



Dealing with diarrhoea and vomiting in early years and childcare settings

Email healthprotection@eastriding.gov.uk for any immediate concerns

To manage and control an increase in diarrhoea and vomiting cases in your setting please use this guide as a checklist. If you are unable to implement any of the recommendations, please email healthprotection@eastriding.gov.uk.

What to do if cases increase:

- Increase handwashing using soap and warm water (alcohol-based hand gels do not protect from norovirus/stomach bugs)
- Increase ventilation
- Allocate an isolation space for children who become symptomatic and send them home as soon as possible. They must stay away for a minimum of 48 hours from the last bout of symptoms.
- Avoid mixing in large groups (such as assemblies or dining) if possible

What to do if a child is symptomatic in the setting:

- Remove the rest of the group from the area immediately
- Isolate the area and try not to use for 24-hours (if possible). Ventilate well if the area must be reused within the next 24-hour period.
- Clean the area

How to clean the spillages of bodily fluids

- Wear PPE, including visor, apron and gloves
- Use products which combine detergent and disinfectant that is effective against both bacteria and viruses
- Use disposable paper towels or cloths and dispose of these immediately in a sealed bag inside a lidded bin

More details can be found here: [Preventing and controlling infections - GOV.UK](https://www.gov.uk/government/guidance/preventing-and-controlling-infections)
(www.gov.uk)

Which cleaning products should be used?

Chlorine releasing product at 1000PPM especially for the toilet areas where children have been symptomatic. If unable to use hypochlorite, then should use a dual EN1276 / EN14476 product.

Report to health protection team.

- Report in the usual way on the electronic form: [Infectious disease notification - East Riding of Yorkshire Council - My Account](#)
- Email with immediate concerns: healthprotection@eastriding.gov.uk