
















MAY 2025

Wellbeing

Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Mental Health Support Clinic 	2 Mental Health Support Clinic 
5 Bank Holiday	6 Wellbeing/ menopause clinics 	Mental Health Support Clinic 	7 Wellbeing/ menopause clinics 	Whitley Wednesday Mental Health Support Clinic
12 Mental Health Support Clinic 	13 Wellbeing/ menopause clinics 	Mental Health Support Clinic 	14 Wellbeing/ menopause clinics 	Whitley Wednesday Mental Health Support Clinic
19 Mental Health Support Clinic 	20 Wellbeing/ menopause support and education clinics	Mental Health Support Clinic 	21 Reasonable adjustments webinar 10am - contact Adam Munslow	22 Mental Health Support Clinic 
			Wellbeing/ menopause clinics	23 Mental Health Support Clinic 
			Whitley Wednesday Mental Health Support Clinic	
26 Bank Holiday	27 Wellbeing/ menopause support and education clinics	Mental Health Support Clinic 	28 Wellbeing/ menopause support and education clinics	29 Mental Health Support Clinic 
			Whitley Wednesday Mental Health Support Clinic	30 Mental Health Support Clinic 