

ADULT SUMMER PROGRAMME 2022

Dumfries / Castle Douglas

For more information contact
 Susan Brown, Lifelong Learning Officer
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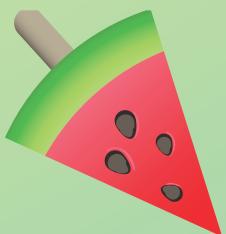
**Lifelong
Learning
Service**

MON 11 JULY Health Walk North West Resource Centre, Dumfries 10am	WED 13 JULY Adult Craft Class The Bridge, Dumfries 10am-12noon	THUR 14 JULY Stroll in the Park Dock Park, Dumfries 11am
MON 18 JULY Health Walk North West Resource Centre, Dumfries 10am	TUE 19 JULY Stroll in the Park The Crichton, Dumfries 1.30pm	WED 20 JULY Adult Craft Class 10am-12noon, The Bridge, Dumfries
		Adult Craft Class Castle Douglas Community Centre 1.30-3.30pm
		THUR 21 JULY Card Making The Bridge, Dumfries 1.30-3.30pm
MON 1 AUG Health Walk North West Resource Centre, Dumfries 10am	TUE 2 AUG Card Making The Bridge, Dumfries 1.30-3.30pm	WED 3 AUG Adult Craft Class The Bridge, Dumfries 10am-12noon
		Adult Craft Class Castle Douglas Community Centre 1.30-3.30pm
MON 8 AUG Health Walk North West Resource Centre, Dumfries 10am	TUE 9 AUG Stroll in the Park The Crichton, Dumfries 1.30pm	WED 10 AUG Adult Craft Class The Bridge, Dumfries 10am-12noon
		Cooking on a Budget Summerhill Community Centre, Dumfries 12noon-3pm
		Adult Craft Class Castle Douglas Community Centre 1.30-3.30pm
		THUR 11 AUG Card Making The Bridge, Dumfries 1.30-3.30pm

ADULT SUMMER PROGRAMME 2022

Stranraer

**Lifelong
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Service**



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MON 11 JULY Card Making Stranraer Customer Service Centre 11am-12.30pm	TUE 12 JULY Beginners Spanish Dumfries and Galloway College (Stranraer Campus) 1.30pm-2.30pm	WED 1 JULY Card Making Stranraer Customer Service Centre 11am-12.30pm	THUR 14 JULY Stroll in the Park Agnew Park, Stranraer 1.30pm
MON 18 JULY Beginners Spanish Dumfries and Galloway College (Stranraer Campus) 10.30am-11.30am	TUE 19 JULY Card Making Millennium Centre, Stranraer 1.30pm-3pm	WED 20 JULY Card Making Stranraer Customer Service Centre 10.30am-12noon	THUR 21 JULY Stroll in the Park Agnew Park, Stranraer 1.30pm

MON 1 AUGUST Cooking on a Budget Dumfries and Galloway College, (Stranraer Campus) 9am-12noon	TUE 2 AUGUST Beginners Spanish Dumfries and Galloway College, (Stranraer Campus) 10.30am-11.30am	WED 3 AUGUST Card Making Stranraer Customer Service Centre 1.30pm-3pm	THUR 4 AUGUST Stroll in the Park Agnew Park, Stranraer 1.30pm
Beginners Spanish Dumfries and Galloway College, (Stranraer Campus) 1.30pm-2.30pm			
MON 8 AUGUST Card Making Stranraer Customer Service Centre 11am-12.30	TUE 9 AUGUST Cooking on a Budget Dumfries and Galloway College, (Stranraer Campus) 9am-12noon	WED 10 AUGUST Card Making Stranraer Customer Service Centre 1.30pm-3.00pm	THUR 11 AUGUST Stroll in the Park Agnew Park, Stranraer 1.30pm



ADULT SUMMER PROGRAMME 2022

Newton Stewart

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**Lifelong
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Service**

MON 11 JULY
Accessible Art for Mental Health Newton Stewart Customer Service Centre 10am-12noon
Relax Hour with Gayle Newton Stewart Customer Service Centre 2pm-3pm

TUE 12 JULY
Walk & Talk Old Health Centre Car Park 3pm-4pm

WED 13 JULY
Brew & Blether Newton Stewart Customer Service Centre 10.30am-11.30am

MON 18 JULY
Accessible Art for Mental Health Newton Stewart Customer Service Centre 10am-12noon

WED 20 JULY
Card Making Newton Stewart Customer Service Centre 1.30pm-3.00pm

MON 8 AUGUST
Relax Hour with Gayle Newton Stewart Customer Service Centre 2pm-3pm

TUE 2 AUGUST
Walk & Talk Old Health Centre Car Park 3pm-4.00pm

WED 3 AUGUST
Card Making Newton Stewart Customer Services Centre 10am-12.00noon

THUR 4 AUGUST
Relax Hour with Gayle 2pm-3pm

WED 10 AUGUST
Brew & Blether Newton Stewart Customer Service Centre 10.30am-11.30am

THUR 11 AUGUST
Relax Hour with Gayle Newton Stewart Customer Service Centre 2pm-3.00pm