

SEPTEMBER 2024

Wellbeing Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Menopause Support clinic on teams Mental Health Support Clinic	3 Wellbeing Clinic Reasonable adjustment webinar Mental Health Support Clinic	4 Wednesday Wellbeing Clinic Whitley Wednesday mental health clinic	5 Mental Health Support Clinic	6 Mental Health Support Clinic
9 Mental Health Support Clinic	10 Menopause Support clinic Mental Health Support Clinic	11 Wednesday Wellbeing Clinic Whitley Wednesday mental health clinic	12 Mental Health Support Clinic	13 Mental Health Support Clinic
16 Menopause Support clinic on teams As we age health check apps Mental Health Support Clinic	17 Wellbeing Clinic Mental Health Support Clinic	18 Wednesday Wellbeing Clinic Whitley Wednesday mental health clinic Suicide prevention training	19 Mental Health Support Clinic	20 Mental Health Support Clinic
23 Menopause Support clinic on teams Mental Health Support Clinic	24 Wellbeing Clinic Mental Health Support Clinic	25 Wednesday Wellbeing Clinic Whitley Wednesday mental health clinic	26 Mental Health Support Clinic	27 Mental Health Support Clinic
30 Menopause Support clinic on teams Mental Health Support Clinic				



Please contact
adam.munslow@coventry.gov.uk
 or 024 7683 3285 for further details

