 1 (theory)** Please note – attendance is required at both sessions (second session below). During session 1 (of 2), we will: ▪ introduce a 5-part model for understanding autism ▪ look at the model in relation to needs theory (Maslow) ▪ share a framework for understanding behaviour. Duration: 1 hour	C&I	School staff	Thursday, 15 October 2026 3.30-4.30pm To be booked via Here for Schools	Virtual (Microsoft Teams)	Funded through experts at hand. Costs will be applied to independent and out of authority schools
Educational psychology service	**An introduction to autism – session 2 (strategies)** Please note – attendance is required at both sessions (first session above). During session 2 (of 2), we will: ▪ reflect on the 5-part model in the context of participants' experiences ▪ consider evidence-informed strategies in relation to the framework from session 1 to support autistic pupils. Duration: 1 hour	C&I	School staff	Thursday, 22 October 2026 3.30-4.30pm To be booked via Here for Schools	Virtual (Microsoft Teams)	Funded through experts at hand. Costs will be applied to independent and out of authority schools

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Educational psychology service	**Demystifying demand avoidance in the context of school** The in-person session will: ▪ support practitioners to gain a shared understanding of key terminology surrounding 'demand avoidance,' including PDA ▪ consider psychological reasons for presenting behaviours and likely underpinnings ▪ share how we can practically and safely support pupils in school. Duration: 2 hours	C&I	SENCos, teachers, TAs	Wednesday, 9 December 2026 1 - 3pm To be booked via Here for Schools	In person TBC	Funded through experts at hand. Costs will be applied to independent and out of authority schools
Educational psychology service	**ELSA supervision open to all ELSAs (autumn term)**	SEMH	ELSAs (Emotional Literacy Support Assistants) who have already completed ELSA training	New supervision groups have been arranged in clusters, please contact eps@eastriding.gov.uk	Virtual (Microsoft Teams) and in person	Funded through experts at hand
Educational psychology service	**ELSA supervision for secondary schools** In person and online supervision for secondary schools. Duration: 1.5 hours	SEMH	ELSAs (Emotional Literacy Support Assistants) who have already completed ELSA training	TBA To be booked via Here for Schools	Virtual (Microsoft Teams) and in person	Funded through experts at hand

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Educational psychology service	Full emotional literacy support assistants (ELSA) training Six days initial ELSA training	SEMH	Teaching assistants in schools pastoral / support staff with capacity to deliver intervention programmes	TBA, please contact eps@eastriding.gov.uk	TBA (in person)	A fee will be charged
Educational psychology service	Emotion coaching Training is an evidence-based technique based upon the work of John Gottman. The training aims to support adults to support children to develop emotional regulation skills that will help with their engagement in life-long learning. The training includes the background, principals and impact of using emotion coaching including developing a deeper understanding behind the neuroscience that underpins it. Duration: sessions 1 and 2 are 1.5 hours each. Ideally delivered in a 3 hour 15 minutes AM or PM session (to allow for a 15 minute break) or they can be delivered in two 1.5 hour twilight sessions followed by a 45 minute workshop (staff meeting) approximately half a term later	SEMH	All school staff including ELSAs	Discussion with the schools allocated EP, which will be then discussed with the EP team	In person	Funded through experts at hand
Educational psychology service	An introduction to emotionally based school avoidance This training aims to develop an understanding of the factors that can lead to Emotionally Based School Avoidance (EBSA) developing and what could be maintaining it. We will discuss the importance of seeking to understand the behaviour from the perspective of the child and parents/carers, strategies that can help in managing feelings of anxiety and discuss how to support a return to the classroom or school Duration 3 hours	SEMH	All School staff	Thursday, 8 October 2026 9.15am - 12.15 To be booked via Here for Schools	Microsoft Teams	Funded through experts at hand. Costs will be applied to independent and out of authority schools

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Educational psychology service	**An introduction to relational practice** This session will provide you with the opportunity to: ▪ hear about the research and theory that underpins relational practice ▪ consider what relational practice looks like in practice, drawing upon trauma sensitive approaches ▪ celebrate and share examples of relational practice that is happening in our schools ▪ begin to think about how relational practice fits within your current behaviour policy. Duration: 1.5 hours	SEMH	Senior Leadership, SENCOs, DTs, Designated Mental Health Lead, Pastoral Support, ELSAs, TAs, Class Techers, Heads of Year. This is suitable for both primary and secondary staff	Tuesday, 10 November 2026 9.30-11am To be booked via Here for Schools	Microsoft Teams	Funded through experts at hand. Costs will be applied to independent and out of authority schools
Educational psychology service	**Youth Mental Health First Aider® (YMHFA) – two day** YMHFA is a national accredited training programme which has been updated for 2025. As a MHFAider® you will be able to: ▪ explain what mental health is and describe how to look after your own mental health and wellbeing ▪ describe the signs of poor mental health in young people ▪ explain the risk factors associated with poor mental health ▪ demonstrate how to apply the Youth MHFA action plan ▪ (ALGEE®) in a YMHFA conversation ▪ describe the role of a Youth MHFAider®. This course is valued at £325 per person, but as a person working with the East Riding with children and young people, it is funded by Public Health. Non-attendance once registered may incorporate costs. Duration 14.5 hours	SEMH	All school staff / LA staff who work directly or indirectly with CYP / community and voluntary sector / ELSAs	Tuesday, 8 and Thursday, 10 December 2026 9.15am-4.30pm Bookings through ERSCP Log In - Enable Register for an account Registration - Enable	North Library Bridlington	Funded by Public Health England

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Educational psychology service	**Youth Mental Health First Aider® (YMHFA) – two day** YMHFA is a national accredited training programme which has been updated for 2025. As a MHFAider® you will be able to: ▪ explain what mental health is and describe how to look after your own mental health and wellbeing ▪ describe the signs of poor mental health in young people ▪ explain the risk factors associated with poor mental health ▪ demonstrate how to apply the Youth MHFA action plan ▪ (ALGEE®) in a YMHFA conversation ▪ describe the role of a Youth MHFAider®. This course is valued at £325 per person, but as a person working with the East Riding with children and young people, it is funded by Public Health. Non-attendance once registered may incorporate costs. Duration 14.5 hours	SEMH	All school staff / LA staff who work directly or indirectly with CYP / community and voluntary sector / ELSAs	Tuesday, 20 and Thursday, 22 April 2027 9.15am-4.30pm Bookings through ERSCP Log In - Enable Register for an account Registration - Enable	Haltemprice East Riding Leisure Centre	Funded by Public Health England

