

Love learning locally

South
Derbyshire

Derbyshire Adult Community Learning

April to July 2023
Courses

**Book
Now**



Booking, Payment and Fees

How to book and pay

Booking and payment for all our Community Learning courses is via our Eventbrite page [derbyshireadulteducation.eventbrite.com*](https://www.eventbrite.com/derbyshireadulteducation)

Help with online booking

If you struggle with online booking and payment, we are here to help. Drop into your local centre or give them a call. Centre contact details are on the back page. If you get the answer machine leave a message with your name and contact details and someone will call you back.

Course fees explained

Many of our Community Learning courses have three different fee bands:

- Fee A: Full fee
- Fee B: Derbyshire Gold card Holders
- Fee C: Concessions for those on certain benefits/ allowances

For more details on course fees and concessions visit www.derbyshire.gov.uk/coursefees or ask in your local centre.

Some courses may also have additional materials costs as indicated in the course listings. See course information on our Community Learning pages and Eventbrite for details.

Cancellations

If you need to cancel your place on a course you have booked on to, you can do it yourself on Eventbrite, contact the organising centre or email adult.education@derbyshire.gov.uk.

Please note that if you cancel your place on a course which has fees, the percentage of the fee that covers the Eventbrite costs is non-refundable (approximately 6%).

If for any reason we have to cancel a course, the full fee is refundable. If we change a centre-based course to an online course (for safety reasons) and you wish to cancel your place, the full fee is refundable.

* Except for courses that say to contact centre. We can help you with online booking if you need it.

Welcome to our Summer Programme

This brochure contains our Community Learning courses in Cotmanhay, Ilkeston, Long Eaton, and Swadlincote from April to July 2023. It includes details of our centre-based and outdoor courses and provides information on where to find out more about our online courses.

To find out more and book on a course simply go to www.derbyshire.gov.uk/coursesearch and click on Community Learning to search for a course. Simply scroll down the page to look for courses at a particular venue or use the menu on the left to search for courses by subject.

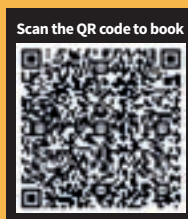
Here you will find further information about the course and a link to its Eventbrite page for full details and booking. See the back page for where to get help if you struggle with getting online.



Cotmanhay and Ilkeston

Cotmanhay and Ilkeston ACE Centre, Bennerley Avenue,
Cotmanhay, DE7 8PF

The Cotmanhay and Ilkeston team can be contacted on cotmanhayandilkeston.ace@derbyshire.gov.uk or **01629 531807** for any additional information you require about Cotmanhay courses, or for help with online booking. The Cotmanhay and Ilkeston ACE Centre is usually open on Mondays, Tuesdays and Wednesday 9am to 3pm.



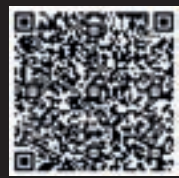
For further information on any of the courses listed below and to book visit www.derbyshire.gov.uk/communitylearning

Course Title	No. of Weeks	Day, Date and Time	Fee A	Fee B	Fee C
Cotmanhay and Ilkeston Adult Community Education Centre					
Family Learning - Map Reading Skills (Hermit's Cave, Dale Abbey)	1	Wednesday 12 April, 1pm to 3pm	FREE	FREE	FREE
Art for Wellbeing	4	Wednesday 3 May to Wednesday 24 May, 1pm to 3pm	£35	£31	£10
Summer Herbal Remedies £	1	Tuesday 6 June, 10am to 4pm	£11	£7	£4
Art for Wellbeing	5	Wednesday 7 June to Wednesday 5 July, 1pm to 3pm	£44	£38	£12
Walk and Learn - Finding out about Hermits	1	Wednesday 21 June, 1pm to 3pm	FREE	FREE	FREE
Family Learning - Make a Puppet Theatre	1	Wednesday 16 August, 10am to 12noon	FREE	FREE	FREE
Creative Writing - Festivals	1	Wednesday 16 August, 10am to 12noon	FREE	FREE	FREE

