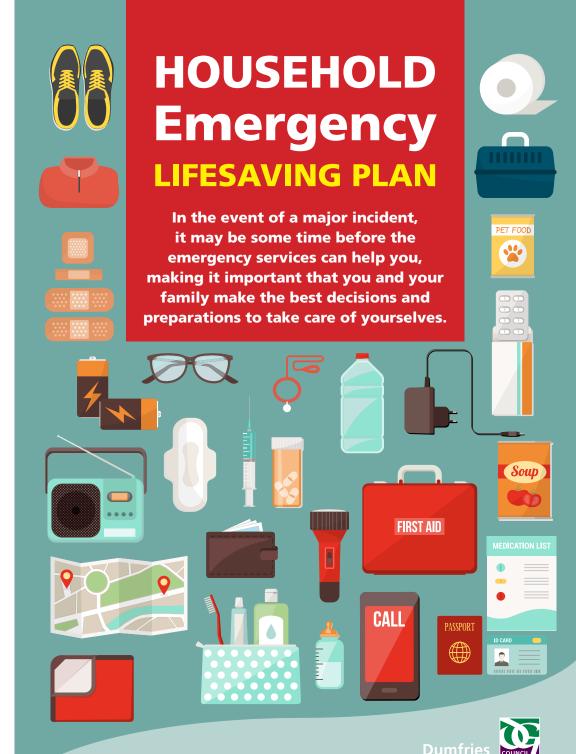
What To Do In An Emergency

- Try to remain calm, reassure others and think before acting
- Make sure 999 has been called if people are injured or if there is a threat to life
- Do not put yourself or others in danger and follow the advice of the emergency services
- Don't forget about your pets, their equipment and pet food.
- Have a prepared kit for when an incident occurs.
- When you are told that it is safe to return home, open windows to provide fresh air before arranging for gas, electricity and water supplies to be reconnected.

Sugggested Emergency Kit Checklist Items

- A radio with spare batteries or a wind up radio
- A torch with spare batteries or a wind up torch
- sleeping bag / roll mat / duvet
- A First Aid kit
- Copies of important documents like birth certificates, insurance policies and this plan
- Bottled water and ready to eat food (tinned food), with a can opener if required. Enough for 3 days if trapped at home.
- Toiletries, sanitary supplies
- Prescribed medication
- Playing cards, games/some form of entertainment
- Any **special equipment** for **infants** or the **elderly**
- Mobile phone and charger
- Cash/credit cards
- Spare clothes/blankets
- Home/car keys

General Notes



As an individual, household or family, agree on a plan in advance.

Complete the following and keep it safe should you need to use it.

Where will I go if I am evacuated from my house?

Where will we meet as a family if we are all evacuated?				
Who will pick the children up?				
Who will switch the Electricity, Gas and Water off before leaving?				
You should check your neighbours - they may need your help.				
Neighbours to the left		Neighbour	s to the right	
Name(s)		Name(s)		
Home No		Home No		
Mobile No		Mobile No		

Key Contact Information

In an **emergency** always dial **999** when there is a risk to life or property.



- Dumfries and Galloway Council Contact Centre Tel 030 33 33 3000 (when calling "out of hours" press 1 for Care Call).
- Police Scotland Tel 101
 The non-emergency for any policing issues in your area.
- NHS 24 Tel 111
 For urgent care advice and mental health support day or night from NHS 24.
- Scottish Power Tel 105
 To report or get information about power cuts in your area.
- BT Openreach
 Tel 0800 023 2023

 To report telephone income.

To report telephone issues in your area.

- Scottish Water
 Tel 0800 077 8778
- Scottish Gas
 Tel 0800 111 999

For emergency issues such as a gas leak.

Doctor
Work
Car Insurance
Home Insurance
Mobile Phone
Home Phone
Council Ward Officer
Elected member(s)