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Educational psychology service	**Youth mental health first aid champion – one day** Youth Mental Health First Aid Champion (YMHFA) is a national accredited training programme based on the two day YMHFA course. ▪ You will have an increased understanding of common mental health issues and how they can affect young people. ▪ Spot signs of poor mental health in young people and guide them to a place of support. ▪ Have increased knowledge and confidence to advocate for mental health awareness Increase your skills to support positive wellbeing. This course is valued at £200 per person, but as a person working within the East Riding with children and young people, it is funded by Public Health. Non-attendance once registered may incorporate costs. Duration: 7.25 hours	SEMH	All school staff / LA staff who work directly or indirectly with CYP / community and voluntary sector / ELSAs	Thursday, 27 May 2027 9.15am-4.30pm Bookings through ERSCP Log In - Enable Register for an account Registration - Enable	Goole East Riding Leisure Centre	Funded by Public Health England

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Educational psychology service	**Supporting children and young people through loss and bereavement** A training session aimed at school staff and educational professionals who may have a role in supporting children and young people who have experienced loss and bereavement. This training aims to build your confidence in supporting children and young people through experiences of loss and bereavement. We will be covering theoretical and developmental models of grief and loss, how grief may present in children and young people in education settings, how to approach the topic with children, and signposting to helpful resources and activities. Please note the timing of this session has been arranged to accommodate members of school staff who do not typically work outside of school hours. Duration: 1.5 hours	SEMH	Primary and Secondary school staff and Local Authority Service Staff	Tuesday, 8 December 2026 1.30 - 3pm To be booked via Here for Schools	Microsoft Teams	Funded through experts at hand. Costs will be applied to independent and out of authority schools
The Downright Special Network	**Growing, changing and keeping safe (suitable for parents and professionals KS2 - 4)** 'All children and young people should be entitled to good quality sex and relationships education that will allow them to develop the qualities, attitudes, skills and knowledge to develop into healthy, happy and fulfilled adults' (Wood, 2004). This training aims to explore: ▪ what is meant by sexuality ▪ common myths about sexuality and people with disabilities ▪ the foundational concepts of sex and relationships education (SRE). Duration: 3 hours	SEMH	Teachers, support staff, SENCOs, SLT, parents / carers	Wednesday, 2 December 2026 10am - 1pm	Teams online ticketsource.com/downrightspecial Also available as inset training for individual settings or trusts by contacting training@downrightspecial.co.uk	£60 up to eight delegates Inset training priced on request

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Vulnerable children's education team	**An introduction to supporting the needs of children and young people who have experienced trauma** This session is designed to be delivered to whole school staff groups or groups within schools to introduce trauma, loss and attachment, with an emphasis on the impact this has on vulnerable learners. The session is 60-90 minutes long. The date and time will be arranged with VCET. The session is ideally suited to a twilight session or as part of a staff development day. Duration: 1.5 hours	SEMH	Whole school settings, groups within settings supporting vulnerable learners	The date and time will be arranged with the setting	This training is delivered in person by VCET in your setting.	No charge
Behaviour support team	**Executive functioning; skills for success** A practical and evidence-informed training session that explores what executive functioning is, why it matters, and how difficulties in these areas can impact pupils' learning, behaviour and development. The session helps staff to recognise how executive functioning difficulties may present in the classroom and develop a deeper understanding of the skills that underpin successful learning. By the end of the session, participants will: 1. develop a deeper understanding of executive functioning skills and their importance in learning and development 2. recognise how executive functioning difficulties may present in educational settings 3. explore practical strategies to support the development of executive functioning skills in the classroom.	SEMH	All school staff	On demand – contact your allocated Specialist Teacher	School setting	Free for maintained primary settings and rolling SLA customers. Non SLA £75 per person

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Behaviour support team	What lies beneath A practical and thought-provoking twilight session that explores current understanding of the reasons behind pupil behaviour. By looking beyond what we see on the surface, participants will develop a deeper understanding of the factors that can influence behaviour and the ways in which unmet needs may be communicated through a pupil's actions. By the end of the session, participants will: 1. develop an awareness of the experiences and factors in a pupil's life that may not be immediately visible 2. explore theories relating to the purpose and function of some dysregulated behaviours 3. reflect on how a deeper understanding of behaviour can inform supportive practice and strengthen relationships with pupils.	SEMH	All school staff	On demand – contact your allocated Specialist Teacher	School setting	Free for maintained primary settings and rolling SLA customers. Non SLA £75 per person

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Behaviour support team	**Supporting unmet needs** This practical follow-on session builds on the learning from What Lies Beneath and is designed for staff who have previously attended that training. The session focuses on what adults can do to promote pupil wellbeing and meet underlying needs more effectively. Participants will explore the important role that adult responses, communication and relationships play in supporting pupils and creating positive outcomes. The training provides opportunities to reflect on personal communication and behaviour styles, explore preventative and responsive approaches, and develop confidence in identifying and addressing unmet needs. Staff will leave with practical tools, strategies and resources that can be applied within everyday school practice to support individual pupils more effectively. By the end of the session, participants will: 1. reflect on how their communication and behaviour styles can support pupil wellbeing 2. explore a range of preventative and responsive strategies to meet pupils' needs 3. gain practical activities and resources to help understand and respond to individual pupils' needs.	SEMH	All school staff	On demand – contact your allocated Specialist Teacher	School setting	Free for maintained primary settings and rolling SLA customers. Non SLA £75 per person

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Behaviour support team	**Team teach basic our positive behaviour management - level one** 6 Hour courses are for individuals operating in low-risk service settings. This includes mainstream primary and secondary schools, children's hospitals, adult learning and residential homes. This 6-hour, one day course equips individuals with simple deescalation strategies and basic positive handling techniques to deal with challenging behaviour and encourage positive relationships in their working environment. Duration: 6 hours delivered in one session (please note- yearly re-accreditation).	SEMH	Headteachers, SENCOs, Teachers, SLT, Support Staff	Closed course- in school – on demand/availability Open Courses booked via Here for Schools at Bishop Burton Monday,12 October 2026 Monday, 7 December 2026 Monday, 25 January 2027 Monday, 15 March 2027 Monday, 17 May 2027 Monday, 5 July 2027	School Bishop Burton	In-School (Primary maintained schools and rolling SLA contracts) *£400 for up to 12 attendees *£500 for up to 24 attendees In-School (no SLA contract) *£150 per attendee Additional associated costs. Team Teach Connect fee. – within the following range: £135 + VAT – £150 + VAT per setting per year determined by the number of trained staff the setting. The fee is separate from the cost of the training delivered by BST.

