

SEND and Inclusion Training Offer

Autumn Term 2025



OUR PRIORITY

HELPING CHILDREN AND
YOUNG PEOPLE **ACHIEVE**

Supporting and inspiring children to raise
their aspirations and reach their potential.



EAST RIDING
OF YORKSHIRE COUNCIL

Introduction

This training offer summarises SEND and inclusion training available for setting leaders, teachers, TAs, Governors and other support staff.

This training is delivered by teams within Children's Services and wider system partners including any relevant national training to support staff in an education setting. This offer covers the academic year 2025/2026, with an updated version available termly.

It covers strategies for working with children and young people at SEN Support and across the graduated response for the four areas of SEND:


- **Cognition and Learning (C&L)**
- **Communication and Interaction (C&I)**
- **Social, Emotional and Mental Health (SEMH)**
- **Sensory and/or physical**

 Click on areas of need to discover the courses

In addition, this offer also summarises the training for specialist roles within education settings:

- **SENCo** (e.g. SENCo Forums and Conference)
- **Designated teacher**
- **Senior mental health leads**
(SEMH courses will also be relevant to this role)
- **Parent/carers**

 Click on roles to discover the courses

The offer explains how to book a place, some of the training included will be advertised and booked on through 'Here for Schools'  hereforschools.co.uk.

In addition to this training offer, we continue to offer a range of tailored bespoke training/continued professional development opportunities.

This can be delivered to individual schools, organisations or groups of schools. Packages based on key priorities for SEND development can be devised as a whole or part of a training day; a series of sessions; or a webinar.

To help inform our future training offer, please ensure you complete the training evaluation for each course following the QR code which will be provided by your trainer.

A list of all the courses coming up, in date order can be found [here](#).

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Educational psychology service	Maths difficulties This course aims to develop your understanding within the area of numeracy difficulties. This will include theories around the factors which can lead to children experiencing numeracy difficulties as well as outlining evidence-based approaches for assessment and support. Duration: 1.25 hours	C&L	SENCOs, teaching staff, english co-ordinators / curriculum leads	Wednesday, 22 October 2025 3.45 - 5pm To be booked via Here for Schools	Virtual (Microsoft Teams)	Free Costs will be applied to independent and out of authority schools
Educational psychology service	Literacy difficulties This course aims to develop your understanding within the area of literacy difficulties and dyslexia. This will include theories around the factors which can lead to children experiencing literacy difficulties as well as outlining evidence-based approaches for assessment and support. Duration: 1.25 hours	C&L	SENCOs, teaching staff, english co-ordinators / curriculum leads	Wednesday, 5 November 2025 3.45 - 5pm To be booked via Here for Schools	Virtual (Microsoft Teams)	Free Costs will be applied to independent and out of authority schools
Educational psychology service	Self-regulated strategy development (SRSD) An evidence-based instructional framework to support pupils in developing writing composition strategies. SRSD incorporates self-regulation and metacognition through developing skills in monitoring, evaluating and revising during writing activities. Research evidence suggests that SRSD can lead to changes and improvements in students' performance: planning, revising, substantive content, quality of writing, knowledge of writing, approach to writing, length and structure of writing, and self-efficacy (Graham and Harris 2005). Duration: 1.25 hours	C&L	SENCOs, teaching staff, teaching assistants (if accompanied by a teacher or member of SLT to oversee implementation)	Wednesday, 3 December 2025 3.45 - 5pm To be booked via Here for Schools	Virtual (Microsoft Teams)	Free Costs will be applied to independent and out of authority schools

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Educational psychology service	Paired reading An evidence-based intervention that supports reading development. A highly structured, simple strategy involving a set reading procedure. Duration: 1 hour	C&L	SENCOs, teaching staff, teaching assistants	TBC To be booked via Here for Schools	Virtual (Microsoft Teams)	Free Costs will be applied to independent and out of authority schools
Communication and interaction specialists	A range of autism related training courses This includes topics such as: emotional and behavioural regulation, sensory needs, social stories/comic strip conversations, and structured teaching approaches.	C&I	SENCOs, teachers, TAs	On Demand Must be agreed through discussion with SENCo and link EP.	Various	Free
Educational psychology service	An introduction to autism – session 1 (theory) Please note – attendance is required at both sessions (second session below). During Session 1 (of 2), we will: <ul style="list-style-type: none"> Introduce a 5-part model for understanding autism Look at the model in relation to needs theory (Maslow) Share a framework for understanding behaviour. Duration: 45 minutes	C&I	School staff	Monday, 13 October 2025 3.30 - 4.15pm To be booked via Here for Schools	Virtual (Microsoft Teams)	Free Costs will be applied to independent and out of authority schools

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Educational psychology service	An introduction to autism – session 2 (strategies) Please note – attendance is required at both sessions (first session above). During session 2 (of 2), we will: <ul style="list-style-type: none"> ▪ Reflect on the 5-part model in the context of participants' experiences ▪ Consider evidence-informed strategies in relation to the framework from session 1 to support autistic pupils. Duration: 45 minutes	C&I	School staff	Monday, 20 October 2025 3.30 - 4.15pm To be booked via 👉 Here for Schools	Virtual (Microsoft Teams)	Free Costs will be applied to independent and out of authority schools
Educational psychology service	Supporting children with high demand avoidance During this training session, we will: <ul style="list-style-type: none"> ▪ Discuss and explore key terminology surrounding 'demand avoidance' including the PDA label ▪ Consider ideas around the psychological underpinning of demand avoidance ▪ Share evidence-informed strategies for support. Duration: 1 hour	C&I	School staff	Monday, 10 November 2025 3.30 - 4.15pm To be booked via 👉 Here for Schools	Virtual (Microsoft Teams)	Free Costs will be applied to independent and out of authority schools
Educational psychology service	Promoting resilience This training aims to develop your understanding of the concept of resilience, factors that contribute to resilience and how we can support young people's resilience within school. Duration: 1.5 hours	SEMH	All school staff including ELSAs	Thursday, 25 September 2025 2 - 3.30pm To be booked via 👉 Here for Schools	Virtual (Microsoft Teams)	Free Costs will be applied to independent and out of authority schools

