

# Living and working in the UK



If you think you or anyone you know may be a victim of exploitation, scan the QR code for advice and support.



## HOLIDAY LEAVE

- You are entitled to holidays each year – e.g. if you work 5 days a week you will get 28 days of holiday per year.
- You should try to take all holiday entitlements in each 12 month period or you could lose any outstanding.
- Most companies will only pay you outstanding holidays if you leave.



## BANK ACCOUNTS

- It is free to open a bank account and apply for a national insurance number here in the UK.
- It is free to apply for a job here in the UK.
- Never give your ID Card or Bank Card to anybody else.
- You must never share your login details, passwords, or PIN numbers with anybody else.



## MINIMUM WAGE

In the UK you should receive at least:

- National Living Wage (21 and over): £12.21 per hour
- National Minimum Wage (18-20 year olds): £10.00 per hour
- National Minimum Wage (under 18): £7.55 per hour

Accurate as of 01/04/2025



## PAY & WAGES

- In the UK you can be paid weekly or monthly. You should receive payslips each time you are paid.
- You should have your wages paid on the same day each month or week.
- Your payslip will show the hours you are being paid for as well as tax and national insurance deductions.
- In the UK you have the freedom to move between employers and you should not pay anyone to find you a job.



## GROCERIES & FOOD

- On average, a family of 3 spends between £102 - £132 per week on groceries.



## HOUSING & RENTING

- On average, renting a room in a shared house in the UK costs between £250 - £450 per month (London is higher at £950)
- On average, renting a 2-bedroom property in the UK costs between £650 - £900 per month (London is higher at £1,500).

