

Parent Mental Health

CHAMPIONS

Awareness Training for Early Years Settings

Three-hour sessions
Max 2 people per setting
£35 per person

**For dates of next sessions,
more information or to
book contact us:**

t: 01228 592301

e: info@happymums.org.uk

w: happymums.org.uk

Benefits for your setting:

- CACHE/NCFE endorsed programme;
- Deeper understanding of the family's experience and needs, reducing potential adverse impact of disrupted attachment;
- Know when & how to signpost to further help;
- Cascade to others to increase staff knowledge and confidence;