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Educational psychology service	<p>Youth mental health first aider® – two day</p> <p>The Youth Mental Health First Aid (YMHFA) is a national accredited training programme which has been updated for 2025. As a MHFAider® you will be able to:</p> <ul style="list-style-type: none"> ▪ Explain what mental health is and describe how to look after your own mental health and wellbeing ▪ Describe the signs of poor mental health in young people ▪ Explain the risk factors associated with poor mental health ▪ Demonstrate how to apply the Youth MHFA action plan ▪ (ALGEE®) in a Youth Mental Health First Aid conversation ▪ Describe the role of a Youth MHFAider®. <p>This course is valued at £325 per person, but as a person working with the East Riding with children and young people, it is funded by Public Health. Non-attendance once registered may incorporate costs.</p> <p>Duration: 14.5 hours</p>	SEMH	All school staff/ LA staff who work directly or indirectly with CYP/ community and voluntary sector / ELSAs	<p>Tuesday, 18 November 2025 and Wednesday, 19 November 2025 9.15am - 4.30pm</p> <p>Bookings through ERSCP</p> <p>Log In – Enable</p> <p>Register for an account</p> <p>Registration – Enable</p>	TBA (in person)	Free funded by public health England
Educational psychology service	<p>Youth mental health first aid champion – one day</p> <p>Youth Mental Health First Aid Champion (YMHFA) is a national accredited training programme based on the 2 day YMHFA course. You will:</p> <ul style="list-style-type: none"> ▪ Have an increased understanding of common mental health issues and how they can affect young people ▪ Spot signs of poor mental health in young people and guide them to a place of support ▪ Have increased knowledge and confidence to advocate for mental health awareness ▪ Increase your skills to support positive wellbeing. <p>This course is valued at £200 per person, but as a person working within the East Riding with children and young people, it is funded by Public Health. Non-attendance once registered may incorporate costs.</p> <p>Duration: 7.25 hours</p>	SEMH	All school staff/ LA staff who work directly or indirectly with CYP/ community and voluntary sector / ELSAs	<p>Thursday, 11 December 2025 9.15am - 4.30pm</p> <p>Bookings through ERSCP</p> <p>Log In – Enable</p> <p>Register for an account</p> <p>Registration – Enable</p>	TBA (in person)	Free funded by public health England

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Educational psychology service	<p>Online youth mental health first aider® – two day (spread over 4 sessions)</p> <p>The Youth Mental Health First Aid (YMHFA) is a national accredited training programme which has been updated for 2025. As a MHFAider® you will be able to:</p> <ul style="list-style-type: none"> ▪ Explain what mental health is and describe how to look after your own mental health and wellbeing ▪ Describe the signs of poor mental health in young people ▪ Explain the risk factors associated with poor mental health ▪ Demonstrate how to apply the Youth MHFA action plan ▪ (ALGEE®) in a Youth Mental Health First Aid conversation ▪ Describe the role of a Youth MHFAider®. <p>This course is valued at £325 per person, but as a person working with the East Riding with children and young people, it is funded by Public Health. Non-attendance once registered may incorporate costs.</p> <p>Duration: 14 hours</p>	SEMH	All school staff / LA staff who work directly or indirectly with CYP / community and voluntary sector / ELSAs	<p>Wednesday, 21 January 2026</p> <p>Friday, 23 January 2026</p> <p>Wednesday, 28 January 2026</p> <p>Friday, 30 January 2026</p> <p>9am - 12.30pm</p> <p>Bookings through ERSCP</p> <p>🔗 Log In – Enable</p> <p>Register for an account</p> <p>🔗 Registration – Enable</p>	Virtual (MHFA England Online Learning Hub)	Free funded by public health England
Educational psychology service	<p>Online youth mental health first aid champion – one day</p> <p>Youth Mental Health First Aid Champion (YMHFA) is a national accredited training programme based on the 2-day YMHFA course. You will:</p> <ul style="list-style-type: none"> ▪ Have an increased understanding of common mental health issues and how they can affect young people ▪ Spot signs of poor mental health in young people and guide them to a place of support ▪ Have increased knowledge and confidence to advocate for mental health awareness ▪ Increase your skills to support positive wellbeing. <p>This course is valued at £200 per person, but as a person working within the East Riding with children and young people, it is funded by Public Health. Non-attendance once registered may incorporate costs.</p> <p>Duration: 7.25 hours</p>	SEMH	All school staff / LA staff who work directly or indirectly with CYP / community and voluntary sector / ELSAs	<p>Monday, 23 February 2026</p> <p>9.15am - 4.30pm</p> <p>Bookings through ERSCP</p> <p>🔗 Log In – Enable</p> <p>Register for an account</p> <p>🔗 Registration – Enable</p>	Virtual (MHFA England Online Learning Hub)	Free funded by public health England

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Educational psychology service	<p>Youth mental health first aid champion - one day</p> <p>Youth Mental Health First Aid Champion (YMHFA) is a national accredited training programme based on the 2-day YMHFA course</p> <p>You will</p> <p>Have an increased understanding of common mental health issues and how they can affect young people</p> <p>Spot signs of poor mental health in young people and guide them to a place of support</p> <p>Have increased knowledge and confidence to advocate for mental health awareness</p> <p>Increase your skills to support positive wellbeing.</p> <p>This course is valued at £200 per person, but as a person working within the East Riding with children and young people, it is funded by Public Health. Non-attendance once registered may incorporate costs.</p> <p>Duration: 7.25 hours</p>	SEMH	All school staff / LA staff who work directly or indirectly with CYP / community and voluntary sector / ELSAs	<p>Wednesday, 22 April 2026</p> <p>9.15am - 4.30pm</p> <p>Bookings through ERSCP</p> <p>🔗 Log In – Enable</p> <p>Register for an account</p> <p>🔗 Registration – Enable</p>	In person	Free funded by public health England

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Educational psychology service	<p>Youth mental health first aider® – two day</p> <p>The Youth Mental Health First Aid (YMHFA) is a national accredited training programme which has been updated for 2025. As a MHFAider® you will be able to:</p> <ul style="list-style-type: none"> ▪ Explain what mental health is and describe how to look after your own mental health and wellbeing ▪ Describe the signs of poor mental health in young people ▪ Explain the risk factors associated with poor mental health ▪ Demonstrate how to apply the Youth MHFA action plan ▪ (ALGEE®) in a Youth Mental Health First Aid conversation ▪ Describe the role of a Youth MHFAider®. <p>This course is valued at £325 per person, but as a person working with the East Riding with children and young people, it is funded by Public Health. Non-attendance once registered may incorporate costs.</p> <p>Duration: 14.5 hours</p>	SEMH	All school staff/ LA staff who work directly or indirectly with CYP/ community and voluntary sector / ELSAs	<p>Monday, 29 June 2026 and Monday, 6 July 2026</p> <p>9.15am - 4.30pm</p> <p>Bookings through ERSCP</p> <p>Log In – Enable</p> <p>Register for an account</p> <p>Registration – Enable</p>	TBA (in person)	Free funded by public health England
Educational psychology service	<p>Youth mental health first aid champion – one day</p> <p>Youth Mental Health First Aid Champion (YMHFA) is a national accredited training programme based on the 2-day YMHFA course. You will:</p> <ul style="list-style-type: none"> ▪ Have an increased understanding of common mental health issues and how they can affect young people ▪ Spot signs of poor mental health in young people and guide them to a place of support ▪ Have increased knowledge and confidence to advocate for mental health awareness ▪ Increase your skills to support positive wellbeing. <p>This course is valued at £200 per person, but as a person working within the East Riding with children and young people, it is funded by Public Health. Non-attendance once registered may incorporate costs.</p> <p>Duration: 7.25 hours</p>	SEMH	All school staff/ LA staff who work directly or indirectly with CYP/ community and voluntary sector / ELSAs	<p>Wednesday, 8 July 2026</p> <p>9.15am-4.30pm</p> <p>Bookings through ERSCP</p> <p>Log In – Enable</p> <p>Register for an account</p> <p>Registration – Enable</p>	TBA (in person)	Free funded by public health England

