

Cumbria County Council

## What can I do this week?



**This week it is...Christmas**

### Friday – out and about

- On Christmas day why not take time to wrap up warm and go for a Christmas walk. Chat about how our clothes keep us warm and what they are made of. Talk about cold and warm places.
- You don't need to go anywhere special just walk out and about chatting to your child about what you both see.

You could:

- Go out in the dark and look at all the lights on the houses. Chat about the colours and the shapes and what the lights are made of. You could talk about electricity making the lights work with older children.
- Find natural treasures such as pinecones or stones. Watch what your child is interested in and chat about what they choose to collect.