

Children first and at the heart of all we do

Available Training:

Understanding Children's Mental Health and Wellbeing

Free online courses for professionals on:

Understanding Trauma

This course covers Type 1 and 2 trauma, the window of tolerance, going through a traumatic experience, neurology and recognising trauma, recovery and more...

Understanding Attachment

This course is for professionals who want to understand more about attachment, and shows how containment and reciprocity underpin the quality of an attachment.

Understanding Brain Development

This course is for professionals who want an introduction into brain development from the antenatal period to adolescence.

Each course will take approx. 3.75 hrs CPD per course. [Find out more on our website.](#)

CPP Training Programme 2022

Please visit the [CPP website](#) to view all available training opportunities. You can find a PDF leaflet attached to this email that illustrates the various types of training available.

Childhood Adversity and Trauma Informed Practice Training

This course offers something both for those who are new to ACEs as a concept and those with some existing prior knowledge. It is aimed at both those who work with children and young people and those who work regularly with adults. These training modules have been developed in partnership between the West Midlands Violence Reduction Unit and Barnardo's.

Throughout the course of the day you will complete two modules;

1. **An Introduction to Childhood Adversity and Trauma Informed Practice which aims to support with:**

- To understand the potential impact of ACEs and trauma across the life course.
- To understand how to recognise the signs of trauma in behaviour.

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- To understand what trauma-informed practice means.
 - To gain a basic understanding into how an organisation can begin a journey towards a trauma-informed organisational culture.
- 2. Trauma Informed Practice, which aims to support with:**
- To develop understanding of the theory and concepts behind the potential impact of ACEs and trauma across the life course
 - To understand what trauma-informed and trauma-responsive practice looks, sounds and feels like.
 - To gain a basic understanding into how an organisation can begin a journey towards a trauma-informed organisational culture. The session is structured to return to key ideas and reinforce core messages as take home learning.

Training dates available:

Thursday 28 July 2022 (09:00 - 17:00)

Thursday 22 September 2022 (09:00 - 17:00)

Tuesday 6 December 2022 (09:00 - 17:00)

Please visit the [CPP website](#) for more information and to book onto the training.

Understanding Your Child: Solihull Approach

Visit our one-stop shop for lots of online courses for everyone in our borough.

Go to www.dudleyparents.co.uk to register for online learning.

UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH

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Worth £48 per couple

Online course

Understanding your relationships

Relationships can be difficult, complicated, fun, satisfying, exciting, annoying, bring out the best in us, bring out the worst in us. We are often in one, but we don't often spend much time on them. So here's the chance!

Features:

- 11 Modules
- 15-20 mins (per Module)
- Integrated Notebook
- Quizzes
- Certificate