£ These courses have additional materials costs. See course information on our website and Eventbrite for details

Long Eaton

Scan the QR code to book



Community House, 173 Derby Road,
Long Eaton, NG10 4LL

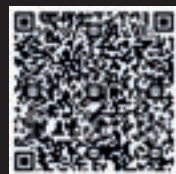
The Community House team can be contacted on communityhouse.ace@derbyshire.gov.uk or **01629 537384** for any additional information you require about Long Eaton courses, or for help with online booking. The office is usually open Monday to Thursday 9am to 3pm.

For further information on any of the courses listed below and to book visit www.derbyshire.gov.uk/communitylearning

Course Title	No. of Weeks	Day, Date and Time	Fee A	Fee B	Fee C
Walk and Learn - The River Trent in times past (Sawley Marina)	1	Tuesday 11 April, 1pm to 3pm	FREE	FREE	FREE
Walk and Learn - Women who volunteered - Britain's canals in the Second World War (Sandiacre)	1	Thursday 13 April, 1pm to 3pm	FREE	FREE	FREE
Lip Reading All Abilities	7	Thursday 20 April to Thursday 8 June, 1pm to 3pm	FREE	FREE	FREE
Walk and Learn for Health - Tree Identification	1	Saturday 20 May, 10am to 12noon	FREE	FREE	FREE
Italian for your Holiday	5	Thursday 8 June to Thursday 6 July, 2.30pm to 4.30pm	£57	£50	£18
Step up to GCSE Maths	2	Monday 26 June to Monday 3 July, 1pm to 3pm	FREE	FREE	FREE
Painting and Drawing Summer Flowers with Impact	1	Tuesday 27 June, 10am to 3pm	£29	£25	£9
Find Your Voice - Communication Skills	3	Thursday 8 June to Thursday 22 June, 1.30pm to 3.30pm	FREE	FREE	FREE
Family Learning - Story Time Fun	1	Monday 14 August, 10am to 12noon	FREE	FREE	FREE
Long Eaton Children's Centre					
Family Learning - First Aid for Parents and Carers	3	Tuesday 18 April to Tuesday 2 May, 1pm to 3pm	FREE	FREE	FREE

Swadlincote

Scan the QR code to book



Swadlincote Centre, Rink Drive, Swadlincote, DE11 8JL

For additional information about Swadlincote courses, or for help with online booking contact the Swadlincote ACE team on swadlincote.ace@derbyshire.gov.uk

or **01629 533290** for any additional information you require about Swadlincote courses, or for help with online booking. The office is usually open Monday to Thursday 8.30am to 4pm.

For further information on any of the courses listed below and to book visit www.derbyshire.gov.uk/communitylearning

Course Title	No. of Weeks	Day, Date and Time	Fee A	Fee B	Fee C
Personal Development - Reiki L2	6	Wednesday 19 April to Wednesday 24 May, 10am to 12noon	£65	£59	£22
Arts and Crafts for Adults with Learning Disabilities or Difficulties	4	Monday 17 April to Monday 22 May, 12.45pm to 2.45pm	FREE	FREE	FREE
Arts and Crafts for Adults with Learning Disabilities or Difficulties	5	Monday 5 June to Monday 17 July, 12.45pm to 2.45pm	FREE	FREE	FREE
Personal Development - Reiki L2	7	Wednesday 7 June to Wednesday 19 July, 10am to 12noon	£65	£59	£22
Water Colour Art for wellbeing £	6	Wednesday 19 April to Wednesday 24 May, 1.30pm to 3.30pm	FREE	FREE	FREE
Water Colour Art for Wellbeing £	7	Wednesday 7 June to Wednesday 19 July, 1.30pm to 3.30pm	FREE	FREE	FREE
Lip Reading	6	Tuesday 18 April to Tuesday 23 May, 9.30am to 11.30am	FREE	FREE	FREE
Lip Reading	7	Tuesday 6 June to Tuesday 18 July, 9am to 11.30am	FREE	FREE	FREE
Tai Chi Qigong for Wellbeing	6	Thursday 20 April to Thursday 25 May, 10am to 12noon	FREE	FREE	FREE
Introduction to Meditation	7	Thursday 8 June to Thursday 20 July, 10am to 12noon	FREE	FREE	FREE
The Woodlands Gardening Club for Adults with Learning Disabilities or Difficulties	6	Wednesday 19 April to Wednesday 24 May 2023, 10am to 12.30pm	FREE	FREE	FREE
The Woodlands Gardening Club for Adults with Learning Disabilities or Difficulties	7	Wednesday 7 June to Wednesday 19 July 2023, 10am to 12.30pm	FREE	FREE	FREE

