

We support Refugee women & migrants by delivering a broad range of services in a women only environment, providing in-depth community participation programmes to help participants to take a more active role in the community.

This includes ESOL, social groups, confidence building, volunteering and employment support.

Integrate Coventry Project

This project is part funded by the EU Asylum, Migration and Integration Fund. Making management of migration flows more efficient across the European Union.

Integrate Coventry supports inclusion, integration and independence through the provision of enrichment activities.

We are offering weekly Wellbeing Workshops as well as courses.

Contact Zivar Sahaf on (07508) 517654
or Maryam Baboli on (07399) 511972
or email Zivar.sahaf@fwt.org.uk
Maryam.baboli@fwt.org.uk



Resettlement Scheme

Resettlement Scheme supporting Syrian women Refugees and the Afghan Interpreters Scheme supporting Afghan women (both schemes City Council referrals only) to take control of their lives and gain independence through a variety of activities and support offered across FWT.



Our Vision

We are an award-winning women only organisation with over 30 years' experience of removing barriers facing women from Coventry and the surrounding areas.

We offer a culturally sensitive and appropriate place for all women to access Education, Training, Healthcare and Employment Opportunities, and be empowered & enabled in MOVING FORWARD.



We operate from our women only centre in Foleshill but deliver programmes to all women across Coventry.

We pride ourselves with our innovative and award-winning solutions.

Crèche may be available for some activities.

70 - 72 Elmsdale Avenue,
Foleshill, Coventry,
CV6 6ES

Telephone: 024 7663 7693

T: @FWTCov

F: www.facebook.com/FWTCoventry

Email: office@fwt.org.uk

Website: www.fwt.org.uk



To find out more click or scan the code to visit our website for details of each project.

Location and Access

Bus routes from the city centre are the 20, 20A, 20E and 48. All buses travel down the Foleshill Road. You will need to exit at the Wheatsheaf bus stop.

Opening Hours

Monday - Friday: 9:00am to 3:00pm

Please note that this is subject to change in light of ongoing Covid-19 measures.



SUPPORT for Women in Coventry 2022



FREE Social, Health and Economic projects for women

Health Projects

We offer a range of health projects across Coventry to reduce health inequalities facing women, with specialist support for BAME (Black and Minority Ethnic women).

MAMTA

South Warwickshire 

MAMTA is a Child and Maternal Health service in conjunction with South Warwickshire Foundation Trust (SWFT) #FHLS in partnership with UHCW maternity services. MAMTA empowers & supports BAME women in pregnancy and after the baby is born.

BAME Cervical Screening Project

 Coventry and Warwickshire
Clinical Commissioning Group

FWT is working to improve cervical screening uptakes within women aged 25-64. Our project supports BAME women to overcome fears and barriers around attending Breast, Bowel and Cervical Screening. We work closely across GP surgeries and outreach venues.

Perinatal Mental Health BAME Peer Support

 Coventry and Warwickshire Partnership
NHS Trust

The Perinatal Mental Health BME Peer Support Project aims to educate and support BAME women through the antenatal and postnatal period around their emotional wellbeing.

Loss Pathway Coventry and Warwickshire Perinatal Mental Health Team

 Coventry and Warwickshire Partnership
NHS Trust

Coventry and Warwickshire Perinatal Mental Health Team in partnership with FWT are running a pilot of 'Loss Pathway'.

For all health projects contact MAMTA@fwt.org.uk or call 024 7663 7693

Coventry Women's Partnership

COVENTRY WOMEN'S PARTNERSHIP

Supporting Women - Connecting Services

Coventry Women's Partnership is a unique project, led by FWT which has been established with 5 organisations in Coventry to ensure women in the city feel supported in safe environments, empowered, and believed. We want to break down barriers for women in accessing crucial services and make engaging with support easier. Our partnership includes Coventry Haven Women's Aid, CRASAC, Central England Law Centre Coventry and Kairos WWT. Coventry Women's Partnership is funded by the Smallwood Trust.

Through referrals across the partnership, we will work with women who need support in any of the following areas:

- Education, Training and Routes to Employment
- Confidence Building
- Free Legal Advice on Family, Immigration, Housing & Money Issues
- Health & Wellbeing Support & Easier Access to Services
- Rape & Sexual Abuse, Accessing Therapeutic Support and Advocacy
- Domestic Violence and Abuse (all forms)
- Pathways to Exiting Prostitution & Homelessness
- Staying Safe
- Language Support
- Access to Childcare

To receive support or to find out more, please contact: faye.petitt@fwt.org.uk 024 7663 7693 or (07538) 092997

Twitter: #CovWP

Employment Projects

We have four employment projects for women.

If you are unemployed, can work in this country and want to move forward to your next step, our friendly, supportive staff can help you with:

- **ESOL** – English for Speakers of Other Languages
- **Confidence Building and Wellbeing**
- **Functional Skills** – English and Maths
- **Work skills** – applying online, CV writing, interview skills
- **IT Skills for Employment**

All the projects are **FREE**

Email us direct employment@fwt.org.uk and we'll be in touch or call Joanna (07950) 813581

Here's what some of the women we work with say about FWT employment programmes:

"I feel very relaxed because I know you are here for me, whatever I need. You let me know what I need to do and help me if I need it"

Miss R

"I feel so lucky that I met them and work with them, they are helpful, patient and are very good at their job"

Miss S

 European Union
European Social Fund

 Ambition2
Part funded by the European Social Fund and supported under the Youth Employment Initiative.

 Connect2
Supported by the European Social Fund 2014 - 2020

 Succeed+
Supported by the European Social Fund 2014 - 2020

Ambition2 is part-funded by the European Social Fund and supported under the Youth Employment Initiative.

Connect2 and Succeed are part funded by the European Social Fund 2014 - 2020

Accelerate is a Building Better Opportunities Project funded by the European Social Fund and The National Lottery Community Fund.

 Accelerate
At the centre for work

 COMMUNITY FUND

 European Union
European Social Fund