



HAF

Holiday Activities & Food



Wish you were here

2026 summer holiday activity programme



SCAN ME



EAST RIDING
OF YORKSHIRE COUNCIL



Department
for Education

Welcome to the Holiday Activities and Food (HAF) programme



There's lots of funded activities available for children and young people aged 4-16 years who attend an East Riding school in the summer holidays. Why not burn off some energy on our sports, dance and football camps, or relax at our farm and craft experiences? You could also learn a new skill by taking part in outdoor adventure, cooking or storytelling workshops. Plus, there's glow sports, boccia, caving and den building for pupils with SEND.

Funded and paid places are available on all HAF programmes in 2026-2027. Children and young people are eligible for funded places if they are in receipt of benefits related free school meals or council tax support and attend an East Riding school. Your child can attend up to sixteen sessions for free during the summer holidays with a meal provided at each event.

All activities are located in one place, so sign up to eequ.org/eastridinghaf and book your activities.

Be a part of HAF and enjoy making memories



New to HAF this summer!

- STEM activities
- Cricket
- Sports leadership award
- Axe throwing
- Holistic therapies



Parents and carers can request activity places on EEQU our centralised booking system. Your booking request will be shown as 'waiting approval' and you will receive email notification when bookings have been confirmed. If you experience any problems with the eligibility checks, please email: [@haf@eastriding.gov.uk](mailto:haf@eastriding.gov.uk) If you have a query about any of the programmes, please contact the provider directly. Details can be found on their EEQU listing.

All about HAF

Is my child eligible for a funded place on the HAF programme?

Just give us a call on ☎ (01482) 394799. Have your national insurance number or asylum seeker number ready, and we'll check if your child qualifies for benefits related free school meals.

My child gets free school meals in foundation, year 1 and year 2 – can they join HAF?

While all younger children get universal free meals, funded places are only for families receiving certain benefits (like universal credit with income under £7,400, income support, etc), so it depends on your circumstances – we're happy to help check!

Do I have to book all sixteen sessions with the same provider?

Not at all, you can mix and match sessions from different providers. Your child might enjoy a particular activity, or the location might be close to where you live.

Will my child receive a free meal at each session?

Yes, all providers strive to offer a hot meal, but cold options may be available instead. Please speak to the provider about meal choices and inform them of any allergies or intolerances.

What if my child is unwell or can't make it to a session?

No problem, just let the provider know as soon as you can and cancel your booking on EEQU on your schedule page. If your child misses a few sessions without telling them, the provider is likely to cancel future bookings to give other children a chance, especially if there's a waiting list.

What if it looks like all places are fully booked?

Don't worry, there's still hope! All sessions will have waiting lists and everyone will be contacted if a space become available.

My child has special educational needs and disabilities (SEND), can they attend HAF sessions?

HAF sessions are open to everyone but they aren't specifically designed for SEND. The delivery partners are happy to make reasonable adjustments to help children and young people feel comfortable and included. If your child has specific needs that may require adjustments, please let the providers know in advance so they can work with you to create the best supportive environment possible. Please ensure that your EEQU registration form is also kept up to date.

What happens if the support in place isn't enough for my child?

If your child needs extra help and the adjustments aren't quite enough, please speak to the provider about accompanying your child to the sessions. Some may allow a parent or carer to stay and support their child – especially if you arrange it in advance. Each provider has different rules and insurance policies. Some are happy for you to stay, others might need a DBS check, and a few may not be able to accommodate your request. The most important thing is to ask first – please don't just turn up on the day. A quick call or email can help make sure everything runs smoothly for you and your child. Please note that HAF providers are not CQC registered and cannot offer personal care. If the provider(s) have additional staff available or your child receives direct payments, please email:

@ haf@eastriding.gov.uk to request additional support before **Friday, 10 July**. Unfortunately, if neither option is available, we are unable to offer one-to-one support during this holiday season.

Can siblings of a child with SEND attend specific SEND programmes?

