

**YOUR IDEAS WANTED PLEASE!
SPEND TEN MINUTES HAVING FUN
AND CONTRIBUTE TO A FABULOUS POEM!**

The wonderful poet Helen Mort (former Derbyshire Poet Laureate) is writing a community poem called Ticket to Hope. She is looking for people who live, work or study in Derbyshire, of all ages, to contribute, and is looking for lots of ideas to weave into and to inspire the poem.

Derbyshire is a county with hope in it, and that's quite literal – with the beautiful Hope Valley and the train towards Edale and the Dark Peak, where passengers ask for a 'ticket to Hope'.

YOU DO NOT NEED TO BE A POET! YOU CAN BE ANY AGE!

WE WOULD LOVE YOU TO VIDEO, EMAIL OR TWEET YOUR IDEAS TO HELEN.

A FEW IDEAS TO GET YOU GOING

Tell Helen about a moment when you suddenly felt more cheerful or hopeful. Maybe it is when you received some news about something that is going to happen, or you are going to do, or about somebody that is close to you. It might well be just 1 or 2 sentences.

Tell Helen something that could happen that would make you feel hopeful. It might be something for yourself or for a relative or friend.

Is there a particular animal that gives you hope? Let Helen know.

Is there a particular food that gives you hope? Let Helen know.

Is there a particular memory from your past that gives you hope? Let Helen know.

If you could sum up the feeling of hope in one sentence, what would you say?

You can email, tweet or video your ideas or send Helen a postcard / note at the following address:

Ticket to Hope
% Helen Mort
PO Box 2059296

Email: LoveLitDerbyshire@hotmail.com

Tweet: @HelenMort

Your contribution will be anonymous and anything you send will be kept confidential and treated in accordance with the Data Protection Act.

The deadline for submissions is 24th October.

The film poem will be launched on 16th November.