


# Are You Expecting A Baby

## Local Antenatal Parent Workshops



Our Family hub maternity practitioners  
invite you to our 2 hour  
interactive workshop, discuss and practice  
areas of life with a new baby.

- Safer sleep & crying in early days
- Baby bathing & nappy changing
- Maternity journey as a family
- Maternity services & professionals
- Close and loving relationships & Support your baby's development.

Phone your local family Hub in Dudley  
following your 20-week scan for details  
and book to Secure your place  
on the Workshop  
Dudley Hub-Selbourne Road, Dudley, DY2 8LJ  
01384 812440

### DATES

- 3<sup>rd</sup> February 2025 10-12pm
- 4<sup>th</sup> March 2025 10-12pm
- 1<sup>st</sup> April 2025 10-12pm
- 6<sup>th</sup> May 2025 10-12pm
- 3<sup>rd</sup> June 2025 10-12pm
- 1<sup>st</sup> July 2025 10-12pm