Please contact the provider to determine whether it would be suitable for brothers and sisters to attend the session too. Don't forget to search for family activities via the local offer at:

eastridinglocaloffer.org.uk

My child isn't comfortable attending sessions on their own, can a friend come too?

Yes, paid places are now available on all HAF programmes so all children and young people can attend the activities together in the holidays.

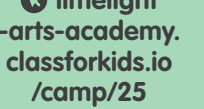
HAF Summer Holiday Programme

Key			
Primary school aged activities	Secondary school aged activities	Mixed aged activities	New to your area 

Area		Activities	Ages	How to book a funded place	How to book a paid place
	Aldbrough	Enjoy archery, multi-sports, team building, dodgeball, cricket, Kinball, crafts and challenges with the East Riding Active Communities Team.	7 - 12 years	 eequ.org /eastridinghaf	 (01482) 395320
	Anlaby	Step into a world of fun with storytelling, drama workshops and imaginative crafts that spark creativity and bring stories to life with Debutots.	4 - 10 years	 eequ.org /eastridinghaf	 bookthatin.com /link/Summer Camp2026
	Anlaby	Be part of a holiday club enjoying dodgeball, treasure hunts, bouncy castle, archery, science challenges, football and forest school with Total Sports.	5 - 12 years	 eequ.org /eastridinghaf	 enquiries@ totalsportslimited. co.uk
	Anlaby	Bursting with energy, the camps are filled with dodgeball, dance, football, team challenges and scootball with First Step Sports Group.	4 - 12 years	 eequ.org /eastridinghaf	 booking. firststep-sports. co.uk/dept/5160
	Anlaby	Develop your football skills, take part in matches and become 'Baller of the Week' with Ballers Soccer Academy.	4 - 12 years	 eequ.org /eastridinghaf	 booking. firststep-sports. co.uk/dept/5160
	Beverley	Become a chef with this pizza making workshop. Develop your cooking skills and finish with biscuit decorating and summer crafts with East Riding Family Hubs.	4 - 11 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Beverley	Brand-new inclusive holiday club loaded with fun games, sports, playful activities, arts and crafts and teamwork challenges with The Buzz Hub Collective.	5 - 11 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Beverley	Develop your football skills, take part in matches and become 'Baller of the Week' with Ballers Soccer Academy.	4 - 12 years	 eequ.org /eastridinghaf	 booking. firststep-sports. co.uk/dept/5160
	Beverley	Get creative with drama, creatives writing and crafts this summer with The Wollstonecraft Society. All creations will be displayed as part of the Wollstonecraft Festival of Rights and Creativity.	5 - 12 years	 eequ.org /eastridinghaf	 admin@ wollstonecraft society.org
	Beverley	Fancy baking, making crafts and playing sports then join The Cherry Tree Community Centre this summer. Join the team for an extra special girls' programme: The girl I want to be.	10 - 16 years	 (01482) 871993	 (01482) 871993
	Beverley	Try clay modelling, dodgeball, air hockey, jewellery-making, football and crafts with this jam-packed summer programme with the staff and volunteers at St. Mary's Church.	5 - 16 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Bilton	Enjoy archery, multi-sports, team building, dodgeball, cricket, Kinball, crafts and challenges with the East Riding Active Communities Team.	7 - 12 years	 eequ.org /eastridinghaf	 (01482) 395320
	Brandesburton	Become a star in learning songs, dancing to great choreography and perform as part of a summer pantomime production with Limelight Arts Academy.	5 - 16 years	 eequ.org /eastridinghaf	 limelight -arts-academy. classforkids.io/cms/ camps/register/20/ week/25

