



October 2020

## PROGRAMME UPDATE

### *Keeping stakeholders, parents and carers informed about Dudley's Special Educational Needs and Disabilities (SEND) Improvement Programme*

#### **5. Supporting staff to support student's wellbeing**

Wellbeing for Education Return is a new DfE funded package of training and resources intended to support education staff to promote children and young people, teachers and parents and carers' mental wellbeing and resilience and aid mental health recovery, in light of the impact of COVID-19 and lockdown.

Schools have continued to offer education support throughout the lockdown period, and all have welcomed children back into school for the autumn term. They have already put into place measures to support physical and mental wellbeing. This additional training will assist staff to identify potential issues early on and provide early intervention to help children and young people build their own resilience and help them to access the right support.

The training addresses concerns related to mental health and emotional wellbeing such as bereavement and loss, anxiety, low mood, stress and trauma, warning signs and signposting.

This programme compliments the Every Mind Matters campaign and builds on the work our schools and educational settings are already doing to support our children and young people as they return to education.

The training is available to all education staff, including and beyond teachers, tutors and senior leaders, giving them additional skills to help identify issues before they arise and helping our children and young people to access the support they need.

The Wellbeing for Education Return training has been developed by the e-learning platform MindEd, working closely with the Anna Freud Centre for Children and Families (AFC).

Dudley Educational Psychology Service will train staff at Dudley schools and colleges over the Autumn and Spring terms.

The aim is to help as many schools and FE providers as possible to provide wellbeing support for children and young people, preventing as many as possible from developing mental health difficulties and ensuring those with pre-existing or emerging difficulties access the right support.

Training will be rolled out after October half term and is supported by the Every Mind Matters national programme which launched when children returned to school.

For more information contact [dawn.goodall@dudley.gov.uk](mailto:dawn.goodall@dudley.gov.uk)

### Contacts:

- Acting Director Children's Services - Helen Ellis [helen.ellis@dudley.gov.uk](mailto:helen.ellis@dudley.gov.uk)
- Interim Head of SEND – Toni Dawodu [toni.dawodu@dudley.gov.uk](mailto:toni.dawodu@dudley.gov.uk)
- SEND Manager - Sue Powell – [susan.powell@dudley.gov.uk](mailto:susan.powell@dudley.gov.uk)
- SEND Team Manager North- Rob Bennett [robert.x.bennett@dudley.gov.uk](mailto:robert.x.bennett@dudley.gov.uk)
- SEND Team Manager South –Kelly Warne [kelly.warne@dudley.gov.uk](mailto:kelly.warne@dudley.gov.uk)
- SEND Programme Manager – Simon Hickman [simon.hickman@dudley.gov.uk](mailto:simon.hickman@dudley.gov.uk)
- SEND Programme Manager – Paul Klein [paul.klein@dudley.gov.uk](mailto:paul.klein@dudley.gov.uk)

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