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Behaviour support team	**SEMH champions workshop – autumn term session** Aim – to increase understanding of SEMH needs in schools and create a supportive working group of leaders in school. Attendees will receive training that they can roll out in their schools to support universal and targeted approaches to SEMH and behaviour challenges. Attendees will have access to a network group that meets termly, offering space to discuss current needs in school and share good practice.	SEMH	SENCO, Behaviour Lead, Senior Leaders, DSL, Wellbeing Lead, Senior Mental Health Lead	TBC	TBC	Free for maintained primary settings and rolling SLA customers. Non SLA £75 per person
Humber and North Yorkshire health and care partnership (CYP trauma informed care programme)	**Attachment, Regulation and Competency (ARC) training offer 2025 – 2026** There are a range of sessions to choose from available across all six areas with on demand and online training. Please see below for further information. CYP TIC Programme Bookings – 2026 HNY CYP TIC Programme Leaflet Training Children and Young People's Trauma Informed Care Programme – Humber and North Yorkshire Health and Care Partnership	SEMH	Various	Various	Various	Free
NASEN (National Association for Special Educational Needs)	**NASEN training** Discover the latest upcoming CPD that NASEN will be hosting. We offer CPD on a wide range of topics and themes from universal teaching to high quality practice and condition specific introductions. Events listing | NASEN	SEMH	All	Various	Various	Various

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Behaviour support team	**Purposeful play** **Aim** This training package is designed to support schools in developing purposeful, high-quality play experiences during break and lunchtime, rooted in the principles of nurture. It recognises that these unstructured parts of the school day are vital opportunities for social, emotional and behavioural development, and that all children benefit from feeling safe, understood and supported in these environments. The package equips school staff with a shared understanding of nurture-based approaches and how these can be applied to playground contexts. It explores how relationships, routines and environments can be intentionally shaped to promote inclusion, emotional regulation, positive peer interactions and a sense of belonging for all pupils. **Outcome** Through a combination of theory, practical strategies and reflective activities, participants will: ▪ develop an understanding of the six principles of nurture and their relevance beyond the classroom ▪ learn how to create predictable, supportive and responsive play environments ▪ explore strategies to scaffold play, build social skills and reduce conflict ▪ identify ways to meet the needs of vulnerable pupils while maintaining inclusive provision for all. By embedding nurture-informed practice, schools can create calmer, more purposeful playtimes that support wellbeing, enhance relationships and ultimately improve engagement and readiness to learn.	SEMH	All school staff	On demand – contact your allocated Specialist Teacher	School setting	TBC

