

Cumbria County Council  
*Early Years Team*

**What can I do  
today?**



**This week it is... Ice**

## **Tuesday**

### **Ice painting**

You will need

- Ice-cube tray
- Different coloured poster paint
- Paper
- Add different coloured paint and a little water into each cube of the ice tray.
- Pop it in the freezer.
- When the paint is frozen, take each cube out of the tray and let it start to melt, just a little, this helps the ice cubes move along the paper when you start to paint.
- You could try using food colouring if you haven't got any paints.