	Area	Activities	Ages	Organisation	Contact details (if you are not able to book online)
	 Bridlington	Come and have fun with cricket. Whether you're a keen batsman or have never played before, enjoy fun drills and games with Bridlington Cricket Foundation.	6 - 13 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	 Bridlington	Gain a sports coaching qualification to become a sports leader. Learn and practice your skills with experienced coaches with Bridlington Cricket Foundation.	12 - 16 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	 Bridlington	Bursting with activities from music to acting, STEM to wellbeing activities, Fuse Youth Service has it all.	11 - 16 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	 Bridlington	Brand-new inclusive holiday club loaded with fun games, sports, playful activities, arts and crafts and teamwork challenges with The Buzz Hub Collective.	5 - 11 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	 Bridlington	Get creative with story telling, creative writing and work with professional artists with the Wollstonecraft Society. All creations will be displayed as part of The Wollstonecraft Festival of Rights and Creativity.	5 - 16 years	 eequ.org /eastridinghaf	 admin@ wollstonecraft society.org
	Bridlington	Escape room challenges, crafty creations, obstacle courses and sports... not forgetting dodgeball battles with Flying Futures.	5 - 11 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Bridlington	Become a chef with this pizza making workshop. Develop your cooking skills and finish with muffin making, biscuit decorating and summer crafts with East Riding Family Hubs.	4 - 11 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Bridlington	Skate at our Rolla Disco, bounce on our giant inflatable obstacle course and there's a race against the clock in our summer escape room with Bridlington Club for Young People.	10 - 16 years	 eequ.org /eastridinghaf	 bridlingtoncyp .org
	Bridlington	From beach days and glow parties, nature walks to excursions – there's something for everyone with Bridlington Quay.	4 - 16 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Bridlington	Grab your trainers and be part of a fun football programme filled with drills, skills and plenty of games with Bridlington Soccer School.	4 - 12 years	 eequ.org /eastridinghaf	 bridlington-ss. classforkids.io
	Bridlington	Learn horse and pony care and enjoy a countryside trek. Join a grooming competition and take part in crafts with Woldgate Trekking and Livery Centre.	6 - 16 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Bridlington	Enjoy science experiments, water-friendly challenges, balloon rockets, sports, STEM activities, crafts and excursions with Genius Tuition.	5 - 16 years	 eequ.org /eastridinghaf	 enquiries@ geniustuition.uk
	Bridlington	Conquer The Edge Aerial Adventure high and low rope assault course and enjoy some outdoor adventure too with the East Riding Active Communities Team. Minimum high 1.4 meters.	8 - 13 years	 eequ.org /eastridinghaf	 (01482) 395320
	Burstwick	Enjoy archery, multi-sports, team building, dodgeball, cricket, kinball, crafts and challenges with the East Riding Active Communities Team.	7 - 12 years	 eequ.org /eastridinghaf	 (01482) 395320

	Area	Activities	Ages	Organisation	Contact details (if you are not able to book online)
	Cottingham	Become a chef with this pizza making workshop. Develop your cooking skills and finish with biscuit decorating and summer crafts with East Riding Family Hubs.	4 - 11 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Cottingham	Join our 2-day performing arts camp with dance routines from your favourite musicals, street dance routines, crafts, and a show-stopping performance with Flex Dance.	5 - 12 years	 eequ.org /eastridinghaf	 07921 222710
	Driffield	Experiment with magnets, pixel art and coding together with comic book creations, digital art, large-scale track building and navigation challenges with Kip McGrath.	6 - 16 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Driffield	Bring your creativity for art and crafts, and STEAM activities, such as t-shirt design, ceramic painting, junk modelling, themed crafts plus outdoor play and much more with The Creation Station.	4 - 11 years	 eequ.org /eastridinghaf	 portal.thecreationstation.franscape.io
	Driffield	Dive into zorb football, swimming, cricket, tennis, glow sports, and more with East Riding Leisure. Water sports are optional but awesome!	8 - 14 years	 eequ.org /eastridinghaf	 (01377) 257480
	Driffield	Become a chef with this pizza making workshop. Develop your cooking skills and finish with muffin making, biscuit decorating and summer crafts with East Riding Family Hubs.	4 - 11 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Goole	Be part of World Cup fever and enjoy a fun football programme filled with drills, skills and plenty of games with SK Community Trust.	5 - 11 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Goole	Become a DJ, paint with an international grafitti artist, learn KPOP routines and make radio soundwaves on this exciting programme with Goole Town Council.	5 - 12 years	 eequ.org /eastridinghaf	 junctiongoole.co.uk
	Goole	Bursting with energy, the camps are filled with dodgeball, dance, football, team challenges and scootball with First Step Sports Group.	4 - 12 years	 eequ.org /eastridinghaf	 info@firststep-sports.co.uk
	Goole	Become a chef with this pizza making workshop. Develop your cooking skills and finish with muffin making, biscuit decorating and summer crafts with East Riding Family Hubs.	4 - 11 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Goole	Get ready for double fun with sport and rugby coaching. Skills, drills, matches, daily awards and a festival-style finale with Goole Vikings.	6 - 14 years	 eequ.org /eastridinghaf	 buytickets.at /goolevikings
	Goole	Enjoy science experiments, water-friendly challenges, balloon rockets, sports, STEM activities, crafts and excursions with Genius Tuition.	5 - 16 years	 eequ.org /eastridinghaf	 enquiries@geniustuition.uk
	Hedon	Join us for swimming, baking, forest schools, crafts and sport. Pupils are welcomed from all East Riding schools with Inmans Primary School.	5 - 11 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Hedon	Go goat walking, feed and learn about the farm animals, cuddle rabbits and enjoy a nature walk with Little Haven Farm.	4 - 16 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Hessle	Filled with playful games and calming activities, enjoy sensory fun, scooter boards, crafts and obstacle courses with Connect Specialist Therapy.	7 - 14 years	 eequ.org /eastridinghaf	 info@connect-specialisttherapy.co.uk