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NASEN (National Association for Special Educational Needs	**NASEN online SEND Continuing Professional Development (CPD) units** This series of online CPD units is designed to support those who work with children and young people in schools and further education settings to deliver an inclusive experience for every learner. Funded by the Department for Education, and developed in partnership with Real Group, these free-to-access units build on learning from our ambitious about inclusion modules. In all, 20 units will be released over the next two years. Units on Safety and Belonging were launched in October 2022 and have since been completed by over 1200 practitioners with consistently positive feedback. Over the next few months, we will be launching further units – check back regularly for the latest releases. Each online unit takes 20 minutes to complete and is supported by a live online networking session, facilitated by a regional SEND leader. Places are limited, so early booking is advised. Duration: 20 minutes per unit	SEMH	Staff who work with children and young people in schools and further education settings	On demand	Online Please note, you must be logged into your free NASEN or whole school SEND account to access these online units Online CPD Units | NASEN	Free
Ruth Strauss foundation schools programme	**Responding in the moment – schools training** Our fully funded training programme equipping school and education staff with the skills and confidence to support students through anticipatory grief and bereavement.	SEMH	All school staff and education professionals	On demand	Virtual Responding In The Moment: Schools Programme – Ruth Strauss Foundation	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
PAPYRUS Funded by Humber and North Yorkshire ICB	Suicide prevention training These sessions are designed for professionals working in education with children and young people across East Riding. As part of the training, participants will be introduced to Papyrus' Sinking Feeling Schools Resource, supporting the safe delivery of age-appropriate RSHE lessons for students in years 6-13. Duration: 3.5 hours	SEMH	Professionals working in education with children and young people across East Riding	Various Dates To book please use the following link East Riding of Yorkshire by England North | Eventbrite	In person	Free
NHS East Riding mental health support team	An introduction to trauma informed practice Module 1 (ER MHST Offer 1) East riding mental health support teams in schools: introductory training on trauma informed practice Duration: 1.5 hours	SEMH	Headteachers, SENCOs, pastoral leads, senior mental health leads and designated teachers	To be accessible on demand or on request from staff of MHST schools prior to completion of modules 2 and 3	Recorded webinar in development virtual or in person	Free
NHS East Riding mental health support team	The role of self-care and staff wellbeing within trauma informed practice Module 2 Duration: 1.5 hours	SEMH	Staff of MHST schools only on completion of module 1	On request	Virtual or in person	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
NHS East Riding mental health support team	**Implementing and embedding trauma informed practice in education settings** Module 3 Duration: 1.5 hours	SEMH	Staff of MHST schools only on completion of module 2	On request	Virtual or in person	Free
NHS East Riding mental health support team	**Mental Health Support Team (MHST) training sessions** Bespoke training sessions individualised to the needs of your whole school community delivered by your MHST. These training sessions are available to all MHST schools who have an Education Mental Health practitioner embedded in the school. This can include sessions on emotional health and wellbeing for the whole school with a focus on low to moderate emotional well-being needs, recognition and support/management of these in the school community. Training aims to increase emotional resilience in the school community and contribute to prevention of emotional wellbeing difficulties. Email below to log a request for training or support @ hnf-tr.eymhst@nhs.net (East Riding)	SEMH	All	As required, to be identified during school prep and plan reviews during September and July.	Either face to face in schools or via Microsoft Teams	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
SaPTS – hearing impaired team	Glue ear Understanding of glue ear, what are the signs, symptoms and how to help. Duration: 1 hour	Sensory and / or physical	Early Years Professionals, SENDCOs	Upon request	At requestors setting	Free to East Riding maintained Settings, inc. Academies, and PVI's. Independent schools and professionals – £40
SaPTS – hearing impaired team	Deaf awareness Understanding of deafness in children and young people and how to ensure full inclusion within the education setting. Duration: 1 hour	Sensory and / or physical	All staff who work within education settings	Upon request and offered annually	At requestors setting	Free to East Riding maintained Settings, inc. Academies, and PVI's. Independent schools and professionals – £40
SaPTS – hearing impaired team	Supporting pupils with motor skill development Understand more about motor skills development, the challenges pupils face if they have a physical difficulty, practical strategies and resources to support. Duration: 3 hours	Sensory and / or physical	SENDCOs, Teachers and Teaching Assistants	Monday, 16 November 2026 Monday, 8 March 2027 Tuesday, 15 June 2027 1-4pm	Virtual Email @ specialist services.HUB@ eastriding.gov.uk	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
SaPTS – physical difficulties	**Supporting pupils with handwriting difficulties** Increase knowledge and understanding of complex skills and components needed for handwriting, common difficulties, be able to identify difficulties and strategies to support. Consider alternative methods of recording Duration: 3 hours	Sensory and / or physical	SENDCOs, English / Writing Lead, Teachers and Teaching Assistants	Wednesday, 14 October 2026 Wednesday, 20 January 2027 Tuesday, 27 April 2027 1 - 4pm	Virtual Email @ specialistservices.HUB@eastriding.gov.uk	Free
SaPTS – physical difficulties	**Including pupils with physical difficulties in Physical Education (PE)** Increase knowledge and understanding of how to ensure inclusion in sports and physical activities for pupils with physical difficulties. Adapting sports day to suit all pupils. Duration: 3 hours	Sensory and / or physical	SENDCOs, PE Lead, Teachers and Teaching Assistants	Tuesday, 24 November 2026 Monday, 22 February 2027 Wednesday, 14 April 2027 1 - 4pm	Virtual Email @ specialistservices.HUB@eastriding.gov.uk	Free
SaPTS – physical difficulties	**Moving and handling – refresher** Participants must have previously attended the full induction course. Refresher should then be attended every 12 - 24 months. Duration: 3 hours	Sensory and / or physical	All school staff working with pupils who cannot physically move themselves	Tuesday, 10 November 2026 Tuesday, 23 February 2027 Tuesday, 4 May 2027 9.30am - 12.30pm	In a school TBC	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
SaPTS – physical difficulties	**Moving and handling – full induction course** It is a legal obligation that all staff who are physically supporting pupils, attend the full course initially. A refresher course must then be attended every subsequent 12-24 months. Aims of the course: ▪ understand why Manual Handling techniques are important ▪ rights and responsibilities ▪ risk assessment ▪ understand principles of manual handling good practice ▪ practice various techniques and use of basic handling equipment in your setting. Practical session may need to be booked in addition. Duration: 6.5 hours	Sensory and / or physical	All school staff working with pupils who cannot physically move themselves + SENDCo / SLT	Tuesday, 15 September 2026 Tuesday, 12 January 2027 Tuesday, 29 June 2027 9.30am-4pm	Virtual Email @ specialist services.HUB@eastriding.gov.uk	Free
SaPTS – physical difficulties	**Moving and handling awareness** ▪ Understand why Manual Handling techniques are important ▪ Rights and responsibilities ▪ Risk assessment ▪ Understand principles of manual handling good practice.	Sensory and / or physical	All staff working with pupils who need some physical support. E.g. Early Years professionals including Nursery and Pre-School, any staff supporting pupils with physiotherapy programmes or low level physical needs + SENDCo / SLT	Monday, 9 November 2026 Tuesday, 2 March 2027 Tuesday, 25 May 2027 1-4pm	Virtual Email @ specialist services.HUB@eastriding.gov.uk	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
SaPTS – physical difficulties	**PD awareness** Understanding of how physical difficulties may impact on access to the curriculum and how to support.	Sensory and / or physical	SENDCo / Teachers / TAs across all settings	On request	Virtual Email @ specialistservices.HUB@eastriding.gov.uk	Free
SaPTS – physical difficulties	**Physical difficulties team drop-in sessions** Opportunity to book 15 minute slot to discuss any potential difficulty with physical access to the curriculum. We will be able to give advice about specific difficulties, suggest support, activities and resources that may be beneficial. Pupil does not have to be on caseload to request advice. Duration: 3 hours	Sensory and / or physical	SENDCo / Teachers / TAs across all settings	Tuesday, 13 October 2026 Tuesday, 1 December 2026 Tuesday, 2 February 2027 Tuesday, 9 March 2027 Tuesday, 18 May 2027 Tuesday, 22 June 2027 1-4pm	Virtual Email @ specialistservices.HUB@eastriding.gov.uk	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
The British Psychological Society	**DECP Pre-Training information session to become an EP by the British Psychology Society** Whether you are just beginning to explore educational psychology as a career or preparing to apply for training, this event will provide the insight, inspiration and practical guidance you need to find your path into educational psychology. If you are interested in a meet and greet with the East Riding Educational Psychology Service after attending this event please give us your contact details through @ eps@eastriding.gov.uk and we will let you know about a future meet and greet during the spring or summer term. Duration 3 hours	All	psychology student, graduate, assistant psychologist, teacher, SEN professional, or considering a career change, this event is the perfect place to start.	10 October 2026 10am-1pm	Click here to book	Online Free
The Downright Special Network	**Inset training – bespoke packages can be arranged covering a variety of topics such as:** ▪ working memory ▪ curriculum access and differentiation ▪ preparing for successful transition ▪ supporting positive behaviour ▪ promoting SEMH ▪ coordination difficulties ▪ sensory Integration.	All	Teachers, support staff, SENCOs, SLT	On demand	Enquire about inset training for individual settings or trusts by contacting @ training@downright special.co.uk	Prices available on request