£ These courses have additional materials costs.

See course information on our website and Eventbrite for details

Make friends with numbers

Multiply - courses to help adults make things add up!

If you're aged 19 and over and don't have maths GCSE at grade C (or equivalent), you can access free numeracy courses through Multiply to build your confidence with numbers and maybe even gain a qualification.

**SKILLS
FOR LIFE
MULTIPLY**

Good numeracy skills unlock job opportunities and lead to higher wages or prepare you for further study. They also help in everyday life, such as assisting children with homework and budgeting money.

There are courses for beginners to more advanced courses such as GCSE maths, functional skills qualifications, or equivalent. Online tutorials and content are also available, so you'll be able to learn at a pace that suits you.



How Multiply can help you?

Does the thought of needing to do maths at work or home make you anxious?

You aren't alone, as 57% of England's working age adult population is estimated to have low numeracy skills.

Join our Multiply programme to see how we can help you to improve your maths skills.

We use maths skills every day. If we improve them, we can budget better, make sense of bills, and avoid food waste.

Visit www.derbyshire.gov.uk/multiply to learn more and see how you can even get Love2Shop vouchers for participating.



Don't let maths worry you, take the next step with Multiply and find the right course to help build your confidence and ability.

www.derbyshire.gov.uk/multiply

Brightside Mental Health

One in four of us experience mental health problems at some time in our lives.

Brightside courses are designed for anyone with mental health difficulties or emotional stress, e.g. suffering from anxiety, depression, emotional or psychological stress or isolation, low confidence and/or self-esteem.

There are a variety of courses to choose from across the county including cookery, healthy eating, gardening, poetry, creative writing and exercise. Courses include both online and centre-based options. Look out for Brightside courses in our brochures and visit www.derbyshire.gov.uk/BrightSide



Family Learning

Our family learning courses are a fun way to enjoy time together whilst learning new skills. Courses are suitable for parents/carers/grandparents and school aged children. See www.derbyshire.gov.uk/familylearning for more information. Please read the course information on Eventbrite for age suitability.



Making Choices

If you are thinking of going back to learning and maybe working towards a qualification, attending a 'Making Choices - Step into Learning' session will help you to find out your level of working and help decide on the options available.



Contact your local centre to book on to a session or email making.choices@daces.derbyshire.gov.uk

Keeping you and your loved ones safe

You may wonder why, when you book on a community learning course, you are asked to watch a video about **Prevent**, the government strategy to safeguard people and communities from the threat of extremism and terrorism. You may think that there are no terrorists or extremism in Derbyshire or that it will not affect you.

Prevent referrals in Derbyshire have increased in the past year, with Counter Terrorism Police being particularly concerned about:

- Self-initiated terrorists (S-Its)
- Online extremism
- Extreme right-wing terrorism
- Islamist terrorism

Lockdowns due to COVID-19 increased periods of isolation and many people's use of the internet. This included those who are most vulnerable to being drawn into supporting extremist beliefs or terrorism.

