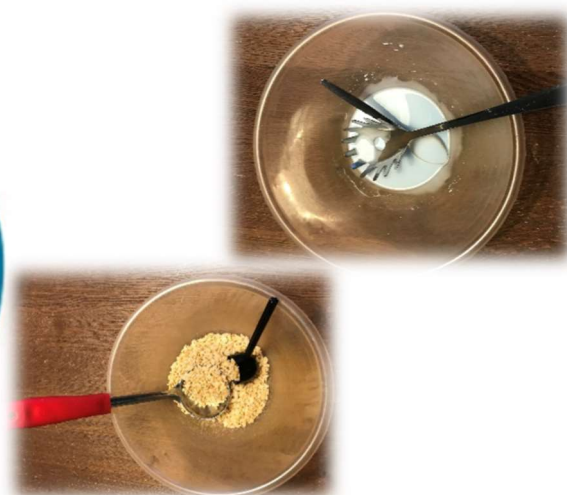


Cumbria County Council

*Early Years Team*

**What can I do  
today?**



**This week it is... spoons**

## **Sunday**

### **Sensory play**

- Many nursery settings use everyday store cupboard items for babies and young children to safely explore and experience, these can include rice, pasta, cornflakes and other cereals.
- Often, they make gloop for older children by combining cornflower and water.
- Adding different spoons allows children to practice scooping onto a spoon and keeping it level when moved to stop the item pouring off.
- You could add slotted spoons to bowls of dried rice or gloop and watch as they trickle or pour through the slots.
- Or perhaps add spaghetti spoons and normal serving spoons to a bowl of cooked spaghetti for your child to explore.