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Vulnerable children's education team	**Training for school governors – supporting Children Looked After (CLA) and Previously Looked After Children (PLAC)** This training explores the role of governors in relation to CLA and PLAC pupils, with a particular focus on the vital contribution of the Designated Teacher. Governors will gain insight into the Personal Education Plan (PEP) process, reporting arrangements, and the effective use of Pupil Premium Plus funding to improve outcomes. Duration: 1.5 hours	All	School governors	Thursday, 8 October 2026 from 6pm Delivered via Microsoft Teams Bookings can be made via the Improvement and Learning Service	Delivered via Teams Bookings can be made via the Improvement and Learning Service	Free
Behaviour support team	**Successful lunchtimes** This three-part programme supports lunchtime supervisors to develop effective, engaging and inclusive lunchtimes. It includes an on-site observation of lunchtime practice, a practical workshop with staff to explore key principles and develop action plans, and a follow-up session to review progress and agree next steps. The training is underpinned by the four key functions of a successful lunchtime – safety, belonging, activity and regulation – helping staff create a positive environment that supports children's wellbeing, behaviour and play.	All	Lunchtime staff/SLT	On demand – contact your allocated Specialist Teacher	School setting	Free for maintained primary settings and rolling SLA customers. Non SLA £75 per person

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
East Riding of Yorkshire Council (ERYC) learning skills and workforce development	Adult learn Find out more about schools, colleges and education and learning in the ERYC. We have information about adult education courses and advice and information about finding work. There is a section outlining the services available from East Riding of Yorkshire Council's Schools' Music Service.	All	Internal corporate ERYC staff	Various, more information can be found via the link: Learning	Various	Nil cost for ERYC staff
ERYC learning skills and workforce development	Learning and development for ERYC staff	All	Internal corporate ERYC staff	Find a course There is more information via the course finder available on the EYRC intranet	Various	Nil cost for ERYC staff
Early Years inclusion team	Portage workshop This is a certificated training course delivered by National Portage Association (NPA) accredited trainers. The Portage Workshop is an introduction to the Portage Approach to working with children with additional needs and their families. Central to the course are the 'Portage Principles' and the 'Three Circle Model of Portage'. The NPA has set standards for minimum workshop content and length. The workshop has a core curriculum consisting of seven modules and must last a minimum of 2 full days plus a follow up session. The workshop is designed to support parents who have children that are being supported by Portage, and practitioners working with children, to help support their learning and development and to understand the strategies and principles used by Portage workers. Duration: three day course. 6.5 hours per day	All (pre-school aged children)	▪ SENCOs ▪ Parents/carers ▪ Early Years practitioners (PVI and maintained) ▪ Portage workers ▪ Health practitioners within Early Years ▪ EP's ▪ Childminders ▪ Family Hub practitioners	Day one: Thursday, 8 October 2026 at 9.30am - 4pm Day two: Thursday, 5 November 2026 9.30am - 4pm Day three: Thursday, 3 December 2026 9.30am - 4pm	Hexagon Music Centre, Coltman Avenue, Beverley HU17 9LP	Free for those who work within ERYC or at an East Riding school/setting

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
IPSEA	**Special educational needs and disability law** Comprehensive range of training looks in detail at the scope of special educational needs and disability law. You can book onto upcoming 'book a place' training events and learn more about the standard and bespoke training packages available for commission. Modular self paced online courses are also available to purchase for immediate access. SEND law training for parent groups, schools and charities.	All	Parent groups, schools and charities	Various	Online learning and in person	Cost varies
Community Vision	**Buddying Opens Opportunities, Skills and Training (BOOST) by Community Vision** Promoting, developing and supporting voluntary activity within your community.	All	All	On demand	Virtual (eLearning) BOOST Training – eLearning Training Courses	Cost varies
East Riding Safeguarding Children Partnership	**ERSCP learning and improvement program 2026** Please book through the below document: You will be required to log in or create an account. EVENT FLYER ERSCP L&I Programme F2F and Virtual 2026 updated Feb 26 – to be replaced by this link on page 37 – Adobe cloud storage	All	All	Various	Various	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
ISPHN 0-19 school nursing team	**NHS school nursing team training sessions** Bespoke training sessions individualised to the needs of your school community delivered by your NHS school nursing team. This can include sessions on health, wellbeing and school readiness email below to log a request for training or support: @ hnf-tr.isphnspoc@nhs.net	All	All	As required, to be identified during school health needs assessments in September/ October.	Either face to face in schools or via Microsoft Teams	Free
East Riding 0-19 ISPHNS	**Introduction to service** This session introduces the universal 0-19 service offer delivered by School Nurses and Health Visitors, including and introduction to the Healthy child programme mandated core contacts. It will cover the core principles of the universal offer, with a focus on early intervention and prevention to support children, young people, and families, alongside additional service offers from the 0-19 service and routes to access. Duration: 1 hour	All	All	As required	Virtual or in person	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
East Riding 0-19 ISPHNS	**UNDER DEVELOPMENT – healthy bladder and bowel update training** This session will cover the essentials of bladder and bowel health, including toilet training advice and support. Topics include understanding normal patterns, promoting healthy habits, and guidance on where to access further support. The session will also include how 0-19 services can support with toilet training, healthy bladder and bowels, and enuresis.	All	Professionals	As required	Virtual or in person	Free
East Riding 0-19 ISPHNS	**Infant feeding – joint training delivered with East Riding (ER) local authority** Annual Infant feeding update mandatory training for all staff who have previously completed Level 2 and 3 training Provides staff with the latest evidenced based information to be able to support parents in relation to optimal feeding practices for their infants, that is aligned with the UNICEF BFI Standards. Supports sustainability in term of our gold joint accreditation. Duration: 3 hours	All	Professionals	Delivered annually	In person	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
East Riding 0-19 ISPHNS	**Infant feeding – joint training delivered with ER local authority** Level 3 Breastfeeding and relationship Building Training The UNICEF UK Baby Friendly breastfeeding and relationship building training is mandatory and must be completed within six months of been in post or if not previously completed. It does not need to be repeated. It focuses on equipping staff with the knowledge and skills to support mothers and families in developing close, loving relationships with their babies, while also protecting, promoting, and supporting breastfeeding. Develops a clear understanding of the UK BFI Initiative standards and how we implement this within our services. Supports sustainability in term of our Gold accreditation Duration: two days	All	Professionals	Delivered annually	In person	Free
East Riding 0-19 ISPHNS	**Safer sleep training – joint training delivered with ER local authority** This training is mandatory for all staff and must be completed every three years. The training ensures staff are aware of current evidenced based information regarding safer sleeping practices to enable them to support families in making the safest possible choices for themselves and their babies. The training identifies what is meant by safer sleep and the rationale for current practice Identifies risk factors to SIDs, discusses national statistics and local context. It is intended to equip staff with the knowledge and skills to enable staff to have important conversations with families around safer sleeping. Duration: 3 hours	All	Professionals	Delivered in person three yearly and MST annually	Virtual or in person	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Humber and North Yorkshire integrated care board	**Partnership for Inclusion of Neurodiversity in Schools (PINS)** The PINS project is a national initiative. It focuses on helping schools better identify and address the needs of neurodivergent pupils while strengthening partnerships between parents, carers, and educational institutions. You can access the training on the link below PINS Training – Humber TCP	All	Professionals	Delivered annually	In person	Free
Corporate policy team	**Armed Forces Covenant Duty eLearning** This eLearning provides an overview of the Armed Forces Covenant and public sector bodies' (including schools) obligations in relation to the statutory duty. It also outlines some of the challenges facing the Armed Forces community, including the potential impacts on children and young people's emotional wellbeing and education, particularly so for those service children with SEND. Duration: 30-45 minutes	All	All school staff including ELSAs	On demand Access to the eLearning can be requested by emailing elearning@eastriding.gov.uk Please note: Each member of staff will receive an individual link to the eLearning. Reports on completion rates for individual schools can be requested by emailing emma.thompson@eastriding.gov.uk	Virtual or in person	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Safeguarding in education team	**DSL training (new)** Designated Safeguarding Lead training for new DSLs/ DDSLs. EYFS DSL/DDSL included. Valid for three years.	All	DSL*	Tuesday, 29 September 2026 Tuesday, 26 January 2027 Tuesday, 20 April 2027 9am-12.30pm	Virtual/ Microsoft Teams	£30
Safeguarding in education team	**DSL training (refresher)** Refresher training for DSLs. Prior completion of DSL Training (new) required. EYFS DSL/DDSL included. Valid for three years. *Please note – this course builds upon the DSL training (new), which must have been completed, prior to this 'refresher' training.*	All	DSL	Wednesday, 30 September 2026 Wednesday, 27 January 2027 Wednesday, 21 April 2027 9-11.30am	Virtual/ Microsoft Teams	£30
Safeguarding in education team	**Designated safeguarding governor training** Safeguarding training for designated safeguarding governors. Valid for three years.	All	DSG	Tuesday, 17 November 2026 Thursday, 25 February 2027 Wednesday, 28 April 2027 6-8pm	Virtual/ Microsoft Teams	SLA £75/ Non-SLA £10

