

## Cumbria Collaboration Canvas

Name:

IAS:

Who was involved in creating the canvas?

Date:

**2 What are you worried about?**

What are we worried about? (Past, current and future harm and danger)  
What's working well? (Strengths and safety) How worried are we?

**4 How does this make you feel?**

Person  
Carer (if appropriate)

**5 How would you like to feel?**

Person  
Carer (if appropriate)

**6 What possible actions could we take?**

**7 What will we do next?**

**8 Things we talked about but could not find**

**1 How do you want your life to be?**

What does a good life look like? (picture the precise, positive and possible)

What is important to you?

What would you like to achieve?

**3 How are things now?**

What is working well? What needs to change or improve? What are the opportunities and assets? What are the barriers to you achieving your goals? What do we really need to focus on?

**Scaling** How close are you to achieving your goals?

1      2      3      4      5      6      7      8      9      10