

# Fire Safety and Emollient Creams

## Would you like a Home Safety Check from Humberside Fire and Rescue Service?

Ring 0800 303 8242

Visit <https://humbersidefire.gov.uk/>

Or ask us to refer you

## Emollient Creams

### Do you use any emollient creams?

If so, please ask for advice on this as it can be hazardous when absorbed into clothing or any fabric.

- To use emollient cream safely, avoid naked flames and heat sources like cigarettes and gas stoves, as emollients can make fabrics extremely flammable.
- Change and wash clothing and bedding daily at the highest recommended temperature to reduce build-up, although washing may not remove build-up completely.
- Use clean utensils to take creams from pots and be mindful of slipping hazards in baths or showers.
- Inform others about your treatment and seek help to give up smoking to further reduce the risk.

Examples - E45 Cream, Cetraben Cream, Aveeno Cream, and Epimax Cream and others