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Safeguarding in education team	**Inappropriate sexual behaviour(s), sexual harassment and sexual violence** Training for DSLs focusing on inappropriate sexual behaviours, sexual harassment and sexual violence.	All	DSL*	Tuesday, 6 October 2026 Wednesday, 3 February 2027 Wednesday, 9 June 2027 9.15am - 1pm	Virtual / Microsoft Teams	£30
Safeguarding in education team	**Safer recruitment** Safer recruitment training. Minimum one trained staff member is required on interview panels. Certification valid for three years. (two days).	All	SLT, Governors and staff involved in recruitment	Tuesday, 13 October 2026 Wednesday, 14 October 2026 Tuesday, 16 February 2027 Wednesday, 17 February 2027 Tuesday, 11 May 2027 Wednesday, 12 May 2027 9am - 12.30pm	Virtual / Microsoft Teams	£45
Safeguarding in education team	**DSL annual briefing / training session** Annual safeguarding briefing and update session for DSLs and DDSLs.	All	DSL / DDSL*	July 2027 9am - 1pm	Virtual or in person	Book via Here for Schools (Virtual) or SiET inbox (in person)

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Safeguarding in education team DSL/DDSL/HT	**Annual internal safeguarding and CP training (inset training day(s))** Annual safeguarding and child protection training delivered through school arrangements. Duration of course: school determined	All	All staff	Annual	School arrangements	School arrangements
Delivering better value team	**Courses provided:** ▪ Engage in learning ▪ Paired reading ▪ Precision teaching ▪ Development Language Disorder (DLD) ▪ Room acoustics: creating sound aware spaces ▪ Trauma, attachment and ACEs in the classroom ▪ Developing early communication skills ▪ An introduction to attention difficulties and strategies to support needs in the classroom.	All	SENCOs, class teachers, senior leaders, support staff	eLearning on request	Email @ eryctraining.support@eastriding.gov.uk for access	Free
ILS	**SENCO induction** Sessions for new to role SENCOs Duration: 2.5 hours (six sessions over the year)	SENCO	New to role SENCOs	Monday, 14 September 2026 Monday, 23 November 2026 Monday, 11 January 2027 Monday, 1 March 2027 Monday, 26 April 2027 Monday,7 June 2027 9.30am - 12 noon	Virtual (Microsoft Teams)	£253 for all six sessions