In Derbyshire, the highest number of referrals in this past year were:

- from the police and education providers (including DACES)
- for young people aged between 12 and 16
- in Derby City, followed by Amber Valley and then Chesterfield

Social media and messaging sites can be used to reach out to vulnerable and young people and can communicate extremist messages. You might not be a key target for those wanting to draw people into extremism and terrorism, but someone in your family might be. Here are some things to look out for:

- Changes in mood
- New found confidence
- Social withdrawal
- Outbursts of anger
- Secretive behaviours
- Change of language
- Fixated on new ideas

This is not an exhaustive list

If you are worried that someone you know may be being drawn into extremism or terrorism, talk to your tutor or any of our staff **today.**

Achieve your potential in English and maths

We provide courses of up to 30 weeks where you can work at your own pace towards the qualification you need and join at any time.

We offer:

- Nationally recognised Functional Skills qualifications from Entry to Level 2 including GCSE
- All classes are FREE
- Many classes that you can join at any time of year
- Small, friendly groups
- The option to study online, in centre or through a mixture of online and centre-based sessions.
- Two week 'Step Up to GCSE' courses to prepare you for a full GCSE course



Contact your local centre to find out what courses are available near you or email making.choices@daces.derbyshire.gov.uk

Improve your digital skills

Now, more than ever, using a computer for creating documents, researching information, communicating by email and video conferencing are essential skills both at home and at work.

If you are taking your first steps towards going online, you might want to try a Step into Digital Skills course. Ask about courses in Glossop or Buxton.

We also offer qualifications in digital skills, whether you are new to computers or have a bit more confidence.

These include:

- Essential Digital Skills – **FREE** courses at Entry Level / Level 1

Contact your local centre to book on to a course or email making.choices@daces.derbyshire.gov.uk



Upskilling for a changing job market

New skills and qualifications can help boost your chances of success in a competitive and rapidly changing job market.

Take a few minutes to look at the qualification and skills courses we have on offer. Many courses are free or have fee reductions depending on your personal circumstances. Visit www.derbyshire.gov.uk/qualifications to find out more

Free Careers workshops

If you aren't sure where to start or need help with preparing a CV, doing applications or interviews, we can help, whatever your age and ambitions. We offer free online short careers workshops run by Derbyshire County Council Careers Service coaches including:

- CV and Job Search Skills
- Identifying Transferable Skills
- Interview Skills
- 18 to 24 job/careers workshop
- 50+ job/careers workshop

For more information visit www.derbyshire.gov.uk/communitylearning and choose 'Employability' courses from the menu on the left.

Careers Advice and Online Learning Support

Derbyshire County Council Careers Service provides impartial information, advice and guidance on work and learning related matters to help you make informed decisions on learning, training, work and / or volunteering.

Meeting with a qualified Careers Coach can help you make career decisions throughout your life. From your chosen education route, planning a career change at any age or getting the job that is right for you.

For impartial information, advice and guidance on careers and learning visit www.derbyshire.gov.uk/careersservice



Supporting you to learn

Tell us about your needs when enquiring or booking on a course – we will always work to meet the needs of each learner. Our Eventbrite booking form asks for details of any disability or learning difficulty you may have. If you request it, someone will be in touch to discuss your needs and ask what we can do to help your learning.

All additional support provided is based on individual assessment. For detailed information about the support that we can provide, including financial help and learning support, visit derbyshire.gov.uk/theguide or contact the centre providing your course.



Contact us

For more details about a particular course or venue,
or help with online booking:

Cotmanhay and Ilkeston

cotmanhayandilkeston.ace@derbyshire.gov.uk 01629 531807

Long Eaton

communityhouse.ace@derbyshire.gov.uk 01629 537384

Swadlincote

swadlincote.ace@derbyshire.gov.uk 01629 533290

For all other enquiries, comments or complaints contact:
adult.education@derbyshire.gov.uk

Please be aware that our centres are not open every day. If you get the answer machine please leave a message with your name and contact details and someone will call you back.

For further information or to get a copy of this brochure in a community language, on audio tape or in large print please call your local ACE centre.

The details in this brochure are correct at the time of going to print.



Education & Skills
Funding Agency

