

LUNCH

Week 1

naturally

D&G

28 October, 18 November, 9 December, 13 January, 3 February, 24 February, 16 March,

DAILY DELI SPECIALS

£2.00

HOT AND COLD  
Pasta POTS

Udderly Brilliant!

chilled  
DRINKS

HOT  
DRINKS

SALAD  
POTS

homemade  
NOODLE POT

FILLINGS

- Chicken
- Chicken Mayonnaise
- Coronation Chicken
- Spicy Chicken
- Egg Mayonnaise
- Salad
- Tuna or Salmon
- Boiled Ham
- Roast Beef
- Cheese
- Cheese Savoury

CHOOSE FROM: Soup or any Dessert + Any Main Course + Selected Drink

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup
Savoury Minced Beef, Potatoes	Macaroni Cheese with Chips or Boiled Potatoes	Steak Pie, Potatoes and Carrot and Turnip Mash	Lasagne	Fish, Chips or Boiled Potatoes
Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad
or	or	or	or	or
Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special
Fruit	Fruit	Fruit	Fruit	Fruit
Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
Iced Fruit Cupcake	Sticky Chocolate Brownie	Berry Muffin	Fruity Oat Cookie	Carrot Cake and Custard
Chocolate and Raspberry Cookie	Carrot Cake	Chocolate Brownie	Blueberry Muffin	Orange Crunch Muffin
Flapjack	Flapjack	Flapjack	Flapjack	Flapjack
Shortbread	Shortbread	Shortbread	Shortbread	Shortbread

Think Allergy!

**Food Allergies and Intolerances:** Before you order your food and drink please speak to a member of the Catering Team if you want to know about the ingredients we use.



LUNCH

Week 2

naturally  
D&G

4 November, 25 November, 16 December, 20 January, 10 February, 2 March, 23 March

DAILY DELI SPECIALS

£2.00

HOT AND COLD  
Pasta POTS

SALAD  
POTS

chilled  
DRINKS

HOT  
DRINKS

homemade  
NOODLE POT

FILLINGS

- Chicken
- Chicken Mayonnaise
- Coronation Chicken
- Spicy Chicken
- Egg Mayonnaise
- Salad
- Tuna or Salmon
- Boiled Ham
- Roast Beef
- Cheese
- Cheese Savoury

off The Scale!  
HELP COMBAT OBESITY

CHOOSE FROM: Soup or any Dessert + Any Main Course + Selected Drink

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup
Macaroni Cheese, Tomato and Garlic Bread	Sausage and Onion Baguette with Chips or Boiled Potatoes	Roast Beef in Gravy, Yorkshire Pudding, Potatoes	Breaded Chicken Fillet Burger and Coleslaw	Breaded Fish, Chips or Boiled Potatoes
Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad
or	or	or	or	or
Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special
Fruit	Fruit	Fruit	Fruit	Fruit
Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
Chocolate Brownie and Ice Cream	Chocolate and Berry Cookie	Fruity Flapjack	Cranberry and Coconut Cookie	Apple Crumble and Custard
Raspberry Muffin	Carrot Cake	Sticky Chocolate Muffin	Banana and Chocolate Muffin	Orange Crunch Muffin
Flapjack	Flapjack	Carrot Cake	Flapjack	Flapjack
Shortbread	Shortbread	Shortbread	Shortbread	Shortbread

Think Allergy!

Food Allergies and Intolerances: Before you order your food and drink please speak to a member of the Catering Team if you want to know about the ingredients we use.



LUNCH

week 3

naturally  
D&G

11 November, 2 December, 6 January, 27 January, 17 February, 9 March, 30 March

DAILY DELI SPECIALS

£2.00

HOT AND COLD  
Pasta POTS

SALAD  
POTS

chilled  
DRINKS

HOT  
DRINKS

homemade  
NOODLE POT

FILLINGS

- Chicken
- Chicken Mayonnaise
- Coronation Chicken
- Spicy Chicken
- Egg Mayonnaise
- Salad
- Tuna or Salmon
- Boiled Ham
- Roast Beef
- Cheese
- Cheese Savoury

Great crack!

CHOOSE FROM: Soup or any Dessert + Any Main Course + Selected Drink

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup
Chicken Curry with Rice	Beef Burger, Tomato Relish and Chips or Boiled Potato	Roast Chicken with Potatoes	Macaroni Cheese with Garlic Bread	Breaded Fish, Chips or Boiled Potatoes
Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad
or	or	or	or	or
Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special
Fruit	Fruit	Fruit	Fruit	Fruit
Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
Chocolate and Pear Brownie	Chocolate and Raspberry Cookie	Sticky Chocolate Muffin	Mandarin Cupcake	Apple Sponge and Custard
Blueberry Muffin	Chocolate Banana Brownie	Apple and Cinnamon Cookie	Sticky Chocolate Muffin	Carrot Cake
Flapjack	Flapjack	Flapjack	Flapjack	Flapjack
Shortbread	Shortbread	Shortbread	Shortbread	Shortbread

Think Allergy!

**Food Allergies and Intolerances:** Before you order your food and drink please speak to a member of the Catering Team if you want to know about the ingredients we use.