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
ILS	SENCO forum Duration: 3.25 hours	SENCO	Headteachers and SENCOs	Tuesday, 6 October 1.15am - 4.30pm	Lazaats	£10
Specialist services	SENCo engagement group A group of SENCos have volunteered to work in partnership with the local authority to consult and coproduce developments in specialist services and other related SEND and inclusion services. Duration: 1.5 hours	SENCO	SENCOs	Half termly group meetings: Friday, 18 September 2026 9.15 - 11am Friday, 13 November 2026 9.15 - 11am Tuesday, 19 January 2027 3.30 - 5pm Friday, 9 April 2027 9.15 - 11am Friday, 18 June 2027 9.15am - 11am To volunteer to be part of the SENCo engagement group and added to the meeting invites, please email: @ eps@eastriding.gov.uk	Virtual (Microsoft Teams)	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Vulnerable children's education team	**Training for Designated Teachers** In this session we will focus on the statutory duties of the Designated Teacher. This session will focus on: ▪ the statutory role and responsibilities of the Designated Teacher ▪ promoting educational achievement and aspirations ▪ supporting high quality Personal Education Plans ▪ effective use and monitoring of Pupil Premium Plus ▪ updates from the Virtual School. Duration: 3 hours (half day)	Designated Teacher	Designated Teachers who are new to the role or those supporting the Designated Teacher in their settings	Wednesday, 21 October 2026 from 9am - 12.15pm Places can be booked via Here for Schools hereforschools.co.uk/T305719	Beverley	Free
Emotional wellbeing and mental health leads from across East Riding LA and Humber NHS/ CAMHS	**Senior Mental Health Lead training** An opportunity for the designated Senior Mental Health Lead (SMHL) in schools to meet and benefit from a range of activities – including: ▪ gain a shared increased understanding of the role ▪ share experiences and reflect upon practices, ideas, knowledge and skills ▪ hearing from other professionals/guest speakers to support the role of the SMHL ▪ opportunities to find out about/discuss/share the most up to date research/guidance/practices. Duration: 1.5 hours	Senior Mental Health Leads	Senior Mental Health Lead in school/ college/senior leadership/ SENCO	Tuesday, 8 December 2026 1.30 - 3pm Tuesday, 20 April 2027 1.30 - 3 pm Tuesday, 22 June 2027 1.30 - 3pm To be booked via Here for Schools	Virtual (Microsoft Teams)	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Communication and interaction specialists	**Understanding autism** During this seminar, we will introduce autism, with a focus on the following: ▪ Key difficulties and differences of autism ▪ How and why autism affects social communication ▪ How we can support the development of communication skills and strategies. Duration: 2.5 hours	Parents/ carers	Parents/ carers	Thursday, 22 October 2026 10am - 12.30pm To be booked via @ eps@eastriding.gov.uk	Cameron Room, Keldmarsh Primary School, Beverley TBC	Free
Communication and interaction specialists	**Autism and emotional regulation – seminar for parents/carers** Through this seminar we will discuss and explore: ▪ Autism and 'big' emotions (anger and anxiety) ▪ internalising and externalising ▪ using a low arousal approach ▪ coping with 'meltdowns' ▪ helping children to manage big feelings and emotions. Duration: 2.5 hours	Parents/ carers	Parents/ carers	Thursday, 4 February 2027 10am - 12.30pm To be booked via @ eps@eastriding.gov.uk	Cameron Room, Keldmarsh Primary School, Beverley TBC	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Communication and interaction specialists	Autism and sensory needs Through this seminar we will: ▪ introduce sensory processing ▪ discuss sensory processing differences in children with autism How we can help children with their sensory needs. Duration: 2.5 hours	Parents/ carers	Parents/ carers	Thursday, 15 April 2027 10am - 12.30pm To be booked via eps@eastriding.gov.uk	Cameron Room, Keldmarsh Primary School, Beverley TBC	Free
Family help team	Togetherness (previously the Solihull Approach) 16 online courses that parents/grandparents/carers etc can access free of charge if they live in the East Riding. There are also two courses specifically for teenagers to complete themselves. Courses are designed by NHS Psychologists. 3 courses are also available for professionals around brain development, trauma and attachment. Duration: Varies as they are self-paced professional courses equate to 3.75 hours of CPD	Parents/ carers	Parents/ carers young people professionals	On demand Free online learning for parents and carers	Various	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Sensory processing service	Introduction to sensory processing	Parents/ carers	Parents/ carers	Dates on Sensory Processing Hub Website under training connect.humber.nhs.uk/service/humber-sensory-processing-hub/training/	Online	Free
East Yorkshire parent carer forum	Cuppa and Chat Join Us for a Casual Cuppa and Chat! We invite you to come and enjoy a relaxed and informal cuppa while engaging in conversation. with other like-minded parents and carers of children and young people with SEND as well as representatives from the EYPCF, LA and Health.	Parents/ carers	Parents/ carers	Tuesday, 15 September 2027 10am-12 noon at Beverley Enterprise Centre Wednesday, 16 September 2027 11.30am-1pm at Christ Church Family Hub, Bridlington Friday, 18 September 2027 11am-12.30pm at The Junction, Goole Friday, 25 September 2027 10am-12noon at 1 Newbegin, Hornsea To book, please use the following link eypcf.co.uk/events	In person	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
The school and community team	**Community parent drop-in sessions** If you have concerns or questions about family life, pop in and talk to a member of our family help school and community team. They can listen, offer advice and help you find the right support.	Parents/ carers	Anyone who cares for a child or young person up to the age of 19, or up to 25 for young people with SEND. This includes parents, foster carers and grandparents.	Various dates and locations – no need to book Find a session or activity	In person	Free
Parent carer forum	**Preparing for adulthood workshop** The workshops will focus on one of the four areas of PfA as set out in EHCP's. There are five workshops in total with one being for the VCSE's. Duration: 4 hours	Parents/ carers	Parents and carers predominantly but professionals are welcome	Monday, 5 October 2026 10am - 2pm	The Feathers Inn, Pocklington	Free
Parent carer forum	**Preparing for adulthood workshop** The workshops will focus on one of the four areas of PfA as set out in EHCP's. There are five workshops in total with one being for the VCSE's. Duration: 4 hours	Parents/ carers	Parents and carers predominantly but professionals are welcome	Tuesday, 13 October 2026 10am - 2pm	St Nicholas Community Hall, Hornsea	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Parent carer forum	Preparing for adulthood workshop The workshops will focus on one of the four areas of PfA as set out in EHCP's. There are five workshops in total with one being for the VCSE's. Duration: 4 hours	Parents/ carers	Parents and carers predominantly but professionals are welcome	Wednesday, 21 October 2026 10am - 2pm	Beverley Enterprise Centre, Beverley	Free
Parent carer forum	Preparing for adulthood workshop The workshops will focus on one of the four areas of PfA as set out in EHCP's. There are five workshops in total with one being for the VCSE's. Duration: 4 hours	Parents/ carers	Parents and carers predominantly but professionals are welcome	Friday, 6 November 2026 10am - 2pm	The Front Room, Members Pavillion, Driffield Showground, Driffield.	Free
Parent carer forum	Preparing for adulthood workshop The workshops will focus on one of the four areas of PfA as set out in EHCP's. There are five workshops in total with one being for the VCSE's. Duration: 4 hours	Parents/ carers	Parents and carers predominantly but professionals are welcome	Thursday, 12 November 2026 10am - 2pm	TBC	Free

What's coming up

(click on the training course to discover more information)

