# WHAT'S ON AT THE COVENTRY FAMILY HUBS

## **Oct Half Term**

Monday 28th Oct 2024 - Friday 1st Nov 2024



## What is a Family Hub?

A Family Hub is a welcoming place where children, young people and families of all ages can seek help and support, and to experience activities that enable your family to thrive.

Whether you're a parent with young children, teenager, or anyone in between, a Coventry Family Hub is the place to go to connect you with the help and guidance to ensure you receive the right help at the right time with the right people. By collaborating with various services, agencies and teams, the Family Hub helps residents access a wide range of services, providing information, advice, and support tailored to your individual circumstances.

For more information call us on **0800 8870545** 



Please use your phone to scan the above QR code and complete a simple registration form before you attend one of the half term sessions.

### **Families For All**

Monday 28th October Baby and Me

1.15pm - 2.45pm

For babies up to 2 years, these sessions offer new experiences, child development insights and a chance for parents/carers to make friends.

Monday 28th October Building Your Future 5pm - 7.30pm

The PYF Involved Programme has been developed to support the integration of newly arrived refugee and asylum seeking young people.

**Tuesday 29th October** 

**Aptitude** 

6pm - 8pm

Fun, games and activities provided for young people aged 9 - 17.

www.aptitude.org.uk

Wednesday 30th October WOW Group Family Session

4pm - 5:30pm

Family activity group with focused activities around health and wellbeing. Fun free activities suitable for parents and children aged 5yrs+

### **Harmony**

Tuesday 29th October Baby and Me

9.30am - 11am

For babies up to 2 years, these sessions offer new experiences, child development insights and a chance for parents/carers to make friends.

#### Wednesday 30th October Herbert Art Gallery Youth Project

12pm - 2pm

11 -16 yrs welcome to make clay pumpkins and take part in Lego printing. To book a place call 02476 978030

**Thursday 31st October** 

Media Mania

1pm - 3pm

A taster session, in sound and art, exploring the creatives for children 8vrs+

### **Pathways**

Wednesday 30th October

**Family Fun Event** 

1.00pm - 3.00pm

A fantastic opportunity to spend time in your local Family Hub experiencing a range of entertainment. Suitable for all ages.

Friday 1st November

Baby and Me

1.15pm - 2.45pm

For babies up to 2 years, these sessions offer new experiences, child development insights and a chance for parents/carers to make friends.

Monday 28th October

Pop up in the Park

2pm - 3pm

Come and meet the team at Radford Common for outdoor games and fun.

### Mosaic

**Tuesday 29th October** 

**Family Brunch** 

10am - 11:30am

Pumpkin Carving and a light brunch.All ages welcome To book a place call 024 76978160

**Tuesday 29th October** 

Mosaic Connect Us Academy Boxing

3.30pm - 5pm

Boxing based training sessions & development for young people over 8yrs.

**Thursday 31st October** 

Bump, Baby and Beyond

9.30pm - 11.30am

Start for Life brings together services working with families from conception until a baby's second birthday alongside Baby and Me sessions offering new experiences and child development insights.

**Thursday 31st October** 

Well Being On Thursday

4.00pm - 5.30pm

Family activity group with focused activities around health and well-being. Fun free activities suitable for parents and children aged 5yrs+

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### **Wood Side**

Tuesday 29th October Family Fun Event

1pm - 3pm

A fantastic opportunity to spend time in your local Family Hub experiencing a range of entertainment.

Suitable for all the family.

Wednesday 30th October

Baby and Me

1pm - 2.30pm

For babies up to 2 years, these sessions offer new experiences, child development insights and a chance for parents/carers to make friends.

**Thursday 31st October** 

**Family Brunch** 

10.00-11.30am

Pumpkin carving and a light brunch. All ages welcome. To book a place call 02476 978090

### **Aspire**

**Tuesday 29th October** 

Baby and Me

9.30am - 11am

For babies up to 2 years, these sessions offer new experiences, child development insights and a chance for parents/carers to make friends.

Friday 1st November

**Family Fun Event** 

1pm - 3pm

A fantastic opportunity to spend time in your local Family Hub experiencing a range of entertainment.

Suitable for all the family.

**Thursday 31st October** 

Pop up in the Park

10.30am - 12pm

Come and meet the team at Tick Tock Park for outdoor games and fun.

#### The Moat

Tuesday 29th October Art Venturers

2pm - 3pm

Creative art session for children 6months to 8 yrs.

To book a place call 02476 978036

Wednesday 30th October & Thursday 31st October

11am - 2pm Fri 1st November 12.15pm - 3pm

Sky Blues in the Community

Level 1 qualification in sports leadership for young people aged 16 +.SL1 covers: Sports leaders, employability, social action, sports activities. Lunch provided.

To book a place call 02476 978036

Thursday 1st November

Well being on Thursday

4.00pm - 5.30pm

Family activity group with focused activities around health and wellbeing. Fun free activities suitable for parents and children aged 5vrs+

Friday 1st November

Bump, Baby and Beyond

9.30am - 11.00am

Bringing together midwifery, health visiting and a baby group for parents and children 0 - 2yrs.

### Park Edge

Monday 28th October

**Baby and Me** 

9.30am - 11am

For babies up to 2 years, these sessions offer new experiences, child development insights and a chance for parents/carers to make friends.

**Tuesday 29th October** 

**Aptitude** 

3.30pm - 5pm

Fun games and activities provided for young people aged 9 -17. www.aptitude.org.uk

Friday 1st Nov

Media Mania

1pm - 3pm

A taster session, in sound and art, exploring the creatives for children 8yrs +



### **The New Coventry Families Portal**

Visit www.coventryfamilies.co.uk today and discover a range of information and resources tailored specifically for you and your family's needs



