

Free parenting courses at Dudley Borough Family Hubs

Triple P is a parenting programme, but it doesn't tell you how to be a parent. It's more like a toolbox of ideas. You and your family choose the ideas you need. You decide the way you want to use them. It's all about making Triple P work for you.

It aims to create supportive family environments, and to prevent, as well as treat, behavioural and emotional problems in children and teenagers.

Starting in May Dudley Council is hosting several free group courses at our Family Hubs. **Book now** to avoid disappointment.

Course name	Course length	Duration of each session	
Triple P Stepping Stones (For parents/carers of children with a disability, for children aged 2 years – 11 years.) The course is designed for parents, carers, foster carers, special guardians and connected persons who have a child with a diagnosed disability – it has the same content as the group course (see above) with some additional strategies for supporting a child with a disability. Got a question? Contact us on our Dudley Parents Website	7 Weeks	2 hours	
	Location	Time	Book
	Brierley Hill Family Hub 18 Parkes Street, Brierley Hill, West Midlands, DY5 3DY	<ul style="list-style-type: none">• Friday, 09 May 2025• Friday, 16 May 2025• Friday, 23 May 2025• Friday, 06 June 2025• Friday, 13 June 2025• Friday, 20 June 2025• Friday, 11 July 2025 Fridays 10:00 - 12:00pm	Book now