

Dudley Carers Hub & Wellbeing Service

A Helping Hand – ‘Slow and Low’ Slow Cooker Scheme



Carers who are struggling with increased energy and food costs may be eligible for a free slow cooker to help cope with these increased costs, whilst also learning new recipes, through our *A Helping Hand - Slow and Low Scheme*.

With concerns about increased energy and food costs, we are supporting carers to have access to an energy efficient cooking appliance that could help save money long term.

Slow cookers are ideal for individuals, couples and families, they are easy to use and with an estimated running cost of 16p per day or £59 annually, compared to 87p or £316 annually for an electric cooker (figures based on Utilita energy) they have the benefit of reducing household bills and carbon footprint, with the added bonus of eating wholesome warm meals.

Carers will be provided a slow cooker and support on how to make the most of the appliance, as well as information, advice and support on managing finances, paying bills, staying warm and accessing eligible benefits, Household Support Payments or discount schemes from our Wellbeing Service.

Carers who are providing unpaid care to a family member, friend or neighbour due to illness, disability or substance dependency and struggling with the cost of living can be referred to the scheme by a professional organisation currently working with them.

For more information contact Dudley Carers Hub and Wellbeing Service on 01384 818723 or email dudleycarershub@dudley.gov.uk

Sign up for our free newsletter, ebulletins and text message alerts call 01384 818723 or email dudleycarershub@dudley.gov.uk

Supporting people who care



Information



Advice



Support

