

Fatherhood Institute - Working with Fathers in the Transition to Parenthood

Date: 12th June 2024

Time: 10.00 – 12.00

Location: Teams, via this [link](#)

This session draws on the best, up-to-the-minute, international evidence about what happens to men during the transition to fatherhood, including the prevalence of, and risk factors for, paternal mental health problems and how best to support them. We will consider fathers' roles in supporting maternal mental health; the impact of fathers' mental health and adverse childhood experiences in their own and their children's lives; gendered beliefs and attitudes; and fathers' help-seeking behaviours.

Fatherhood Institute - Working with fathers to reduce parental conflict

Date: 25th September 2024

Time: 10.00 – 12.00

Location: Teams, via this Link [Join the meeting now](#)

Participants will explore and develop a father-inclusive approach to supporting the couple and parental relationship *at any point in the parenting cycle*. This interactive, evidence-based training course provides participants with the knowledge and strategies to work productively with the co-parenting relationship, whether they live together or apart.

Working with Hard to Reach or Resistant Fathers

Date: 16th October 2024

Time: 13.00 – 15.00

Location: Teams, via this [link](#)

Fathers are often described as 'hard to reach' or resistant. This short session will explore this labelling and examine fathers' resistance to engage with services, including using motivational interviewing techniques to lower resistance, understanding how the framing of fatherhood in society impacts on their experiences of services and how services can reduce barriers – real and perceived.