



Compass supports Children and Young People aged 5-18 years (25y SEND), who are struggling with their emotions and feelings.

## Children & Young People's Emotional Wellbeing

Providing early intervention and support

### Training and Consultation

- School Workshops for Children and Young People and staff
- Assemblies
- Peer Wellbeing Champions Programme

For further information  
please contact Amanda or Lynne on T: 02475 186206  
E: [compass.cypeip@nhs.net](mailto:compass.cypeip@nhs.net)

Counselling  
face to face or remote  
1:1 or group work  
iCBT

Consultations  
Appointments For  
Professionals and  
Parents