

# FREE Online Courses for Professionals across Dudley and Walsall



## Understanding Trauma

This course covers Type 1 and 2 trauma, the window of tolerance, going through a traumatic experience, neurology and recognising trauma, recovery and more...

## Understanding Attachment

This course is for professionals who want to understand more about attachment, and shows how containment and reciprocity underpin the quality of an attachment.

## Understanding Brain Development

This course is for professionals who want an introduction into brain development from the antenatal period to adolescence.

**Each course will take approx. 3.75 hrs CPD per course**

**Turn over for  
sign-up details**



**Walsall Council**



## Step 1

Go to Dudley Parenting  
[www.dudleyparents.co.uk](http://www.dudleyparents.co.uk)

## Step 2

Go to top right of  
page and click on  
'courses for  
professionals'

Use Free Access Code

**WALSACASTLE\_PRIF**



**For technical support contact:**

**[solihull.approach@uhb.nhs.uk](mailto:solihull.approach@uhb.nhs.uk)**

or **0121 296 4448**

Monday to Friday 9.00am – 5.00pm