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Educational psychology service	An introduction to Emotionally Based School Avoidance (EBSA) This training aims to develop an understanding of the factors that can lead to EBSA developing and what could be maintaining it. We will discuss the importance of seeking to understand the behaviour from the perspective of the child and parents/carers, strategies that can help in managing feelings of anxiety and discuss how to support a return to the classroom or school. Duration: 3 hours	SEMH	All school staff	Wednesday, 22 October 2025 9.15am - 12.15pm To be booked via 👉 Here for Schools	Virtual (Microsoft Teams)	Free Costs will be applied to independent and out of authority schools
Educational psychology service	Supporting children and young people through loss and bereavement This training aims to build your confidence in supporting children and young people through experiences of loss and bereavement. We will be covering theoretical and developmental models of grief and loss, how grief may present in children and young people in education settings, how to approach the topic with children, and signposting to helpful resources and activities. Duration: 1.5 hours	SEMH	Primary and secondary school staff and local authority service staff, ELSA's	Wednesday, 19 November 2025 1.30 - 3pm To be booked via 👉 Here for Schools	Virtual (Microsoft Teams)	Free Costs will be applied to independent and out of authority schools
Educational psychology service and SEMH specialist teaching service	An introduction to relational practice This session will provide you with the opportunity to: Hear about the research and theory that underpins relational practice. Consider what relational practice looks like in practice, drawing upon trauma sensitive approaches. Celebrate and share examples of relational practice that is happening in our schools. Begin to think about how relational practice fits within your current behaviour policy. Duration: 1.5 hours	SEMH	Head teachers, SENCO, pastoral staff, heads of year, teachers, ELSAs	Monday, 8 December 2025 1.30 - 3pm To be booked via 👉 Here for Schools	Virtual (Microsoft Teams)	Free Costs will be applied to independent and out of authority schools

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Educational psychology service	Full emotional literacy support assistants (ELSA) training Six days initial ELSA Training	SEMH	Teaching assistants in schools pastoral/ support staff with capacity to deliver intervention programmes	TBA, please contact @ eps@ eastriding.gov.uk	TBA (in person)	A fee will be charged
Educational psychology service	ELSA supervision open to all ELSAs (autumn term) Various sessions throughout the autumn term for qualified ELSAs. New supervision groups have been arranged in clusters and the EP running the group will be in touch.	SEMH	ELSA's (emotional literacy support assistants) who have already completed ELSA training	New supervision groups have been arranged in clusters, please contact @ eps@ eastriding.gov.uk	Virtual (Microsoft Teams) and In person	Free
Educational psychology service	Emotion coaching Training is an evidence-based technique based upon the work of John Gottman. The training aims to support adults to support children to develop emotional regulation skills that will help with their engagement in life-long learning. The training includes the background, principals and impact of using emotion coaching including developing a deeper understanding behind the neuroscience that underpins it. Duration: Sessions 1 and 2 are 1.5 hrs each. Ideally delivered in a 3 15 mins AM or PM session (to allow for a 15 minute break) or they can be delivered in two 1.5hr twilight sessions followed by a 45 minute workshop (staff meeting) approximately ½ a term later.	SEMH	All school staff including ELSAs	Discussion with the schools allocated EP, which will be then discussed with the EP Team.	In person	Free

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Behaviour support team	<p>Maximising the practice of teaching assistants (Mpta)</p> <p>The MPTA course developed by University College London, provides practical strategies and reflective activities for teaching assistants. The course framework includes latest research and guidance from EEF in the complementary roles of teacher and TA and introduces scaffolding as a framework for developing pupil independence. The course provides time to reflect on practice and develop group/class specific strategies for more effective scaffolding of learning. Pupils will be better supported to be confident, independent learners.</p> <p>This training is suitable for those settings considering the effective distribution of teaching assistant's time.</p> <p>Duration: For teaching assistants 3 hours For teachers – 1 hour delivered as twilight Follow up support as required</p>	SEMH	Primary only SLT, teachers, support staff	On demand	In person at school setting	£350 per school for whole package of support including resources
Behaviour support team	<p>Train the trainer – behaviour</p> <p>Regular events led by specialist teachers from behaviour support team will provide ongoing support for school staff to enable them to disseminate knowledge of SEMH need strategies and support within their school. Sessions will include training (e.g. on behaviour as communication) as well as providing opportunities for staff to meet, problem solve together and share good practice.</p>	SEMH	The sessions would be suitable for the school's SENCO / behaviour lead / pastoral lead / head of year	On demand	Online and in person at venue tbc	Free for maintained primary settings and settings with rolling contract SLA. £60 per person per year otherwise.

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Behaviour support team	<p>Team teach level 1 training</p> <p>Positive handling and de-escalation team teach level 1 is a holistic, solution-focused course, designed to empower staff so everyone knows how to support behaviour appropriately and consistently.</p> <p>This course provides the foundation for managing challenging behaviour and builds the skills to create a positive, supportive environment for everyone involved.</p> <p>Staff will gain confidence and knowledge to support the safer management of behaviour. Our positive toolkit approach gives practical de-escalation and intervention strategies that staff can use to minimise risk and conflict safely and respectfully in your setting.</p> <p>Key Benefits:</p> <ul style="list-style-type: none"> ▪ Increased Understanding of Behaviour: Equip your staff with the knowledge to understand and manage challenging behaviours effectively ▪ De-escalation Focus: Learn proven techniques to de-escalate tense situations, helping to reduce conflict and risk ▪ Practical positive handling: Gain some practical skills in positive handling techniques that ensure the safety and well-being of both staff and pupils. <p>Duration: 6 hours</p>	SEMH	All school staff	<p>On demand</p> <p>Contact your allocated specialist teacher.</p> <p>Open courses at Bishop Burton to be booked via Here for Schools</p> <p>Dates for 2025/2026 as follows:</p> <p>Tuesday, 7 October 2025</p> <p>Tuesday, 2 December 2025</p> <p>Tuesday, 27 January 2026</p> <p>Tuesday, 10 March 2026</p> <p>Tuesday, 9 June 2026</p> <p>Tuesday, 7 July 2026</p> <p>9am - 4pm</p>	<p>Options:</p> <p>Closed courses:</p> <p>In school</p> <p>Open courses venue:</p> <p>Bishop Burton Village Hall, Coldharbour View HU17 8QJ</p>	<p>In school (Primary Maintained Schools and Rolling SLA Contracts):</p> <p>£400 for up to 12 attendees, £500 for up to 24 attendees</p> <p>In school (No SLA Contract):</p> <p>£150 per person</p> <p>External Venues (including Bishop Burton):</p> <p>£150 per person</p> <p>What's Included?</p> <p>All training costs include a yearly subscription to Team Teach Connect.</p> <p>For settings outside our local authority, there may be a nominal fee for certificates, typically covered by BST.</p>

