

# LUNCH

## Week 1

28 October, 18 November, 9 December, 13 January, 3 February, 24 February, 16 March,

### DAILY Deli SPECIALS

£2.00

#### HOT AND COLD Pasta POTS

Udderly Brilliant!

#### Salad POTS

#### CHILLED DRINKS

#### HOT DRINKS

#### Homemade NOODLE POT

#### FILLINGS

Chicken  
Chicken Mayonnaise  
Coronation Chicken  
Spicy Chicken  
Egg Mayonnaise  
Salad  
Tuna or Salmon  
Boiled Ham  
Roast Beef  
Cheese  
Cheese Savoury

#### Sub Roll

#### Panini

#### Baked Potato

CHOOSE FROM: **Soup or any Dessert + Any Main Course + Selected Drink**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Homemade Soup

Homemade Soup

Homemade Soup

Homemade Soup

Homemade Soup

Savoury Minced Beef,  
Potatoes

Macaroni Cheese  
with Chips or  
Boiled Potatoes

Steak Pie, Potatoes  
and Carrot and  
Turnip Mash

Lasagne

Fish, Chips  
or Boiled Potatoes

Selection of Vegetables  
or Salad

or

or

or

or

or

Daily Deli Special

Fruit

Fruit

Fruit

Fruit

Fruit

Fruit Yoghurt

Fruit Yoghurt

Fruit Yoghurt

Fruit Yoghurt

Fruit Yoghurt

Iced Fruit Cupcake

Sticky Chocolate  
Brownie

Berry Muffin

Fruity Oat Cookie

Carrot Cake  
and Custard

Chocolate and  
Raspberry Cookie

Carrot Cake

Chocolate  
Brownie

Blueberry  
Muffin

Orange Crunch  
Muffin

Flapjack

Flapjack

Flapjack

Flapjack

Flapjack

Shortbread

Shortbread

Shortbread

Shortbread

Shortbread

Think Allergy!

**Food Allergies and Intolerances:** Before you order your food and drink please speak to a member of the Catering Team if you want to know about the ingredients we use.

# LUNCH

Week 2

4 November, 25 November, 16 December, 20 January, 10 February, 2 March, 23 March

naturally  
D&G

## DAILY Deli SPECIALS

HOT AND COLD  
Pasta POTS

SALAD  
POTS

CHILLED  
DRINKS

HOT  
DRINKS

homemade  
NOODLE POT

FILLINGS

Chicken  
Chicken Mayonnaise  
Coronation Chicken  
Spicy Chicken  
Egg Mayonnaise  
Salad  
Tuna or Salmon  
Boiled Ham  
Roast Beef  
Cheese  
Cheese Savoury

£2.00

sub Roll -

baked POTATO -

Panini -

off The Scale!  
HELP COMBAT OBESITY

CHOOSE FROM: **Soup or any Dessert + Any Main Course + Selected Drink**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup
Macaroni Cheese, Tomato and Garlic Bread	Sausage and Onion Baguette with Chips or Boiled Potatoes	Roast Beef in Gravy, Yorkshire Pudding, Potatoes	Breaded Chicken Fillet Burger and Coleslaw	Breaded Fish, Chips or Boiled Potatoes
Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad	Selection of Vegetables or Salad
or	or	or	or	or
Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special	Daily Deli Special
Fruit	Fruit	Fruit	Fruit	Fruit
Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
Chocolate Brownie and Ice Cream	Chocolate and Berry Cookie	Fruity Flapjack	Cranberry and Coconut Cookie	Apple Crumble and Custard
Raspberry Muffin	Carrot Cake	Sticky Chocolate Muffin	Banana and Chocolate Muffin	Orange Crunch Muffin
Flapjack	Flapjack	Carrot Cake	Flapjack	Flapjack
Shortbread	Shortbread	Shortbread	Shortbread	Shortbread

Think Allergy!

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# LUNCH

Week 3

11 November, 2 December, 6 January, 27 January, 17 February, 9 March, 30 March

naturally  
D&G

## DAILY Deli SPECIALS

£2.00

HOT AND COLD  
Pasta POTS

Salad  
POTS

CHILLED  
DRINKS

HOT  
DRINKS

hOMEMADE  
NOODLE POT

FILLINGS

Chicken  
Chicken Mayonnaise  
Coronation Chicken  
Spicy Chicken  
Egg Mayonnaise  
Salad  
Tuna or Salmon  
Boiled Ham  
Roast Beef  
Cheese  
Cheese Savoury

Great crack!

CHOOSE FROM: **Soup or any Dessert + Any Main Course + Selected Drink**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Homemade Soup

Homemade Soup

Homemade Soup

Homemade Soup

Homemade Soup

Chicken Curry  
with Rice

Beef Burger, Tomato  
Relish and Chips or  
Boiled Potato

Roast Chicken with  
Potatoes

Macaroni Cheese with  
Garlic Bread

Breaded Fish, Chips or  
Boiled Potatoes

Selection of Vegetables  
or Salad

or

or

or

or

or

Daily Deli Special

Fruit

Fruit

Fruit

Fruit

Fruit

Fruit Yoghurt

Fruit Yoghurt

Fruit Yoghurt

Fruit Yoghurt

Fruit Yoghurt

Chocolate and Pear  
Brownie

Chocolate and Raspberry  
Cookie

Sticky Chocolate Muffin

Mandarin Cupcake

Apple Sponge and  
Custard

Blueberry Muffin

Chocolate Banana  
Brownie

Apple and Cinnamon  
Cookie

Sticky Chocolate Muffin

Carrot Cake

Flapjack

Flapjack

Flapjack

Flapjack

Flapjack

Shortbread

Shortbread

Shortbread

Shortbread

Shortbread

Think Allergy!

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