## **Cumbria County Council**





# The Junior Promise



# Those who are helping to look after you promise to:

#### See you as you are

- We promise to know you, what you like and what you don't like.
- We promise to listen to your wishes and feelings.
- We promise to give you everything you need to be yourself.

#### Make sure you have what you need

- We promise to always ALWAYS look after you.
- We will find a home for you where you can be safe and happy.
- We promise that you will have a social worker to help you and make sure you have their phone number.
- We promise to do our best to make sure you keep your social worker for as long as possible.
- We promise to let you play and play with you.
- We promise to hug you if you want us to.
- We promise to keep you safe.

## Help you stay in touch with the important people in your life

- We promise we will do everything we can for you to stay with your family if it is safe.
- We promise to make sure that you can in touch with all the people that are special to you.

#### **Care about your education**

We promise to get you all the help you need to learn.

### Help you stay healthy

- We promise we will make sure you have a doctor and a dentist.
- We promise we will help you enjoy your hobbies and after school activities.