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Behaviour support team	<p>Understanding the survival strategy behind the label</p> <p>Training for school staff:</p> <p>Understanding survival strategies and emotional regulation.</p> <p>By gaining understanding and empathy of the survival strategies, the window of tolerance, and the effects of developmental trauma, school staff can better support students in regulating their emotions and managing stress. Creating a trauma-informed school environment requires ongoing education, empathy, and collaboration to ensure all students can thrive.</p>	SEMH	All school staff	On demand Contact your allocated specialist teacher	School setting	<p>Free for maintained primary settings and rolling SLA customers.</p> <p>Non SLA £75 per person.</p>
Behaviour support team	<p>Executive functioning; skills for success.</p> <p>This training session investigates what executive functioning skills are and the important role they play in learning and development. The training is tailored to early years, primary or secondary school settings, offering age-appropriate guidance to support the development of executive functioning skills. The session will explore practical strategies and techniques that can be used in the classroom and individually to support pupils. Participants will gain a deeper understanding of executive functioning skills and be empowered to implement strategies to support their pupils' skill development.</p>	SEMH	All school staff	On demand Contact your allocated specialist teacher	School setting	<p>Free for maintained primary settings and rolling SLA customers.</p> <p>Non SLA £75 per person.</p>

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Behaviour support team	What lies beneath This twilight session provides an opportunity to visit some of the current understanding around the reasons behind pupil behaviours. This knowledge can help us better understand our pupils and their unmet needs. It will include: <ul style="list-style-type: none"> ▪ Awareness of the things in the pupil's life that we may not see ▪ Theories around the aims of some dysregulated behaviours ▪ The impact of dysregulation on the pupil. 	SEMH	All school staff	On demand Contact your allocated specialist teacher	School setting	Free for maintained primary settings and rolling SLA customers. Non SLA £75 per person.
Behaviour support team	Identifying and supporting pupils' unmet needs This session is a follow on from What Lies Beneath (which needs to have been attended previously) and it will provide you with the opportunity to explore what the adults can do to support pupil wellbeing. It will include <ul style="list-style-type: none"> ▪ A reflection on our communication and behaviour styles and how this can support others ▪ Preventative and response strategies ▪ Practical activities and resources to help us unpick and meet individual pupils needs. 	SEMH	All school staff	On demand Contact your allocated specialist teacher	School setting	Free for maintained primary settings and rolling SLA customers. Non SLA £75 per person.
Behaviour support team	Planning and implementing active break sessions This training session introduces school staff to an active physical breaks program, designed to develop self-regulation skills and emotional awareness. This approach supports children and young people in managing their emotions and behaviour through movement, promoting the growth of social and emotional learning skills in a controlled way.	SEMH	Support staff	On demand Contact your allocated specialist teacher	School setting	Free for maintained primary settings and rolling SLA customers. Non SLA £75 per person.

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Vulnerable children's education team	<p>An introduction to supporting the needs of children and young people who have experienced trauma</p> <p>This session is designed to be delivered to whole school staff groups or groups within schools to introduce trauma, loss and attachment, with an emphasis on the impact this has on vulnerable learners.</p> <p>The session is 60-90 minutes long. The date and time will be arranged with VCET. The session is ideally suited to a twilight session or as part of a staff development day.</p> <p>Duration: 1.5 hours</p>	SEMH	Whole school settings, groups within settings supporting vulnerable learners	The date and time will be arranged with the setting.	This training is delivered in person by VCET in your setting.	No charge
NHS East Riding Mental Health Support Team (MHST)	<p>An introduction to trauma informed practice module 1 (ER MHST Offer 1)</p> <p>East Riding mental health support teams in schools: Introductory training on trauma informed practice</p> <p>Duration: 1.5 hours</p>	SEMH	Headteachers, SENCos, Pastoral Leads, Senior Mental Health Leads and Designated Teachers	<p>TBA</p> <p>To run autumn, spring and summer term 3.30-5pm</p>	Virtual (Microsoft Teams)	Free
NHS East Riding MHST	<p>The role of self-care and staff wellbeing within trauma informed practice – module 2</p> <p>Duration: 1.5 hours</p>	SEMH	Staff of MHST schools only on completion of module 1	On request	Virtual or in person	Free
NHS East Riding MHST	<p>Implementing and embedding trauma informed practice in education settings – module 3</p> <p>Duration: 1.5 hours</p>	SEMH	Staff of MHST schools only on completion of modules 1 and 2	On request	Virtual or in person	Free

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Humber and North Yorkshire Health and Care Partnership	<p>ARC (Attachment, Regulation and Competency) e-learning package</p> <p>The training is a short targeted 45 minute training session for anyone who has direct or regular contact with children and young people, who may be affected by trauma (even if this is not known about)</p> <p>Below is the link to our e-learning package:</p> <p>🔗 humberandnorthyorkshire.org.uk/children-and-young-peoples-trauma-informed-care-programme</p> <p>The aims of the training are to:</p> <ul style="list-style-type: none"> ▪ Define Trauma and Adverse Childhood Experiences (ACEs) and the potential impact of it on people ▪ Understand trauma informed practice and care and how we can respond more effectively to support people. <p>Identify sources of support for yourself and professional colleagues.</p>	SEMH	All	On Demand	Online	Free
Humber and North Yorkshire Health and Care Partnership	<p>Children and young people's trauma informed care programme – training 2025 - 2026</p> <p>There are a range of sessions to choose from available across all six places. HEY MIND are managing all the organisation and booking of all of these sessions, and therefore if you have any questions or queries regarding this, please contact their central email address: 📧 traumatraining@heywind.org.uk</p> <p>🔗 HNY CYP TIC Programme Leaflet Training</p> <p>🔗 CYP TIC Training Programme 2025 to 26</p>	SEMH	All	Various	TBA	Free

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Humber and North Yorkshire Health and Care Partnership	<p>Introduction to trauma</p> <p>Training session for anyone who has direct or regular contact with children and young people, who may be affected by trauma (even if this is not known about).</p> <p>The session aims to :</p> <ul style="list-style-type: none"> ▪ Define Trauma and Adverse Childhood Experiences (ACEs) and the potential impact of it on people ▪ Understand Trauma Informed practice and care and how we can respond more effectively to support people ▪ Identify sources of support for yourself and professional colleagues. <p>Duration: 45 minutes</p>	SEMH	All	<p>On demand</p> <p>through the link below</p> <p>🔗 Children and Young People's Trauma Informed Care Programme – Awareness Training – Humber and North Yorkshire Health and Care Partnership</p> <p>Or logging on through the ERSCP Virtual College:</p> <p>🔗 Log In – Enable (vc-enable.co.uk)</p>	Virtual (e-learning)	Free
NASEN (National Association for Special Educational Needs)	<p>NASEN training</p> <p>Discover the latest upcoming CPD that nasen will be hosting. We offer CPD on a wide range of topics and themes from universal teaching to high quality practice and condition specific introductions.</p> <p>🔗 Events listing Nasen</p>	SEMH	All	Various	Various	TBA




TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
NASEN (National Association for Special Educational Needs)	<p>Nasen online SEND CPD units</p> <p>This series of online Continuing Professional Development (CPD) units is designed to support those who work with children and young people in schools and further education settings to deliver an inclusive experience for every learner. Funded by the department for education, and developed in partnership with real group, these free-to-access units build on learning from our Ambitious About Inclusion modules.</p> <p>In all, 20 units will be released over the next two years. Units on Safety and Belonging were launched in October 2022 and have since been completed by over 1200 practitioners with consistently positive feedback. Over the next few months, we will be launching further units – check back regularly for the latest releases.</p> <p>Each online unit takes 20 minutes to complete and is supported by a live online networking session, facilitated by a regional SEND leader. Places are limited, so early booking is advised.</p> <p>Duration: 20 minutes per unit</p>	SEMH	Staff who work with children and young people in schools and further education settings	Various	<p>Online</p> <p>Please note, you must be logged into your free nasen or Whole School SEND account to access these online units.</p> <p>nasen.org.uk/page/online-cpd-units</p>	Free
SaPTS – physical difficulties team	<p>Moving and handling – full course</p> <p>It is a legal obligation that all staff who are transferring pupils, attend the full course initially. A refresher course must then be attended every subsequent 12-24 months. Aims of the course:</p> <ul style="list-style-type: none"> Understand why manual handling techniques are important Legislation Reduce risks and understand principles Understand how you can look after and protect yourself <p>Practical session may need to be booked in addition.</p> <p>Duration: full day</p>	Sensory and/or physical	Professionals working with pupils who cannot physically move themselves	<p>Tuesday, 9 September 2025</p> <p>Tuesday, 13 January 2026</p> <p>Tuesday, 30 June 2026</p> <p>9.30am - 4pm</p>	<p>In a school</p> <p>Venue to be confirmed.</p>	<p>Free to mainstream, academies and PVI's</p> <p>£80 per delegate for private and independent settings</p>

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
SaPTS – physical difficulties team	Moving and handling awareness Aims of the course: <ul style="list-style-type: none"> ▪ Back awareness ▪ Looking after yourself when handling ▪ How to move pupils safely Duration: 3 hours	Sensory and/or physical	Early years professionals including nursery and pre-school, any staff supporting pupils with physiotherapy programmes or low level physical needs	Monday, 10 November 2025 Thursday, 30 April 26 1 - 4pm	Virtual	Free to mainstream, academies and PVI's £40 per delegate for private and independent settings
SaPTS – physical difficulties team	Moving and handling – refresher Participants must have previously attended the full course. Refresher should then be attended every 12 - 24 months. Duration: 3 hours	Sensory and/or physical	Professionals working with pupils who cannot physically move themselves	Tuesday, 11 November 2025 Tuesday, 3 March 2026 Tuesday, 5 May 2026 9.30am - 12.30pm	Virtual	Free to mainstream, academies and PVI's £40 per delegate for private and independent settings
SaPTS – physical difficulties team	Introduction to handwriting part 1 Pre-handwriting skills. How to teach handwriting. Basic strategies to support handwriting difficulties. Suggested resources. Duration: 3 hours	Sensory and/or physical	SENDCo's, early years teachers, english coordinators, professionals with an interest in improving children's handwriting	Wednesday, 8 October 2025 Monday, 26 January 2026 Monday, 27 April 2026 1 - 4pm	Virtual	Free to mainstream, academies and PVI's £40 per delegate for private and independent settings

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
SaPTS – physical difficulties team	How to teach handwriting part 2 Participants must have previously attended the 'introduction to handwriting' course Aims of the course: review of readiness for handwriting, school policy, common difficulties and strategies to support, functionality and alternatives Duration: 3 hours	Sensory and / or physical	SENDCo's, early years teachers, english coordinators, professionals with an interest in improving children's handwriting	Tuesday, 25 November 2025 Thursday, 5 March 2026 Wednesday, 17 June 2026 1 - 4pm	Virtual	Free to mainstream, academies and PVI's £40 per delegate for private and independent settings
SaPTS – physical difficulties team	Physical difficulties team drop-in sessions Opportunity to book a 15 minute slot to discuss any potential difficulty with physical access to the curriculum. We will be able to give advice about specific difficulties, suggest support, activities and resources that may be beneficial. Pupil does not have to be on caseload to request advice. Duration: 3 hours	Sensory and / or physical	SENDCo / teachers / TAs across all settings.	Tuesday, 14 October 2025 Tuesday, 2 December 2025 Tuesday, 3 February 2026 Tuesday, 17 March 2026 Tuesday, 19 May 2026 Tuesday, 23 June 2026 1 - 4pm	Virtual (Microsoft Teams)	Free
SaPTS – physical difficulties team	Supporting pupils with motor skill development Understand more about the challenges pupils face. Have some practical strategies to help. See a range of useful resources. Duration: 3 hours	Sensory and / or physical	SENDCo's, teachers and teaching assistants.	Monday, 17 November 2026 Tuesday, 20 January 2026 Monday, 1 June 2026 1 - 4pm	Virtual (Microsoft Teams)	Free to mainstream, academies and PVI's £40 per delegate for private and independent settings

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
SaPTS – hearing impaired team	Glue ear Understanding of glue ear, what are the signs, symptoms and how to help. Duration: 1 hour	Sensory and / or physical	Early Years Professionals, SENDCO's	Upon request	At requestors setting	Free to East Riding maintained Settings, inc. academies, and PVI's. Independent schools and professionals - £40
SaPTS – hearing impaired team	Deaf awareness Understanding of deafness in children and young people and how to ensure full inclusion within the education setting. Duration: 1 hour	Sensory and / or physical	All staff who work within education settings	Upon request	At requestors setting	Free to East Riding maintained Settings, inc. academies, and PVI's. Independent schools and professionals - £40
Sensory and physical teaching service vision impaired team	Vision awareness Vision awareness training for professionals Duration: 1 hour	Sensory and / or physical	All staff who work within education settings	On demand and offered annually	In setting or Virtual (Microsoft Teams)	Free to East Riding maintained Settings, inc. academies, and PVI's. Independent schools and professionals - £40
SAPTS- Physical Difficulties Team	Physical Difficulties Awareness Training Understanding of how physical difficulties may impact on access to the curriculum and how to support. Duration: 1.5 hours	Sensory and / or physical	All staff who work within education settings	Upon Request To be booked by emailing: @specialistServices.HUB@eastriding.gov.uk or contact your allocated specialist teacher	At requestors setting	Free to East Riding maintained Settings, inc. academies, and PVI's. Independent schools and professionals - £40