DATE	TRAINING COURSE	AREA OF SEND
SEPTEMBER		
Monday, 14	SENCo induction	SENCo
Tuesday, 15	Moving and handling – full induction course	Sensory and/or physical
Friday, 18	SENCo engagement group	SENCO
Tuesday, 29	DSL training (new)	All
Wednesday, 30	Introduction to working with children with Down Syndrome	C&L
Wednesday, 30	DSL training (refresher)	All
OCTOBER		
Thursday, 1	Introduction to working with children with Down Syndrome	C&L
Monday, 5	Preparing for adulthood workshop	Parents/carers
Tuesday, 6	Inappropriate sexual behaviour(s), sexual harassment and sexual violence	All
Tuesday, 6	SENCo forum	SENCo
Thursday, 8	Training for school governors – supporting Children Looked After (CLA) and Previously Looked After Children (PLAC)	All
Thursday, 8	An introduction to emotionally based school avoidance	SEMH
Thursday, 8	Portage workshop	All
Saturday, 10	DECP Pre-Training information session to become an EP by the British Psychology Society	All
Monday, 12	Team teach basic our positive behaviour management level one	SEMH
Tuesday, 13	Self-Regulated Strategy Development (SRSD)	C&L
Tuesday, 13	Physical difficulties team drop-in sessions	Sensory and/or physical
Tuesday, 13	Safer recruitment	All
Tuesday, 13	Preparing for adulthood workshop	Parents/carers

DATE	TRAINING COURSE	AREA OF SEND
Wednesday, 14	Supporting pupils with handwriting difficulties	Sensory and/or physical
Wednesday, 14	Safer recruitment	All
Thursday, 15	An introduction to autism – session 1 (theory)	C&I
Wednesday, 21	Training for Designated Teachers	Designated Teacher
Wednesday, 21	Preparing for adulthood workshop	Parents/carers
Thursday, 22	An introduction to autism – session 2 (strategies)	C&I
Thursday, 22	Understanding Autism	Parents/carers
NOVEMBER		
Thursday, 5	Developmental language disorder	C&L
Thursday, 5	Portage workshop	All
Friday, 6	Preparing for adulthood workshop	Parents/carers
Monday, 9	Moving and handling awareness	Sensory and/or physical
Tuesday, 10	An introduction to relational practice	SEMH
Tuesday, 10	Moving and handling – refresher	Sensory and/or physical
Wednesday, 11	Core curriculum: developing language and reading, including see and learn and colourful semantics	C&L
Wednesday, 11	Numicon/maths for life	C&L
Wednesday, 11	Literacy difficulties	C&L
Thursday, 12	Preparing for adulthood workshop	Parents/carers
Friday, 13	SENCo engagement group	SENCO
Monday, 16	Supporting pupils with motor skill development	Sensory and/or physical
Tuesday, 17	Designated safeguarding governor training	All
Wednesday, 18	Maths difficulties	C&L
Monday, 23	SENCo induction	SENCo

DATE	TRAINING COURSE	AREA OF SEND
Tuesday, 24	Including pupils with physical difficulties in PE	Sensory and/or physical
	DECEMBER	
Tuesday, 1	Physical difficulties team drop-in sessions	Sensory and/or physical
Wednesday, 2	Growing, changing and keeping safe	SEMH
Thursday, 3	Portage workshop	All
Monday, 7	Team teach basic our positive behaviour management level one	SEMH
Tuesday, 8	Supporting children and young people through loss and bereavement	SEMH
Tuesday, 8	Senior Mental Health Lead training	Senior Mental Health Leads
Tuesday, 8 and Thursday, 10 December	Youth Mental Health First Aider® (YMHFA) – two day	SEMH
Wednesday, 9	Demystifying demand avoidance in the context of school	C&I

TRAINING COURSE	AREA OF SEND
ON DEMAND	
An introduction to attentional difficulties and strategies to support needs in the classroom	C&L
Precision teaching	C&L
Paired reading	C&L
A range of autism related training courses	C&I
Executive functioning; skills for success.	SEMH
What lies beneath	SEMH
Supporting unmet needs	SEMH
Purposeful play	SEMH
ELSA supervision	SEMH

TRAINING COURSE	AREA OF SEND
Emotion coaching	SEMH
NASEN online SEND Continuing Professional Development (CPD) units	SEMH
Responding in the moment – schools training	SEMH
An introduction to trauma informed practice	SEMH
The role of self-care and staff wellbeing within trauma informed practice	SEMH
Implementing and embedding trauma informed practice in education settings	SEMH
MHST (MHST) training sessions	SEMH
Glue ear	Sensory and/or physical
Deaf awareness	Sensory and/or physical
PD awareness	Sensory and/or physical
Successful lunchtimes	All
BOOST (Buddying Opens Opportunities, Skills and Training) by Community Vision	All
NHS school nursing team training sessions	All
Introduction to service – East Riding 0-19 ISPHNS	All
UNDER DEVELOPMENT – healthy bladder and bowel update training	All
Armed Forces Covenant Duty eLearning	All
Courses provided by the delivering better value team	All
The Downright Special Network – bespoke packages	All
Togetherness (previously the Solihull Approach)	Parents/carers
VARIOUS	
Royal College of Speech and Language Therapists (RCSLT) – the box	C&L
Royal College of Speech and Language Therapists (RCSLT) – mind your words	C&L
Speech and language UK	C&L

TRAINING COURSE	AREA OF SEND
An introduction to supporting the needs of children and young people who have experienced trauma	SEMH
ARC (Attachment, Regulation and Competency) training offer 2025 – 2026	SEMH
NASEN training	SEMH
Suicide prevention training	SEMH
Special educational needs and disability law	All
ERSCP learning and improvement program 2026	All
Infant feeding – joint training delivered with East Riding (ER) local authority	All
Infant feeding – joint training delivered with ER local authority – breastfeeding	All
Safer sleep training – joint training delivered with ER local authority	All
Partnership for Inclusion of Neurodiversity in Schools (PINS)	All
Annual internal safeguarding and CP Training (inset training day(s))	All
ERYC adult learn	All
Learning and development for ERYC Staff	All
Introduction to sensory processing	Parents / carers
Cuppa and Chat	Parents / carers
Community parent drop-in sessions	Parents / carers
TBA	
SEMH champions workshop – autumn term session	SEMH
Full emotional literacy support assistants (ELSA) training	SEMH
ELSA supervision for secondary schools	SEMH