



December 2022

## PROGRAMME UPDATE

*Keeping stakeholders, parents and carers informed about Dudley's Special Educational Needs and Disabilities (SEND) Improvement Programme.*

### Update from Dudley Carers Alliance and Dudley Carers Hub

#### Carers Week 2023 – Carers Alliance Working Group

Dudley Carers Alliance have set are looking to set up a working group of Alliance members to focus on developing a programme of activities for Carers Week 2023 (12<sup>th</sup> June 2023), including a Carers marketplace event on the grounds of Mary Steven's Centre, Stourbridge hosted by We Love Carers. We Love Carers has provided and initial overview which we would like to develop with members and partners alongside a range of other activities across the week. We Love Carers are also looking to host a Carers Awards and would like suggestions for possible award categories and ideas for the event.



If you are interested in joining the working group to develop a Carers Week 2023 event programme please email [dudleycarershub@dudley.gov.uk](mailto:dudleycarershub@dudley.gov.uk) and we will send you the link.

#### Dudley Carers Hub and Events –

[Dudley Carers Hub and Wellbeing Service](#), run by Dudley Council, supports unpaid carers of all ages.

We offer information, advice and a range of support to anyone caring for a family member or friend. Many people who provide care often do not recognise themselves as a carer, and aren't aware of the support available to them. We aim to empower carers to make informed choices and provide specialist advice and support including:

- Information on financial and legal rights
- Advice on respite services
- Advice on accessing social care and health and wellbeing services
- Emotional support
- A specialist Dudley Young Carers Service



- Support with getting out and about, including social groups and carers groups
- Help with arranging a carers assessment
- Specialist training courses for carers

There are two hubs located at Queens Cross Network in Dudley and Brett Young Centre in Halesowen. Call us for more information, or to book an appointment with us on 01384 818723 or email [dudleycarershub@dudley.gov.uk](mailto:dudleycarershub@dudley.gov.uk). We are open 9am-5pm, Monday to Friday. If you need support outside these hours you should call Dudley's adult social care emergency duty team on 0300 555 8574, 5pm - 9am Monday to Sunday, including Bank Holidays.

#### December events

<b>20<sup>th</sup> Dec Tuesday</b>	Brett Young Centre  Halesowen  10am – 3.30 pm	<b>Wellbeing Advisor</b>	Book an appointment with one of our Wellbeing Advisors for a face to face consultation. Our advisors give advice and support to help you in all aspects of your caring role. If you require an appointment outside of these times please speak to our team.	<b>Carers Hub &amp; Wellbeing Service</b>  <b>01384 818723 or email</b> <a href="mailto:dudleycarershub@dudley.gov.uk">dudleycarershub@dudley.gov.uk</a>
<b>20<sup>th</sup> Dec Tuesday</b>	Brett Young Centre  Halesowen  11am – 1pm	<b>Ladies Group</b>	Opportunity to take part in various activities and meet other carers.  Join us for the End of Year Party	<b>Call Tehmina 07523 515125</b>  or <b>Carers Hub &amp; Wellbeing Service</b>  <b>01384 818723 or email</b> <a href="mailto:dudleycarershub@dudley.gov.uk">dudleycarershub@dudley.gov.uk</a>
<b>22<sup>nd</sup> Dec Thursday</b>	Brett Young Centre  Halesowen  12:30 pm – 2:30 pm	<b>Wellbeing &amp; Relaxation</b>	Opportunity to take part in various activities and meet other carers.	<b>Call Stuart on 07486 380590</b>  or <b>Carers Hub &amp; Wellbeing Service</b>  <b>01384 818723 or email</b> <a href="mailto:dudleycarershub@dudley.gov.uk">dudleycarershub@dudley.gov.uk</a>

Coming in January 2023 – Pilates Course for Carers, in partnership with Adult and Community Learning



A 12-week programme of Pilates starting on Monday 23rd January 2022 at 10.30am – 11.30am (1hr) at Brett Young Carers Hub Old Hawne Lane, Halesowen, B63 3TB.

Call the Carers Hub & Wellbeing Service 01384 818723 or email [dudleycarershub@dudley.gov.uk](mailto:dudleycarershub@dudley.gov.uk) for more information.

**Want to know more about what Dudley Carers Hub can offer?**

Sign up for our free newsletter and e bulletins by completing our online registration form at <https://adultsocialcare.dudley.gov.uk/> or call **01384 818723** to speak to an advisor