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Educational psychology service	<p>Educational psychologist open session</p> <p>Are you interested in pursuing a career in educational psychology?</p> <p>You are invited to attend a virtual open session with East Riding educational psychologists. During this informal session you will find out what it is like to work as an educational psychologist and there will be opportunity for discussion and questions. All educational psychology doctorate training courses require a psychology degree and experience working with children and we will give more information about this during the session.</p> <p>Duration: 1 hour</p>	All	All	<p>Wednesday, 12 November 2025 4.30 - 6pm</p> <p>To book via email: @ eps@eastriding.gov.uk</p>	Virtual (Microsoft Teams)	Free
Safeguarding in education team	<p>Safer recruitment</p> <p>This training, accredited by the safer recruitment consortium covers all aspects of the recruitment process and the pre-employment checks within it, in particular:</p> <ul style="list-style-type: none"> ▪ Setting the context for safer recruitment ▪ A safer recruitment process ▪ Making the right decisions ▪ An ongoing culture of vigilance. <p>Duration: 7 hours</p>	All	SLT and governor involved in recruitment	<p>Tuesday, 23 September 2025 and Wednesday, 24 September 2025</p> <p>2 sessions, consecutive days 9am - 12.30pm</p> <p>To be booked via 🔗 Here for Schools</p>	Online	£45
Safeguarding in education team	<p>DSL training (new/refresher)</p> <p>Provides a comprehensive overview of the operational and strategic requirements of the DSL role, cross referenced with KCSiE and Ofsted Inspection Framework. Provides resources, advice and guidance to develop and maintain effective safeguarding practice.</p> <p>Duration: 3.5 hours</p>	All	DSL/Snr leaders who are DSL and or SENCo	<p>Tuesday, 30 September 2025 9am - 12.30pm</p> <p>To be booked via 🔗 Here for Schools</p>	Online	£30

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Safeguarding in education team	Managing inappropriate sexual behaviour(s), sexual harassment and sexual violence Linked closely to KCSiE Part 5 and Ofsted inspection requirements, this training has the following Learning Objectives: <ul style="list-style-type: none"> Develop an understanding of the requirements and expectations of schools and colleges Clarification of what is, and how to recognise, Inappropriate Sexual Behaviour, Sexual Harassment and Violence Outline the safeguarding response to incidents Identify the importance of recording Develop an awareness of risk management and safety planning. Duration: 3.75 hours	All	DSL/Snr Leaders who are DSL and or SENCo	Wednesday 1 October 25 9.15am - 1pm	Online To be booked via  Here for Schools	£30
Safeguarding in education team	Safeguarding governor training This briefing, including interactive exercises and resources, covers all aspects of the DSG role and responsibilities, cross referenced with both KCSiE and Ofsted expectations. Duration: 2 hours	All	Governor responsible for Safeguarding and SEND	Tuesday, 11 November 2025 Twilight, 6 - 8pm	Online To be booked via  Here for Schools	SLA - £72.00 Non SLA - £98.00
Safeguarding in education team	SIET led twilight briefings	All	All	TBA	Online To be booked via  Here for Schools	TBA

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
SiET twilight delivered by PAPYRUS	Suicide prevention in young people PAPYRUS Prevention of Young Suicide will provide a SPARK Suicide Prevention Awareness, Resource, Knowledge. An introduction to PAPYRUS and suicide prevention. Duration: 45 minutes	All	DSL/SLT / Pastoral and SENCo	Wednesday, 17 September 2025 3.45 - 4.30pm	Online To be booked via Here for Schools	Free
Safeguarding in education team	CAHMS – Understanding self harm A virtual briefing on self-harm presented by CAHMS professionals discussing different topics such as: How prevalent is self-harm? / understanding self-harm as a form of communication / what might be happening for someone who is more likely to self-harm / what happens for young people who self-harm / how to have helpful conversations / how to understand need and assess the risk / how i can help / what can others do, and when do I need to make a referral. To access the course use the link below: (Navigation – training presentations and recorded briefings) Safeguarding in Education Team HERE for Schools	All	All	On Demand	Online	Free
ILS	Strategic governance of SEND Twilight sessions for SEND governors Duration: 1.5 hours	All	Governors	Thursday 20 November 25 6 - 7.30pm	Virtual (Microsoft Teams)	£74

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
ILS	Supporting pupils with SEND in the classroom This event is to help provide class teachers with an insight into researched based strategies which are proven to help pupils with SEND within the classroom. Duration: 2 hours	All	ECTs	Thursday, 20 November 2025 4.30 - 6.30pm	Virtual (Microsoft Teams)	£98
Early years inclusion	Early years training programme September to December 2025 For further information on any of these courses, as well as the Dingley's Promise Programme, Trauma Informed Practice or the Governments Child Development Modules please visit the Family Service Directory. To book a place on any of the courses in this programme please complete a registration form via the link in the document. 📄 Document in 6. Training Autumn Term 2025	All	All	Various	Various	TBA
East Riding of Yorkshire Council (ERYC) learning skills and workforce development	Adult learn Find out more about schools, colleges and education and learning in the East Riding of Yorkshire. We have information about adult education courses and advice and information about finding work. There is a section outlining the services available from East Riding of Yorkshire Council's schools' music service.	All	Internal corporate ERYC staff	Various More information can be found via the link. 📄 Learning (eastriding.gov.uk)	Various	Nil cost for ERYC staff

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
ERYC learning skills and workforce development	Learning and development for ERYC staff Find a course (eastriding.gov.uk)	All	Internal corporate ERYC staff	Various More information via the course finder available on the ERYC intranet.	Various	Nil cost for ERYC staff
Council for disabled children	Training catalogue including e-learning on topics relating to SEND and EHCPs learning.councilfordisabledchildren.org.uk	All	All	Various	Virtual e-learning	Free
IPSEA	Special educational needs and disability law Comprehensive range of training looks in detail at the scope of special educational needs and disability law. You can book onto upcoming 'book a place' training events and learn more about the standard and bespoke training packages available for commission. Modular self-paced online courses are also available to purchase for immediate access. ipsea.org.uk/pages/category/training-for-parent-groups-schools-and-charities	All	Parent groups, schools and charities	Various	Online learning and in person	Cost varies
Community vision	Boost (Buddying opens opportunities, skills and training) By Community Vision. Promoting, developing and supporting voluntary activity within your community. learn.boost-training.org.uk	All	All	On Demand	Virtual e-learning	Cost varies

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
NHS HNY ICB SEND team	SEND Level 3 EHCP writing training for health practitioners What information needs to be included in health advice for education, health and care plans (EHCPs). What good examples of health advice look like. Understanding of the EHCP process. Knowledge of mediation and tribunals. Duration: 2 hours	All	NHS health practitioners	Thursday, 11 September 2025 1 - 3pm	Virtual (Microsoft Teams NHS health practitioners can book on to the training via the following: 🔗 link	Free
East Riding safeguarding children partnership	ERSCP learning and improvement program Please book through the below link: 🔗 eastridingscp.vc-enable.co.uk/events/available You will be required to log in or create an account.	All	All	Various	Various	Free
East Riding mental health support team (Humber Teaching Nhs Foundation Trust)	MHST training sessions Bespoke training sessions individualised to the needs of your whole school community delivered by your mental health support team. These training sessions are available to all MHST schools who have an education mental health practitioner embedded in the school. This can include sessions on emotional health and wellbeing for the whole school with a focus on low to moderate emotional well-being needs, recognition and support/management of these in the school community. Training aims to increase emotional resilience in the school community and contribute to prevention of emotional wellbeing difficulties. Email below to log a request for training or support: 📧 hnf-tr.eymhst@nhs.net	All	All	As required, to be identified during school prep and plan reviews during July and September.	Either face to face in schools or via Microsoft Teams.	No cost


TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
ISPHN 0-19 school nursing team	<p>NHS school nursing team training sessions</p> <p>Bespoke training sessions individualised to the needs of your school community delivered by your NHS school nursing team.</p> <p>This can include sessions on health, wellbeing and school readiness.</p> <p>Email below to log a request for training or support: @ hnf-tr.isphnspoc@nhs.net</p>	All	All	As required, to be identified during school health needs assessments in September / October.	Either face to face in schools or via Microsoft teams.	No cost
Corporate policy team	<p>Armed forces covenant duty e-learning</p> <p>This e-learning provides an overview of the Armed Forces Covenant and public sector bodies' (including schools) obligations in relation to the statutory Duty. It also outlines some of the challenges facing the Armed Forces community, including the potential impacts on children and young people's emotional wellbeing and education, particularly so for those Service children with SEND.</p> <p>Duration: 30 - 45 minutes</p> <p>Reports on completion rates for individual schools can be requested by emailing: @ emma.thompson@eastriding.gov.uk</p>	All	All school staff including ELSAs	<p>On demand</p> <p>Access to the e-learning can be requested by emailing: @ elearning eastriding.gov.uk</p> <p>Please note: Each member of staff will receive an individual link to the e-learning.</p>	Virtual	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Specialist services	<p>SENCo engagement group</p> <p>A group of SENCos have volunteered to work in partnership with the local authority to consult and coproduce developments in specialist services and other related SEND and inclusion services.</p> <p>Duration: 1.5 hours</p>	SENCo	SENCos	<p>Half termly group meetings:</p> <p>Tuesday, 23 September 2025 3.30 - 5pm</p> <p>Friday, 21 November 2025 9 - 10.30am</p> <p>Tuesday, 20 January 2026 3.30 - 5pm</p> <p>Friday, 13 March 2026 9 - 10.30am</p> <p>Tuesday, 12 May 2026 3.30 - 5pm</p> <p>Friday, 3 July 2026 9 - 10.30am</p> <p>To volunteer to be part of the SENCo engagement group and added to the meeting invites, please email: @eps@eastriding.gov.uk</p>	Virtual (Microsoft Teams)	Free
ILS	<p>SENCo induction</p> <p>Sessions for new to role SENCos</p> <p>Duration: 2.5 hours</p> <p>(one session per half term)</p>	SENCo	New to role SENCos	<p>Monday, 29 September 2025</p> <p>Monday, 24 November 2025 9.30am - 12 noon</p>	Virtual (Microsoft Teams)	£244 for all 6 sessions

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
ILS	Secondary SENCo forum Focused session for Secondary SENCos and/or senior leaders with strategic responsibility for SEND Duration: 1.5 hours	SEnCo	Secondary SENCos	Monday, 29 September 2025 3.45 - 5.15pm	Virtual (Microsoft Teams)	Free
ILS	SEnCo forum SENCo update Duration: 3.25 hours	SEnCo	SEnCos	Wednesday, 1 October 2025 1 - 4.15pm	Bishop Burton College	Free
ILS	SEnCo conference Session on planning a curriculum for pupils with severe and complex learning difficulties.	SEnCo	Head teachers and SENCos	TBC	TBC	TBC
Sensory processing service (Humber NHS)	Introduction to the sensory processing service for SENCo's Dates and times to be accessed via the sensory processing service's website: 🔗 Sensory Processing Service – Sensory Processing (humber.nhs.uk)	SEnCo	SEnCos	Various	Various	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Vulnerable children's education team	<p>The East Riding of Yorkshire Council personal education plan process</p> <p>A recording can be provided upon request to DTs with East Riding CLA to explain the PEP process and the process for requesting Pupil Premium for CLA pupils from the ERYC Virtual School. DTs may also request support over Microsoft Teams in place of the recording.</p> <p>Duration: A maximum of 1 hour.</p>	Designated teacher	<p>Designated teachers and those in school completing the PEP documents on behalf of the designated teacher.</p> <p>This is available to all schools who have East Riding CLA</p>	On demand	Recording or Microsoft Teams	No charge
Vulnerable children's education team	<p>Training for new designated teachers</p> <p>In this session we will focus on the statutory duties of the designated teacher. We will explore strategies and approaches to support vulnerable learners in the classroom, with an opportunity to share and reflect on good practice within the group.</p> <p>New designated teachers should also be familiar ERYC Personal Education Plan (PEP) process.</p> <p>Duration of course in hours: 3 hours (half day)</p>	Designated teacher	Designated teachers who are new to the role or those supporting the designated teacher in their settings	<p>Wednesday, 12 November 2025 9am - 12 noon</p> <p>To be booked via Here for Schools hereforschools.co.uk/T276523</p>	Haltemprice Leisure Centre	No charge
Vulnerable children's education team	<p>Designated teacher network</p> <p>An opportunity for designated teachers or their representative to come together and hear key updates from the virtual school and share good practice.</p> <p>Duration: 1 hour</p>	Designated teacher	Designated teachers or their representative	<p>Tuesday, 18 November 2025 3.45 - 4.45pm</p> <p>To be booked via Here for Schools hereforschools.co.uk/T276536</p>	Virtual (Microsoft Teams)	No charge

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Emotional wellbeing and mental health leads from across East Riding LA and Humber NHS/CAMHS	<p>Senior mental health lead network meetings</p> <p>An opportunity for the designated Senior Mental Health Lead (SMHL) in schools to meet and benefit from a range of activities – including.</p> <ul style="list-style-type: none"> ▪ Gain a shared increased understanding of the role ▪ Share experiences and reflect upon practices, ideas, knowledge and skills ▪ Hearing from other professionals/guest speakers to support the role of the SMHL ▪ Opportunities to find out about/discuss/share the most up to date research/guidance/practices. <p>Duration: 1.5 hours</p> <p>gov.uk/guidance/mental-health-and-wellbeing-support-in-schools-and-colleges#resources-for-developing-a-whole-school-or-college-approach</p>	Senior mental health leads	Senior mental health lead in school/ college/ senior leadership/ SENCo	<p>Tuesday, 11 November 2025</p> <p>Tuesday, 3 March 2026</p> <p>Tuesday, 16 June 2026</p> <p>1.30 - 3pm</p> <p>To be booked via Here for Schools</p>	Virtual (Microsoft Teams)	<p>Free</p> <p>Costs will be applied to independent and out of authority schools</p>
Communication and interaction specialists	<p>Understanding autism – a seminar for parents/carers.</p> <p>During this seminar, we will introduce autism, with a focus on the following:</p> <ul style="list-style-type: none"> ▪ Key difficulties and differences of autism ▪ How and why autism affects social communication ▪ How we can support the development of communication skills and strategies. <p>Duration: 2.5 hours</p>	Parents/carers	Parents/carers	<p>Thursday, 6 November 2025</p> <p>10am - 12.30pm</p> <p>To book via email: @eps@eastriding.gov.uk</p>	Cameron Room, Keldmarsh Primary School, Beverley	Free