	Area	Activities	Ages	Organisation	Contact details (if you are not able to book online)
	Hessle	Join our two day performing arts camp with dance routines from your favourite musicals, street dance routines, crafts, and a show-stopping performance with Flex Dance.	5 - 12 years	 eequ.org /eastridinghaf	 07921 222710
	Hornsea	Enjoy archery, multi-sports, team building, dodgeball, cricket, Kinball, crafts and challenges with the East Riding Active Communities Team.	7 - 12 years	 eequ.org /eastridinghaf	 (01482) 395320
	Hornsea	Get creative with story telling, creative writing and work with professional artists with the Wollstonecraft Society. All creations will be displayed as part of The Wollstonecraft Festival of Rights and Creativity.	5 - 16 years	 eequ.org /eastridinghaf	 admin@wollstonecraftsociety.org
	Hornsea	Love Nerf challenges? Come and play with us. A programme full of active games including football, hockey, ultimate frisbee together with crafts and team challenges with Youth Player Development.	4 - 14 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Hornsea	Whip up seaside treats which are perfect for sharing or eating and create handmade crafts to take home with Amy's Cookery Academy.	5 - 16 years	 eequ.org /eastridinghaf	 limelight-arts-academy.classforkids.io /camp/25
	Hornsea	Take part in an italian inspired workshops with hands on cooking from scratch including lasagne and tiramisu with Amy's Cookery Academy.	9 - 16 years	 eequ.org /eastridinghaf	 limelight-arts-academy.classforkids.io /camp/24
	Howden	Escape room challenges, crafty creations, obstacle courses and sports... not forgetting dodgeball battles with Flying Futures.	5 - 11 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Howden	Get outdoors with campfire cooking, bushcraft, den building, mud painting, slack lines, giant bubbles and outdoor play with In the Canopy.	4 - 12 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Howden	Brush, groom and ride a horse or pony on this unique experience complete with nature walks and pony crafts with Howden Community Stables.	4 - 12 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Howden	Brush, groom and ride a horse or pony on this unique experience complete with nature walks specifically for teens with Howden Community Stables.	12 - 16 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Hull	Join our two day street dance camp performing to popular music artists. Whether you are new to dancing or experienced, everyone will create a show-stopping performance with Flex Dance.	11 - 16 years	 eequ.org /eastridinghaf	07921 222710
	Hull	Go karting, start your race to become an F1 driver and be the first to the finish line with Hull Adventure.	5 - 16 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Keyingham	Enjoy archery, multi-sports, team building, dodgeball, cricket, Kinball, crafts and challenges with the East Riding Active Communities Team.	7 - 12 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Market Weighton	Love the outdoors? Be part of a creative and nature filled programme with den building, create a roaring campfire, enjoy outdoor art and nature walks with Acorn Hollow.	5 - 16 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Market Weighton	Escape room challenges, crafty creations, obstacle courses and sports... not forgetting dodgeball battles with Flying Futures.	5 - 11 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf

