It’s OK not to be OK

**NEW** **Coventry Children and Young People Mental Health Services Directory**

Scan the QR code to visit the NEW website where you can find services based on presenting need.

The website also has self-help resources and other useful information on the children’s mental health system.







[www.coventry.gov.uk/childrens-mental-health](http://www.coventry.gov.uk/childrens-mental-health)