

JUNE 2024

Wellbeing Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Menopause Support clinic on Teams Mental Health Support Clinic	4 Wellbeing Clinic Mental Health Support Clinic	5 Wednesday Wellbeing Clinic Whitley Wednesday mental health clinic	6 Mental Health Support Clinic	7 Mental Health Support Clinic
10 Menopause Support clinic on teams Mental Health Support Clinic	11 Wellbeing Clinic Mental Health Support Clinic	12 Wednesday Wellbeing Clinic Whitley Wednesday mental health clinic	13 MENS HEALTH Prostrate awareness webinar Mental Health Support Clinic	14 Mental Health Support Clinic
17 Menopause Support clinic on teams Mental Health Support Clinic	18 Wellbeing Clinic Mental Health Support Clinic	19 Wednesday Wellbeing Clinic Whitley Wednesday mental health clinic	20 MENS HEALTH Mental Health U ok? Mental Health Support Clinic	21 Mental Health Support Clinic
24 Menopause Support clinic on teams Mental Health Support Clinic	25 Wellbeing Clinic Mental Health Support Clinic	26 Wednesday Wellbeing Clinic Whitley Wednesday mental health clinic	27 MENS HEALTH Mental Health Newsletter Mental Health Support Clinic	28 Mental Health Support Clinic



Please contact
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