Area	Activities	Ages	Organisation	Contact details (if you are not able to book online)
Melton	Ofsted-registered holiday camps packed with sport, adventure and fun. Over 25 activities including bouldering, scooting, basketball, frisbee and dodgeball.	4 - 12 years	 eequ.org /eastridinghaf	 fit4fun.classforkids.io
 Patrington	Enjoy archery, multi-sports, team building, dodgeball, cricket, Kinball, crafts and challenges with the East Riding Active Communities Team.	7 - 12 years	 eequ.org /eastridinghaf	 (01482) 395320
Pocklington	Join in with a 'Trashion' show, water activities, boxing, sculpture making, nef wars, music making, graffiti art, outdoor adventure and STEM workshop with Young People Count.	11 - 16 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
Pocklington	Escape room challenges, crafty creations, obstacle courses and sports... not forgetting dodgeball battles with Flying Futures.	5 - 11 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
Pocklington	Be part of a holiday club enjoying dodgeball, treasure hunts, bouncy castle, archery, science challenges, football and forest school with Total Sports.	5 - 12 years	 eequ.org /eastridinghaf	 enquiries@totalsportslimited.co.uk
Pocklington	Dive into zorb football, swimming, cricket, tennis, glow sports, and more with East Riding Leisure. Water sports are optional but awesome!	8 - 14 years	 eequ.org /eastridinghaf	 (01759) 305052
 Preston	Enjoy archery, multi-sports, team building, dodgeball, cricket, Kinball, crafts and challenges with the East Riding Active Communities Team.	7 - 12 years	 eequ.org /eastridinghaf	 (01482) 395320
 Sancton	Get outdoors with campfire cooking, bushcraft, den building, mud painting, slack lines, giant bubbles and outdoor play with In the Canopy.	4 - 12 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
 Sancton	From axe throwing to woodwork projects, bushcraft skills to woodland crafts, be one at nature with Mighty Oaks.	11 - 16 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
Snaith	Escape room challenges, crafty creations, obstacle courses and sports... not forgetting dodgeball battles with Flying Futures.	5 - 11 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
Welton	Be part of the World Cup Challenge with a choice of sports and crafts from around the world. Pupils are very welcomed from all East Riding schools with Welton Primary School.	5 - 11 years	 eequ.org /eastridinghaf	 office@weltonprimaryschool.com
Welton	Take part in paddle boarding, kayaking, team games, crafts, animal interactions, forest school skills and animal therapy with Welton Waters Adventure Centre.	6 - 16 years	 eequ.org /eastridinghaf	 wwacinstructors@gmail.com
Willerby	Enjoy gymnastics, trampolining, parkour, team games, den building & nerf games, plus arts and crafts and talent shows too with Goldstar Active.	4 - 16 years	 eequ.org /eastridinghaf	 hello@goldstaractive.co.uk
Withernsea	Love Nerf challenges? Come and play with us. A programme full of active games including football, hockey, ultimate frisbee together with crafts and team challenges with Youth Player Development.	6 - 14 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
Withernsea	Become a chef with this pizza making workshop. Develop your cooking skills and finish with muffin making, biscuit decorating and summer crafts with East Riding Family Hubs.	4 - 11 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf

