

How do I apply?

Visit mygov.scot/benefits to apply online.
Or call us for free on **0800 182 2222**
to apply over the phone, to request a paper
application form or to book an appointment
to get face-to-face support at a time and
place that suits you.



A guide to Social Security Scotland's benefits



How to contact us

-  Call us free on: 0800 182 2222
-  Text Relay Service: 18001 +0300 244 4000
(for the hard of hearing)
-  British Sign Language users: contactsotland-bsl.org
-  Webchat: chat.socialsecurity.gov.scot

Get extra support applying for benefits

The Independent Advocacy Service provided by VoiceAbility is open to anyone with a disability who needs support to access and apply for Social Security Scotland benefits. Contact VoiceAbility directly for free on **0300 303 1660** or by visiting www.voiceability.org.



Follow Social Security Scotland



Guide to our benefits/March 2023

Dignity,
fairness,
respect.

Social Security Scotland has been set up by the Scottish Government to deliver a social security system for the people of Scotland based on our values of dignity, fairness and respect.

We deliver benefits for people with children under 16, disabled people, carers, young people entering the workplace, people who need help paying for a funeral and to help people heat their homes.

The Department for Work and Pensions (DWP) and local authorities also continue to deliver some benefits.

Benefits for people with children under 16

People getting Universal Credit, tax credits or other qualifying benefits could be entitled to five family payments.

Best Start Grant Pregnancy and Baby Payment

A £707.25 payment for a first child and £353.65 for other children. People can apply from the end of the 24th week of pregnancy until their baby is 6 months old.

Best Start Grant Early Learning Payment

A £294.70 payment when a child is between the ages of 2 and 3.5 years. People can still get the payment if their child is not taking up a place at nursery.

Best Start Grant School Age Payment

A £294.70 payment when a child is first old enough to start school. You don't need to take up a school place to get the payment.

Best Start Foods

Money every four weeks on a pre-paid card from pregnancy until a child is 3 years old to buy healthy food.

Scottish Child Payment

A payment of £100 every 4 weeks for each eligible child under the age of 16.

Benefits for carers

Carer's Allowance Supplement

An extra payment of £270.50 to people who receive full or partial Carer's Allowance from the DWP on certain qualifying dates. This is paid automatically to eligible carers every 6 months.

Young Carer Grant

A yearly payment of £359.65 for young carers aged 16, 17 and 18 who care for someone for around 16 hours per week who is getting a disability benefit.

Benefit for young people entering the workplace

Job Start Payment

£294.70 to help with the costs of starting a job for people aged 16-24 who have been getting certain benefits for 6 months or more and returning to work after a period of unemployment. People with children will receive £471.50.

Benefit for people who need help paying for a funeral

Funeral Support Payment

Money for people getting Universal Credit, tax credits or other qualifying benefits who are responsible for paying for a funeral. It is a one-off payment to cover some of the costs.

Benefits to help people heat their homes

Child Winter Heating Assistance

A yearly payment of £235.70 that's paid automatically to families of children getting the highest rate care component of Disability Living Allowance for children to help heat their home.

Winter Heating Payment

A yearly payment of £55.05 that's paid automatically to help people getting certain benefits who might have extra heating needs.

Benefits for disabled people

Child Disability Payment

A payment every 4 weeks to help with the extra costs of caring for a child with a disability, illness or health condition.

Adult Disability Payment

Financial support for people if they are aged between 16 and state pension age, and are disabled, have a long term health condition or terminal illness.

For the latest information on the benefits we deliver visit mygov.scot/benefits