

# Thinking of a fresh start? **For Change**

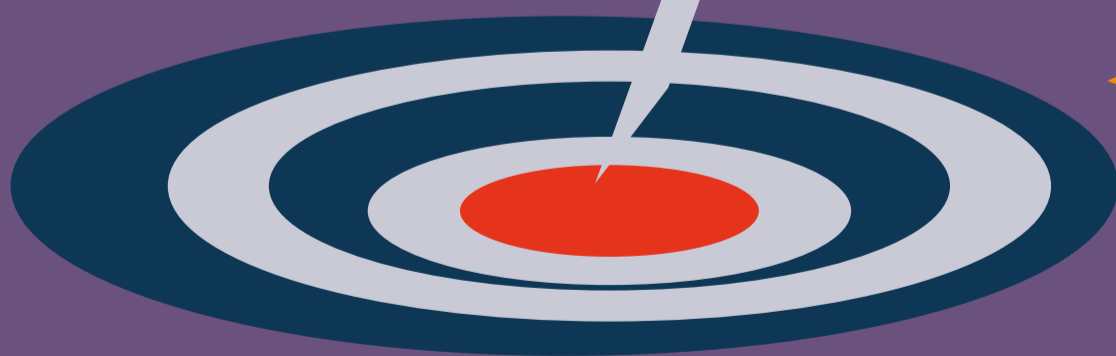
will help give you the direction you need!

ForHousing 

## This course will help you

- **Improve confidence**
- **Manage finances & budgeting skills**
- **Cope with change**
- **Build motivation**
- **Stay positive!**
- **Work towards your goals**

**Gain this Certified Life Skills & Employability Award**



Course starts  
Tuesday 30th July,  
Two days per week  
Tuesdays & Fridays  
over five weeks,  
10am till 4pm

Thelwall Road  
Community Centre  
Thelwall Rd  
Ellesmere Port  
CH66 3JT

Teas, coffee  
& Lunch  
provided

### Eligibility applies

- Must be aged 20+ by August 2019
- Unemployed with proof of benefit, UC, ESA or JSA
- Employed & not earning over a threshold
- UK Resident for 3+ years
- Passport or Driving License/Provisional License or Birth Certificate

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 Training  
Employment  
Services

To book your place or for more information email  
[involvement@forhousing.co.uk](mailto:involvement@forhousing.co.uk)  
or text **07587 668367**