Area		Activities	Ages	Organisation	Contact details (if you are not able to book online)
Withernsea		The fun never stops with sports, arts and crafts, cooking, water and sand play activities, FIFA, music and messy play on offer at The Hut.	4 -16 years	No booking required, open adventure play area.	
SEND specific activities					
 Aldbrough		Be part of our farm and meet ducks, alpacas, sheep and chickens at Dreamacre Farm with Abilite.	4 -16 years	 eequ.org /eastridinghaf	 abilite.uk
	Beverley	Overflowing with fun activities including summer crafting, karaoke, street dance, music and inclusive games with Abilite.	4 -16 years	 eequ.org /eastridinghaf	 abilite.uk
 Brandesburton		Explore the outdoors at Pinewood Adventure Park with an fun adventure playground, woodland walks and mountain biking with Abilite.	4 -16 years	 eequ.org /eastridinghaf	 abilite.uk
 Bridlington		Make bug hotels, bird boxes, junk modelling and take part in family scavenger hunts, fossil hunting and and mindfulness activities with Barnardo's.	5 -16 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
 Driffield		Experiment with magnets, pixel art and coding together with comic book creations, digital art, large-scale track building and navigation challenges with Kip McGrath.	6 -16 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Hornsea	Get in our inflatable sumo wrestling suits, have a go at zorbing and bungee and jump all day on the giant bouncy castle, with crafting and inclusive games too with Abilite.	4 -16 years	 eequ.org /eastridinghaf	 abilite.uk
	North Ferriby	Walk an alpaca, groom a donkey, learn about how we care for animals and enjoy summer crafts and wheelbarrow challenges too with North Ferriby Riding for the disabled.	5 -16 years	 eequ.org /eastridinghaf	 eequ.org /eastridinghaf
	Raywell	Try our climbing wall, archery, assault course, low ropes, crafting, plus the Cave Bus with Raywell Park Activity Centre staff and Abilite. This is a full-day programme so both AM and PM sessions must be booked.	4 -16 years	 eequ.org /eastridinghaf	 abilite.uk
	South Cave	Get glowing with our UV lights, play musical instruments, give karaoke a go, learn street dance routines and enjoy crafting with Abilite.	4 -16 years	 eequ.org /eastridinghaf	 abilite.uk
 Welton		Take part in paddle boarding, kayaking, team games, crafts, animal interactions, forest school skills and animal therapy with Welton Waters Adventure Centre and Abilite.	4 -16 years	 eequ.org /eastridinghaf	 abilite.uk



It's useful to know...

Activities across the East Riding

To see a range of activities that are happening across the East Riding please visit: eastridingculture.co.uk/whats-on here you'll see a mixture of free and payable activities or visit the families information service directory at: fishwebsearch.eastriding.gov.uk/fishwebsearch for childcare information and to see what's happening at your local children's centre.

Free swimming sessions at East Riding Leisure

Available at all East Riding Leisure centres with pools from 18 July to 6 September, children aged 3 - 16 who live in the East Riding can enjoy two free swimming sessions per week (Children under three swim for free at all times). There's no need to book – simply turn up (subject to capacity). Please note that the standard swimming admission policy applies: children under eight must be accompanied by a responsible person aged 16 or over. To view session times, please visit:

eastringleisure.co.uk/swimming

East Riding Children's Centres are becoming Best Start Family Hubs

Did you know you can now register online and this gives you and your family access to our wide range of sessions, activities, advice and support at any Family Hub in the East Riding. Take a look at our new webpage, visit:

eastriding.gov.uk/family-hubs and join us on Facebook: [ERFamilyHubs](https://www.facebook.com/ERFamilyHubs)

Free Togetherness online parenting guides

East Riding families can now access the free Togetherness range of wellbeing and confidence-building learning modules for parents, carers and teenagers. Visit:

eastriding.gov.uk/togetherness

Please register and book your places via eequ.org/eastridinghaf

SCAN ME



Is your young person heading off to uni or college this autumn?

Check their vaccines are up to date

Vaccination UK is running catch-up clinics during the summer holidays for anyone that missed the in-school clinics or prefers to attend with a parent/carer present.

The free NHS vaccinations offered include MenACWY, Td/IPV (3-in-1 teenage booster), MMR and the HPV vaccine.