TEAM	TRAINING COURSE	AREA OF SEND	AUDIENCE	DATE(S) AND TIME	VENUE	COST PER DELEGATE
Family help team	<p>Solihull online parenting courses</p> <p>16 online courses that parents/grandparents/carers etc can access free of charge if they live in the East Riding. There are also two courses specifically for teenagers to complete themselves. Courses are designed by NHS Psychologists.</p> <p>3 courses are also available for professionals around brain development, trauma and attachment.</p> <p>Duration: Varies as they are self-paced</p> <p>Professional courses equate to 3.75 hours of CPD</p>	Parents / carers	Parents / carers young people Professionals	On Demand	<p>Link for parents inourplace.co.uk/east-riding Access code PUFFIN</p> <p>Link for professionals solihullapproachparenting.com/east-riding Access code PUFFIN_PRF</p>	Free of charge
Sensory processing service (Humber NHS)	<p>Introduction to sensory processing for parents / carers</p> <p>Dates and times to be accessed via the Sensory Processing Service's website:</p> <p>  Sensory Processing Service – Sensory Processing (humber.nhs.uk) </p>	Parents / carers	Parents / carers	Various	Various	Free

What's Coming Up

➤ (click on the training course to discover more information)

DATE	TRAINING COURSE	AREA OF SEND
SEPTEMBER		
Tuesday, 9	Moving and handling – full course	Sensory and/or physical
Thursday, 11	SEND level 3 EHCP writing training for health practitioners	All
Wednesday, 17	Suicide prevention in young people	All
Tuesday, 23	Safer recruitment	All
Tuesday, 23	SENCo engagement group	SENCo
Wednesday, 24	Safer recruitment	All
Thursday, 25	Promoting resilience	SEMH
Monday, 29	SENCo induction	SENCo
Monday, 29	Secondary SENCo forum	SENCo
Tuesday, 30	DSL training (new/ refresher)	All
OCTOBER		
Wednesday, 1	Managing inappropriate sexual behaviour(s), sexual harassment and sexual violence	All

DATE	TRAINING COURSE	AREA OF SEND
Wednesday, 1	SENCo forum	SENCo
Tuesday, 7	Team teach level 1 training positive handling and de-escalation	SEMH
Wednesday, 8	Introduction to handwriting part 1	Sensory and/or physical
Monday, 13	An introduction to autism – session 1 (theory)	C&I
Tuesday, 14	Physical difficulties team drop-in sessions	Sensory and/or physical
Monday, 20	An introduction to autism – session 2 (strategies)	C&I
Wednesday, 22	Maths difficulties	C&L
Wednesday, 22	An Introduction to Emotionally Based School Avoidance	SEMH
NOVEMBER		
Wednesday, 5	Literacy difficulties	C&L
Thursday, 6	Understanding autism – a seminar for parents / carers.	Parents / carers
Monday, 10	Supporting children with high demand avoidance	C&I
Monday, 10	Moving and handling awareness	Sensory and/or physical
Tuesday, 11	Moving and handling – refresher	Sensory and/or physical
Tuesday, 11	Safeguarding governor training	All

DATE	TRAINING COURSE	AREA OF SEND
Tuesday, 11	Senior mental health lead network meeting	Senior mental health leads
Wednesday, 12	Educational psychologist open session	All
Wednesday, 12	Training for new designated teachers	Designated teacher
Monday, 17	Supporting pupils with motor skill development	Sensory and/or physical
Tuesday, 18	Youth mental health first aider® – two day	SEMH
Tuesday, 18	Designated teacher network	Designated teacher
Wednesday, 19	Youth mental health first aider® – two day	SEMH
Wednesday, 19	Supporting children and young people through experiences of loss and bereavement	SEMH
Thursday, 20	Strategic governance of SEND	All
Thursday, 20	Supporting pupils with SEND in the classroom	All
Friday, 21	SENCo engagement group	SENCo
Monday, 24	SENCo induction	SENCo
Tuesday, 25	How to teach handwriting part 2	Sensory and/or physical
DECEMBER		
Wednesday, 3	Self-regulated strategy development (SRSD)	C&L

DATE	TRAINING COURSE	AREA OF SEND
Tuesday, 2	Team teach level 1 training positive handling and de-escalation	SEMH
Tuesday, 2	Physical difficulties team drop-in sessions	Sensory and/or physical
Monday, 8	An introduction to relational practice	SEMH
Thursday, 11	Youth mental health first aid champion – one day	SEMH

TRAINING COURSE	AREA OF SEND
ON DEMAND	
A range of autism related training courses	C&I
Emotion coaching	SEMH
Introduction to trauma	SEMH
Maximising the practice of teaching assistants	SEMH
Team teach level 1 training positive handling and de-escalation	SEMH
Train the trainer – behaviour	SEMH

TRAINING COURSE	AREA OF SEND
Understanding survival strategies and emotional regulation	SEMH
Executive functioning; skills for success	SEMH
What lies beneath	SEMH
Identifying and supporting pupils' unmet needs	SEMH
Planning and implementing active break sessions	SEMH
The role of self-care and staff wellbeing within trauma informed practice – module 2	SEMH
Implementing and embedding trauma informed practice in education settings – module 3	SEMH
An introduction to supporting the needs of children and young people who have experienced trauma	SEMH
Glue ear	Sensory and/or physical
Deaf awareness	Sensory and/or physical
Vision awareness	Sensory and/or physical
Physical Difficulties Awareness	Sensory and/or physical
CAHMS – understanding self harm	All
NHS school nursing team – training sessions	All
ARC (Attachment, Regulation and Competency) e-learning package	SEMH

TRAINING COURSE	AREA OF SEND
Boost	All
MHST training sessions	All
Armed forces covenant duty e-learning	All
Solihull online parenting courses	Parents/carers
The East Riding of Yorkshire Council personal education plan process	Designated teacher
VARIOUS	
Children and young people's trauma informed care programme – training 2025 – 2026	SEMH
NASEN Training	SEMH
Nasen Online SEND CPD Units	SEMH
Adult learn	All
Learning and Development for ERYC Staff	All
Training catalogue including e-learning on topics relating to SEND and EHCPs	All
Special educational needs and disability law	All
ERSCP learning and improvement program	All
Early years training programme September to December 2025	All

TRAINING COURSE	AREA OF SEND
Introduction to the sensory processing service for SENCo's	SENCo
Introduction to sensory processing for parents/carers	Parents/Carers
TBA	
Paired reading	C&L
ELSA	SEMH
ELSA supervision open to all ELSAs (autumn term)	SEMH
An introduction to trauma informed practice – module 1	SEMH
SIET led twilight briefings	All
SENCo conference	SENCo