

Dudley Carers Hub & Wellbeing Service

Courses for Carers

NCFE Level 1 Award in Interpersonal Skills



Monday 8th April – 8th July 2024, 9.30am – 12.30pm

Dudley Carers Hub, Queens Cross Network, Wellington Road, Dudley, DY1 1RB

As part of our courses for carers we are able to offer carers an opportunity to access a NCFE Level 1 Award in Interpersonal Skills.

The course is for 14 weeks and you must be able to commit to attending a minimum of 12 (90%) of the sessions

The course is delivered by Halesowen College

While completing this qualification, learners may develop their knowledge, understanding and key skills, including team working, independent learning and problem solving, to more tricky-to-measure skills, such as: appropriate interpersonal skills or communicating with professional colleagues and peers.

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What does the course involve?

This qualification is designed to introduce learners to interpersonal skills for use in work, learning or personal situations. It will give learners an understanding of a range of interpersonal skills, how they're used and how these skills can help them to work effectively with others. The qualification will increase learners' self-awareness to aid their personal development.

The qualification will develop learners' personal and social skills to aid relationship building and allow learners to operate independently and effectively in life, learning and work. It will introduce interpersonal skills for use in work or personal relationships/raise awareness of how interpersonal skills are used and how they can enhance relationships/give an understanding of the ethical use of interpersonal skills/increase self-awareness and aid personal development/show an understanding of and develop interpersonal skills.

The course will cover 3 units

1. UNDERSTANDING THE USE OF INTERPERSONAL SKILLS
2. DEMONSTRATE INTEPERSONAL SKILLS
3. UNDERSTANDING ASSERTIVENESS AND SELF-ESTEEM

What are the entry requirements?

Candidates will need to be 16 or over to enrol on this course.

No prior knowledge is required to enrol on this course.

You must be able to commit to attending a minimum of 12 (90%) of the sessions

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How are students assessed?

Continuous assessment through classwork/journals and portfolio building

Completion of portfolio by end of course which will be internally and externally assessed.

A completely signed off portfolio of evidence is mandatory by the end of the course for final assessment to take place.

NOTE: External verifiers may request copies of your portfolio but your confidentiality will be kept at all times.

Will this course lead to a formal qualification?

Yes - NCFE Level 1 Award in Interpersonal Skills

What is required for the first class?

Writing materials and a lever arch folder for portfolio building..

Progression opportunities

Learners who achieve this qualification could progress to a number of NCFE Level 2 qualifications in areas where interpersonal skills are of importance. It may also be useful to learners studying qualifications in the following sectors:

- health and social care
- counselling
- customer service
- childcare
- community work
- youth work
- education.

Please call 01384 818723 or email dudleycarershub@dudley.gov.uk and register your interest and book a place.

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Information



Advice



Support

