'Positive Family Foundations' at Coffee Tots @The Wave A free Family Learning course for parents

These free sessions are for any parent / carer who has a child in a Coventry Nursery / Primary School.

Where: Coffee Tots @ The Wave, Coventry, CV1 2GY, England, United Kingdom https://www.coffeetots.co.uk/

When: 12.30 -2.30pm every Wednesday from January 17th for 8 weeks

To join: Just come to the venue at the time of the course, or you can enrol by searching for 'Family Learning' on https://www.coventry.gov.uk/adulted

We can offer a crèche for pre-school children - please email to reserve a creche place.

To find out more contact: steventon@coventry.gov.uk or kate.steventon@coventry.gov.uk

We will:

- Learn about and reflect on, our own and other family units
- Look at practical examples focused on raising well-behaved, happy, safe and secure children
- Investigate general theory on parenting styles and family groups
- Consider how we as parents/ carers use rewards, consequences, rules and expectations
- Give out plenty of free resources and suggestions of activities to do with your <u>children</u>

The sessions are focused on practical information, activities, and resources for you to use at home with your family – encouraging a Positive Family Foundation!

If you can't make this course look out for our online courses on <u>coventry.gov.uk/adulted</u>

Family Learning – programmes that promote strong positive relationships within families; enabling parents and carers to support their children's learning and development.











'Positive Family Foundations – Secondary' at Ernesford Grange Secondary School

This free course is for any parent / carer who has a child in a Coventry Secondary School.

We will:

- Learn about brain development in the adolescent years
 - Look at practical ideas for helping children to develop and become happy and resilient young adults
 - · Investigate general theory on parenting styles and family groups
 - Consider how we as parents/ carers use rewards, consequences, rules and expectations
 - Give out plenty of free resources and suggestions of activities to do with your children
 - Consider how we can use and role-model self-care strategies in our own lives
 - Discuss the things which motivate ourselves and our children

The sessions are focused on practical information, activities, and resources for you to use at home with your family – encouraging a Positive Family Foundation!

Where: Ernesford Grange Secondary School, Princethorpe Way, Coventry, CV3 2QD

When: 9.00 -11.00am every Wednesday from January 17th for 8 weeks

To join: Just come to the venue at the time of the course, or you can enrol by searching for 'Family Learning' on https://www.coventry.gov.uk/adulted

To find out more contact: steve.withers@coventry.gov.uk or kate.steventon@coventry.gov.uk

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'Positive Family Foundations' at Hearsall Academy

These free sessions are for any parent / carer who has a child in a Coventry Nursery / Primary School.

We will:

- Learn about and reflect on, our own and other family units
- Look at practical examples focused on raising well-behaved, happy, safe and secure children
 - Investigate general theory on parenting styles and family groups
- Consider how we as parents/ carers use rewards, consequences, rules and expectations
- Give out plenty of free resources and suggestions of activities to do with your <u>children</u>
- Give you a biscuit and a cuppa
- Provide a free crèche for any pre-school children

The sessions are focused on practical information, activities, and resources for you to use at home with your family – encouraging a Positive Family Foundation!

Where: Hearsall Community Academy, Kingston Rd, Earlsdon, Coventry CV5 6LR

When: 12.30 -2.30pm every Tuesday from January 16th for 8 weeks

To join: Just come to the venue at the time of the course, or you can enrol by searching for 'Family Learning' on https://www.coventry.gov.uk/adulted

We can offer a crèche for pre-school children – please email to reserve a creche place.

To find out more contact: steventry.gov.uk or kate.steventon@coventry.gov.uk

If you can't make this course look out for our online courses on coventry.gov.uk/adulted

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50 Things to do Before You're Five

Family Learning stay and play sessions.

These free stay-and-play sessions are for parents/carers and their children aged between 0 and 5 to help parents to support their child's development throughout the early years.

The sessions run in venues across the city each week – just choose the best venue for you.

- Activities and resources for you and your child to enjoy during and after the sessions linked to the "50 Thing to do before you're 5" app.
- Share ideas which will help you to support your child's development.
- Address any questions or concerns you may have around child development and family <u>support</u>
- Park Edge Family Hub (Roseberry Ave. CV2 1NE) Monday, 9:30-11:30am from 15/01/24
- Woodside Family Hub (Upper Ride CV3 3GL) Tuesday, 9.30-11.30am from 16/01/24
- Families For All Family Hub (Foleshill Road, CV6 5LB) Tuesday, 1.00-3.00pm from 16/01/24
- Aspire Family Hub (Humber Avenue, CV1 2SF) Tuesday 1.00-3.00pm from 16/01/24
- Mosaic Family Hub (Jardine Crescent, CV4 9PL) Wednesday 1.00 3.00pm from 17/01/24
- Harmony Family Hub (Clifton Street, CV1 5GR) Wednesday, 1.00-3.00pm from 17/01/24
- Moat Family Hub (Deedmore Road, CV2 1EQ) Wednesday, 1.00-3.00pm from 17/01/24
- Pathways Family Hub (Lawrence Saunders Road, CV6 1HD) Thursday, 1.00-3.00pm, from 18/04/24

How:

Just come to the venue at the time of the course, or you can enrol online

Website: https://www.coventry.gov.uk/adulted

Phone: Steve Withers - 024 7697 1301

Free, downloadable, pre-recorded online courses for parents/carers with children in Coventry Primary Schools or Nursery Settings.

Family Learning is part of Coventry City Council, and we provide workshops and courses for Coventry parents/carers.

These are our three online pre-recorded courses for the spring term:

- 'English in the Primary School' recorded online sessions course code F123555
- "Maths in the Primary School" recorded online sessions course code n23554
 These two courses tell you more about what our children learn at school and how you can help at home.
- 'Positive Family Foundations' recorded online sessions course code R23553
 This course tells you about how children develop, and looks at practical examples around raising well-behaved, happy, safe, and secure children.

Where: A pre-recorded online course to watch wherever and whenever suits you (each video is approx. 30 min long)

When: we will email you the resources each week - beginning 15/1/24, for 8 weeks

How: Enrol by clicking 'Enrol online' and then 'Family Learning' on www.coventry.gov.uk/adulted

To find out more:

kate.steventon@coventry.gov.uk or 024 76978730 steve.withers@coventry.gov.uk or 024 7697 1301

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