To book a catch-up clinic for any of the above vaccinations (up to age 18) get in touch with the **Vaccination UK team**:

Call: [\(01482\) 453 690](tel:01482453690) or email:

[@hullandeastriding@vaccinationuk.co.uk](mailto:hullandeastriding@vaccinationuk.co.uk)

Find out more: eryc.link/summer-clinics

Please note: under 25s who have left school can get the free NHS vaccinations through their GP.



Young Live Well: Living Well with Asthma

Does your young person have asthma?

If they are aged 10 to 18 years old and struggle to keep active or their asthma is a barrier to exercise, the council's new *Young Live Well: Living Well with Asthma* programme may help build their skills and confidence.



The free 12-week programme is due to start in September 2026 at leisure centres at East Riding Leisure Hornsea, Goole and Bridlington.

Referrals need to be made by a school nurse, GP, practice nurse or clinical asthma specialist.

For more information, speak with our healthy lifestyles development officer, Kirsty Forrester at: [@kirsty.forrester@eastriding.gov.uk](mailto:kirsty.forrester@eastriding.gov.uk) or visit: eastringleisure.co.uk/health



ChatHealth text messaging support

ChatHealth Parentline is a confidential text messaging service that enables parents and carers of children to contact the East Riding health visiting team, text: [07312 277070](tel:07312277070)

There is also a secure and confidential *ChatHealth* text messaging service for young people aged 11 to 19 in the East Riding. Text the school nurse team on: [07507 332891](tel:07507332891)

Young people can chat with a qualified health professional about anything from exam stress, to bullying, staying active, sexual health, alcohol, drugs and much more.

The service runs Monday to Friday, 9am - 4.30pm (excluding bank holidays) with an automated message for help if a question is urgent.

General health and wellbeing advice

Visit our East Riding website at: eryc.link/health for further health and wellbeing signposting for all the family, from stop smoking, to vaccinations or mental health.



FOOD BANKS

Please contact your local food bank to find out about their opening days / times and more about the services they offer.

Aldbrough Food Bank: ☎ 07447 978803

Cherry Tree Community Pantry, Beverley: ☎ (01482) 871993 🌐 ctca.org.uk

The Bread Shed, Bridlington: ☎ (01262 679978) 🌐 newpasturelanecommunitycentre.uk

The Hinge, Bridlington: ☎ (01262) 679671 🌐 thehinge.org.uk

Love Driffield: ☎ 07445 554006 🌐 lovedriffield.org.uk

Easington Pantry: ☎ (01964) 650535 🌐 achurchnearyou.com/church/10000

Two Rivers Community Pantry, Goole: ☎ 07517 937914 🌐 tworiverscommunitypantry.org.uk

St Augustine's Pantry, Hedon: ☎ 07946 703083 🌐 staugustineschurch0.wixsite.com/home

Hedon Community Pantry: ☎ 07808 131606 🌐 facebook.com/profile.php?id=100066348140925

Hessle and Anlaby Food Bank: ☎ 07783 648214 🌐 hessleanlabyfoodbank.org/pantry

The People's Pantry Market Weighton: ☎ 07495 303538 🌐 thepeoplespantry.org.uk

Moorlands Community Pantry, Old Goole: ☎ (01405) 768111 🌐 moorlandscharity.org.uk

The People's Pantry Pocklington: ☎ 07740 998581 🌐 thepeoplespantry.org.uk

East Yorkshire Food Bank: ☎ (01482) 772060 🌐 eastyorkshire.foodbank.org.uk

The Shores Community Pantry, Withernsea: ☎ (01964 615190 🌐 shores.org.uk/shores-pantry

Help for Households



INCOME
GONE DOWN?



MONEY NOT
COVERING BILLS?



STRUGGLING
WITH DEBT?

HELPING OUR HOUSEHOLDS WITH THE COST OF LIVING

🌐 eryc.link/help

If you know of any organisation who could deliver fun and engaging sessions in the school holidays, then please get in touch with us at:

@ haf.programme@eastriding.gov.uk

This document can be made available in other languages or formats if required. To request another format, please contact us on:

@ haf.programme@eastriding.gov.uk